

D.A.M.S.

DRUG AND ALCOHOL MEETING
SUPPORT FOR WOMEN



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DRUG AND ALCOHOL MEETING
SUPPORT FOR WOMEN

119 West Pender (Room 112)
Vancouver, B.C. V6B 1S5
Telephone: 687-5454, Fax: 688-1799

D . A . M . S . - DRUG AND ALCOHOL MEETING SUPPORT FOR WOMEN

We offer a variety of services to women who are living on a low income. Our aim is to reduce high-risk behaviours with a goal of empowering women and their children.



We are a harm reduction program and strive for prevention rather than crisis intervention. We provide 1 to 1 and group support, advocacy, referrals, outreach and lifeskills workshops.



We teach life skills and provide education and support around reducing the transmission of diseases and reducing harm related to alcohol and drug use.



1 to 1 Support and Case Management



We offer intensive, ongoing support to women and work with them to address their needs and goals. We can meet women at our office, at other agencies, in their homes or in the community.

We provide short term 1 to 1 and crisis counselling and refer on to community counsellors if someone wants long term counselling.

We follow a case management approach to make sure a woman has support and access to services as needed.

Outreach & Accompaniment



The outreach we offer focuses on 3 main areas: alcohol and drugs, child and family and HIV/AIDS.

We work in close partnership with other community organizations to provide women with access to services, information and referrals.

Our outreach concentrates on providing outreach to women on the street and in places where they are comfortable to ensure better access to services.

We accompany women to appointments such as: medical, dental, legal, welfare, child & family etc.

Workshops



We offer regular workshops and a drop-in weekly support group.

Drop-in Alcohol and Drug Support Group every Thursday 1-3pm

Closed intensive lifeskills workshops are offered throughout the year.

*** Women need to sign up for these.**

Examples of workshops are: grief and loss, self-esteem, child apprehension, living with HIV and AIDS, assertiveness skills, anger management, and self-advocacy.

Workshops are for women who wish to cover a particular issue in depth. They are closed and usually run once a week for 6 weeks. For more information call: **687-5454**



Note to: D.A.M.S. brochure (green, no year)

The address of the organization has changed. It is now:

**D.A.M.S.
101 East Cordova Street
Vancouver, BC
V6A 1K7**

The phone numbers are the same.