

Chemical Dependency Resource Team (CDRT)

Help is available

**Vancouver
CoastalHealth**
Promoting wellness. Ensuring care.



What is Chemical Dependency?

Dependency exists when the use of chemical substances such as:

- Alcohol
- Marijuana
- Cocaine
- Prescribed & non-prescribed drugs causes problems in one or more areas of your life.

Chemical Dependency can affect your

- Health
- Family
- Work

Who is the Service For?

- Patients admitted to Vancouver General Hospital who have chemical dependency problems
- Family members or co-dependents of those patients

How do You Contact the Program?

A referral is made through the physician and members of the health care team. (Physician, Nurse, Social Worker, Physiotherapist, Occupational Therapist, Dietitian)

The health care team member contacts the Chemical Dependency Resource Team for follow-up.

Call **604-875-4788**

What is the Chemical Dependency Resource Team?

An inter-disciplinary team made up of:
a Social Worker

- a Nurse
- a Physician

Services Available

Consultation

Formal or informal consultation at the request of the physician or any member of the health care team.

Assessment

Patients and/or significant others are interviewed by a member of the team.

Counselling

Counselling for patients and their significant others is specific to their needs during their time in hospital.

Community Liaison

Referral is made to appropriate treatment agencies and self help groups within the Lower Mainland and across the province.

Education

Sessions for all members of the health care team, patients and their significant others.

For more copies, go online at <http://vch.eduhealth.ca> or email pchem@vch.ca and quote Catalogue No. **DB.022.C42**

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