

information
energy ideas
direction
and inspiration

networking

The Canadian Women's Health Network

Suite 203, 419 Graham Avenue

Winnipeg, MB R3C 0M3

Canada

Telephone: (204) 942-5500

Fax: (204) 989-2355

E-Mail: cwhn@cwhn.ca

Web site: www.cwhn.ca

Clearinghouse: 1-888-818-9172



women's

The CWHN is supported by your memberships,

subscriptions and donations, and by a

contribution from Health Canada.

Aussi disponible en français.

health

Canadian Women's Health

Network

Women of all ages, of varied backgrounds, and with countless skills and dreams who share a common goal: to improve women's health and health services.

The Canadian Women's Health Network (CWHN) was officially launched in May, 1993 by women representing over 70 organizations from every province and territory. Based on the visions, hopes and needs of women working in the women's health movement, the CWHN emerged from the generous dedication of health care workers, educators, advocates, consumers and other Canadians committed to sharing information, resources and strategies to better women's health.

The CWHN continues to look to Canadian women as our key sources of information, energy, ideas, direction and inspiration.

VISION STATEMENT

The Canadian Women's Health Network is a network of individuals, groups, organizations, and institutions concerned with women's health. The CWHN recognizes the importance of information sharing, education and advocacy for women's health and equality. We work to build and strengthen the women's health movement in Canada and throughout the world.

Health is a human right that, because of poverty, politics and dwindling resources for health and social services, eludes many women. Guided by

a women-centred, holistic vision of women's health, the CWHN recognizes and respects the diverse realities of women's lives and takes an active stance in ending discrimination based on gender, region, race, age, language, religion, sexual orientation or ability.

We function in English and French, and recognize the need to produce materials in other languages and alternative formats.

The CWHN is committed to building regional and national links among organizations and individuals who care about women's health. Here's what we strive to do:

- Provide easier access to health information, resources and research
- Produce user-friendly materials and resources
- Promote and develop links to information and action networks
- Provide forums for critical debate
- Act as a "watchdog" on emerging issues and trends that may affect women's health
- Work to change inequitable health policies and practices
- Encourage community-based participatory research models
- Promote women's involvement in health research

CWHN and the Centres of Excellence for Women's Health

Health Canada's Centres of Excellence for Women's Health Program strengthens policy-focused research on women's health in Canada by providing unique opportunities for collaboration among community-based women's health groups, service providers and academic researchers.

The CWHN works with the Centres of Excellence for Women's Health Program to further promote communication, information sharing and interaction among all interested groups and individuals.

Network: Our bilingual newsletter published four times a year gives vital information. Essential reading for those who want to keep up to date on women's health issues, *Network* features debate, news, and resources.

CWHN on-line: We use the Internet to give you easy access to valuable information and resources, through an on-line database and links to other sites. We also work with other groups to increase women's access to health information on the Internet.

Clearinghouse: We're gathering and cataloguing an exciting collection of women-centred, health-related resources produced by organizations across the country. You can help develop our useful database of groups, coalitions, organizations, resources, and newsletters through the CWHN web site, or by calling our toll-free number: 1-888-818-9172

The CWHN is guided by a Coordinating Committee of women of all ages from across Canada who bring their own perspectives as Aboriginal women, immigrants and refugees, women of colour, lesbians, Québécoises, Francophones outside Québec, and women with disabilities.

THIS IS YOUR NETWORK

Please fill out this form, and check any of the boxes below that describe how you want to get involved in The Canadian Women's Health Network.

Name _____
Organization _____
Address _____
City/Town _____
Province _____ Postal Code _____
Telephone _____
Fax _____
E-mail _____
Web site _____

JOIN THE NETWORK

☐ I/We want to be a part of The Canadian Women's Health Network and support the following vision:

The Canadian Women's Health Network recognizes the importance of information sharing, education and advocacy for women's health and equality, to build and strengthen the women's health movement in Canada and throughout the world. The CWHN works to end the effects of discrimination based on gender, race, age, language, income, sexual orientation, ability, religion, and geographic region.

Members of the CWHN contribute to the development of the network and may sit on advisory committees.

Membership Fees:

- ☐ \$10 individuals*
- ☐ \$10 groups with less than 50 members*
- ☐ \$20 groups with 50 or more members*



ORDER THE NEWSLETTER

Network, published four times per year, costs:

- ☐ \$20 a year for individuals*
- ☐ \$35 a year for organizations*

MAKE A DONATION

- ☐ I/We want to support the work of the CWHN with a donation of \$ _____

Make cheques or money orders payable to The Canadian Women's Health Network.

US residents: Please pay in US funds.

International residents:

Please add \$10 for postage (for 4 issues).

- ☐ Payment enclosed *
- ☐ Invoice required
- ☐ Send me a receipt, please
- ☐ Visa# _____
- ☐ Mastercard# _____

Expiry Date _____

Signature _____

* All women regardless of their income are welcome to join the CWHN.

* Feel free to ask about low-income rates.

CONNECT WITH THE NETWORK

- ☐ I/We want to be listed in the database. Enclosed is:
 - ☐ a brief description of myself and/or my organization
 - ☐ a copy of our brochure
 - ☐ a listing of our programs and resources

- ☐ copies of resources we produce (including French, English and other languages)

Please:

- ☐ link to our web site from the CWHN web site
- feel free to refer women requesting information on our program areas to us

Remember to add The Canadian Women's Health Network to your mailing list!

GET INVOLVED IN CWHN PROJECTS

I/We would like more information on working with the CWHN or joining the advisory committee for the following:

- ☐ Clearinghouse
- ☐ Newsletter
- ☐ Web site
- ☐ The Canadian Women's Health Network in general

Send all payments and requests for information to:

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