

**ATTN: WENDY**

# **"LIVING WITH HEP C, and Liver Disease"**

**HELPING PATIENTS AND THEIR FAMILIES**

The Canadian Liver Foundation will be hosting a **FREE** seven-week wellness and educational program for patients and their families affected by liver disease.

## **LIVING WITH HEP C & LIVER DISEASE WORKSHOPS**

Tuesday September 25	<i>Viral Hepatitis and Liver Health</i> -Dr. John Farley
Tuesday October 2	<i>Maximize your Nutrition!</i> - Judy Chambers RNCP, CPT
Tuesday October 9	<i>Co-Infection HCV/HIV</i> - Dr. Chester Morris
Tuesday October 16	<i>Cooking for Wellness</i> - Shelagh Roberts
Tuesday October 23	<i>Relax! and Heal Your Body</i> - Marlaina Vanering
Tuesday October 30	<i>Milk Thistle and More!</i> -Dr. David Bayley
Tuesday November 6	<i>HepC Treatment Information</i> - Dr Frank Anderson

**Coal Harbour Community Centre in Vancouver  
480 Broughton St. (at the harbour)  
6:30pm to 8:30pm**

**All workshops are free.**

To register, please contact the Canadian Liver Foundation at 604.707.6430



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## LIVING WITH HEP C & LIVER DISEASE WORKSHOPS

Week 1-Tuesday September 25 *Viral Hepatitis and Liver Health*

**Dr. John Farley**

An informal, interactive evening of general information on viral hepatitis (Hep A,B,C). Learn how the liver works, how hepatitis may affect you, and what you can do to maintain or promote wellness. Dr. John Farley is an expert on infectious diseases and is very knowledgeable on the treatment available for patients that are Hep C positive.

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*Will: M. Farley*