



888 Burrard Street
Vancouver, B.C. V6Z 1X9
Canada

PUBLICATIONS AVAILABLE

GENERAL WOMEN'S HEALTH

COST

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| A New View of a Woman's Body <i>Federation of Feminist Women's Health Centers</i> | \$ 12.00 |
| How To Stay Out of the Gynecologist's Office <i>Federation of Feminist Women's Health Centers</i> | 10.00 |
| The New Our Bodies, Ourselves <i>Boston Women's Health Book Collective</i> | 12.00 |

PREMENSTRUAL SYNDROME

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| Premenstrual Syndrome Packet | 4.50 |
| Selected Items from Packet Available Separately: | |
| Premenstrual Syndrome - A Self-Help Approach | 2.00 |
| Premenstrual Syndrome Examined Through A Feminist Lens <i>Boston Women's Health Book Collective</i> | .50 |
| The Selling of Premenstrual Syndrome <i>Ms. Magazine</i> | .50 |

MENOPAUSE

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| Menopause Packet | 4.50 |
| Selected Items from Packet Available Separately: | |
| Menopause - A Self-Help Approach | 2.00 |
| In Praise of Older Women <i>Status of Women Newsletter</i> | .50 |

All items produced by Vancouver Women's Health Collective,
Vancouver, B.C. unless otherwise noted.

VAGINAL AND CERVICAL HEALTHCOST

Vaginal and Cervical Health Packet \$ 7.50

Selected Items from Packet Available Separately:

A Book About Sexually Transmitted Diseases 1.00
Montreal Health Press

Chlamydia .50

Down There: An Illustrated Guide to Self-Exam 2.00
Onlywomen Press Ltd., London, England

A Feminist Approach to Pap Tests 1.00

Gardnerella Vaginitis .50

Herpes Fact Sheet .50
Santa Cruz Women's Health Center

Pap Smears .50

Pelvic Inflammatory Disease 2.00

Trichomonas Vaginitis .50

Understanding Vaginal Health .50

Yeast Infections .50

Other Available Items:

The Herpes Handbook 2.75
The Venereal Disease Action Council, Portland, Oregon

Les Maladies Transmises Sexuellement 1.65
Les Presses de la Sante de Montreal

DES (Drug given in pregnancy in the 1950's and 60's with resulting health effects to mothers, daughters and sons)

DES Packet 9.50

Selected Items from Packet Available Separately:

DES: The Wonder Drug You Should Wonder About .75
Science for the People

DES Daughters and Abnormal Pap Smears .50

Fertility & Pregnancy Guide for DES Daughters & Sons 5.00
DES Action National, New York (with supplement)

Guidelines for Management of the DES Exposed 1.00
State of California Health & Welfare (Physicians' Manual)

And Now, What? A Self-Help Guide for Women Exposed to DES Before Birth 2.00
DES Action

BREASTSCOST

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| Breast Health Packet | \$ 4.50 |
| Selected Items from Packet Available Separately: | |
| Breast Cancer Detection | .50 |
| Breast Cancer Treatment | .50 |
| Breast Disease | .50 |
| Breast Self-Exam | .15 |
| Fibrocystic Breast Disease | .50 |
| Prevention of Breast Cancer | .50 |
| What is Breast Cancer? | .50 |

BIRTH CONTROL AND FERTILITY AWARENESS

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| Cervical Caps | .75 |
| The Cervical Cap Handbook <i>Emma Goldman Clinic for Women</i> | 4.50 |
| Diaphragm <i>San Francisco Women's Health Center</i> | 1.50 |
| Le Controle des Naissances <i>Les Presses de la Sante de Montreal</i> | 1.65 |
| The Ovulation Method: Cycles of Fertility <i>Ovulation Method Teachers Association, Oregon</i> | 4.50 |
| The Ovulation Method Charting Book <i>Small World Publications</i> | 5.00 |
| Safe and Effective Birth Control Does Exist | .50 |

ABORTION

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| Abortion in Law and History: The Pro-Choice Perspective <i>Childbirth by Choice Trust</i> | .50 |
| Childbirth by Choice <i>Canadian Abortion Rights Action League</i> | .50 |
| Getting an Abortion in Vancouver | .75 |

OCCUPATIONAL HEALTH

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| Looking Out for #1: How to Spot Health Hazards on the Job <i>Public Media Center, San Francisco</i> | 5.00 |
| Radiation on the Job <i>The Low Level Radiation Project</i> | 5.00 |

GENERALCOST

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| The Politics of the Drug Industry | \$.50 |
| Who Needs the Drug Companies? <i>The Haslemere Group, Oxford, England</i> | 1.50 |
| The Patient's Book: A Guide for Preparing to Use Hospital Services in British Columbia <i>Social Planning and Review Council of B.C.</i> | 1.00 |
| Alternative Approaches to Health and Healing | 1.50 |
| What is Nutrition? | .75 |
| Alternatives to Psychiatric Drugs | .75 |
| Obesity: Facts & Fiction <i>Large As Life Association</i> | 1.00 |
| Coping With Anorexia Nervosa and Bulimia <i>B.C. Children's Hospital</i> | .60 |
| Sexuality... decisions, attitudes, relationships <i>Planned Parenthood of Southeastern Pennsylvania</i> | 3.50 |
| Lesbian Health Matters! <i>Santa Cruz Women's Health Collective</i> | 7.50 |
| Self-Insemination Guide <i>Lavender Conception Conspiracy</i> | .15 |
| Safe Natural Remedies for Discomforts of Pregnancy <i>Coalition for the Medical Rights of Women</i> | 2.50 |
| Herpes in Pregnancy <i>Pennypress, Seattle, Washington</i> | .65 |
| Obstetric Tests and Technology <i>Pennypress, Seattle, Washington</i> | 1.00 |
| The Menstrual Cycle <i>San Francisco Women's Health Center</i> | 1.25 |
| A Woman's Guide to Bladder Infections <i>Emma Goldman Clinic for Women</i> | 4.00 |
| Kegel Exercises | .15 |
| Healthmatters (Vancouver Women's Health Collective Newsletter, published quarterly) | 15.00/yr. |

ORDERING INFORMATION

| For Orders: | Postage and Handling Charges | |
|--------------|------------------------------|----------------|
| | Canada | Outside Canada |
| Under \$5.00 | \$ 1.00 | \$ 2.00 |
| \$ 5.00 + | 2.00 | 5.00 |
| \$ 10.00 + | 2.50 | 6.00 |
| \$ 20.00 + | 3.00 | 7.00 |
| \$ 30.00 + | 4.00 | 7.50 |
| \$ 50.00 + | 5.00 | 8.00 |
| \$ 75.00 + | 7.00 | 10.00 |
| \$100.00 + | 10.00 | 15.00 |
| \$200.00 + | 15.00 | 20.00 |

Copies of the Vancouver Women's Health Collective Brochure are available free for women's and health centres, medical clinics and all health practitioners. Please include \$1.00 postage.