



888 Burrard Street  
Vancouver, B.C. V6Z 1X9  
Canada

## PUBLICATIONS AVAILABLE

### GENERAL WOMEN'S HEALTH

### COST

A New View of a Woman's Body <i>Federation of Feminist Women's Health Centers</i>	\$ 12.00
How To Stay Out of the Gynecologist's Office <i>Federation of Feminist Women's Health Centers</i>	10.00
The New Our Bodies, Ourselves <i>Boston Women's Health Book Collective</i>	12.00

### PREMENSTRUAL SYNDROME

Premenstrual Syndrome Packet	4.50
Selected Items from Packet Available Separately:	
Premenstrual Syndrome - A Self-Help Approach	2.00
Premenstrual Syndrome Examined Through A Feminist Lens <i>Boston Women's Health Book Collective</i>	.50
The Selling of Premenstrual Syndrome <i>Ms. Magazine</i>	.50

### MENOPAUSE

Menopause Packet	4.50
Selected Items from Packet Available Separately:	
Menopause - A Self-Help Approach	2.00
In Praise of Older Women <i>Status of Women Newsletter</i>	.50

All items produced by Vancouver Women's Health Collective,  
Vancouver, B.C. unless otherwise noted.

VAGINAL AND CERVICAL HEALTH

COST

Vaginal and Cervical Health Packet \$ 7.50

## Selected Items from Packet Available Separately:

A Book About Sexually Transmitted Diseases <i>Montreal Health Press</i>	1.00
Chlamydia	.50
Down There: An Illustrated Guide to Self-Exam <i>Onlywomen Press Ltd., London, England</i>	2.00
A Feminist Approach to Pap Tests	1.00
Gardnerella Vaginitis	.50
Herpes Fact Sheet <i>Santa Cruz Women's Health Center</i>	.50
Pap Smears	.50
Pelvic Inflammatory Disease	2.00
Trichomonas Vaginitis	.50
Understanding Vaginal Health	.50
Yeast Infections	.50

## Other Available Items:

The Herpes Handbook <i>The Venereal Disease Action Council, Portland, Oregon</i>	2.75
Les Maladies Transmises Sexuellement <i>Les Presses de la Sante de Montreal</i>	1.65

DES (Drug given in pregnancy in the 1950's and 60's with  
resulting health effects to mothers, daughters and sons)

DES Packet 9.50

## Selected Items from Packet Available Separately:

DES: The Wonder Drug You Should Wonder About <i>Science for the People</i>	.75
DES Daughters and Abnormal Pap Smears	.50
Fertility & Pregnancy Guide for DES Daughters & Sons <i>DES Action National, New York</i> (with supplement)	5.00
Guidelines for Management of the DES Exposed <i>State of California Health &amp; Welfare</i> (Physicians' Manual)	1.00
And Now, What? A Self-Help Guide for Women Exposed to DES Before Birth <i>DES Action</i>	2.00

BREASTSCOST

Breast Health Packet	\$ 4.50
Selected Items from Packet Available Separately:	
Breast Cancer Detection	.50
Breast Cancer Treatment	.50
Breast Disease	1.50
Breast Self-Exam	.15
Fibrocystic Breast Disease	.50
Prevention of Breast Cancer	.50
What is Breast Cancer?	.50

BIRTH CONTROL AND FERTILITY AWARENESS

Cervical Caps	.75
The Cervical Cap Handbook <i>Emma Goldman Clinic for Women</i>	4.50
Diaphragm <i>San Francisco Women's Health Center</i>	1.50
Le Controle des Naissances <i>Les Presses de la Sante de Montreal</i>	1.65
The Ovulation Method: Cycles of Fertility <i>Ovulation Method Teachers Association, Oregon</i>	4.50
The Ovulation Method Charting Book <i>Small World Publications</i>	5.00
Safe and Effective Birth Control Does Exist	.50

ABORTION

Abortion in Law and History: The Pro-Choice Perspective <i>Childbirth by Choice Trust</i>	.50
Childbirth by Choice <i>Canadian Abortion Rights Action League</i>	.50
Getting an Abortion in Vancouver	.75

OCCUPATIONAL HEALTH

Looking Out for #1: How to Spot Health Hazards on the Job <i>Public Media Center, San Francisco</i>	5.00
Radiation on the Job <i>The Low Level Radiation Project</i>	5.00

GENERALCOST

The Politics of the Drug Industry	\$ .50
Who Needs the Drug Companies? <i>The Haslemere Group, Oxford, England</i>	1.50
The Patient's Book: A Guide for Preparing to Use Hospital Services in British Columbia <i>Social Planning and Review Council of B.C.</i>	1.00
Alternative Approaches to Health and Healing	1.50
What is Nutrition?	.75
Alternatives to Psychiatric Drugs	.75
Obesity: Facts & Fiction <i>Large As Life Association</i>	1.00
Coping With Anorexia Nervosa and Bulimia <i>B.C. Children's Hospital</i>	.60
Sexuality... decisions, attitudes, relationships <i>Planned Parenthood of Southeastern Pennsylvania</i>	3.50
Lesbian Health Matters! <i>Santa Cruz Women's Health Collective</i>	7.50
Self-Insemination Guide <i>Lavender Conception Conspiracy</i>	.15
Safe Natural Remedies for Discomforts of Pregnancy <i>Coalition for the Medical Rights of Women</i>	2.50
Herpes in Pregnancy <i>Pennypress, Seattle, Washington</i>	.65
Obstetric Tests and Technology <i>Pennypress, Seattle, Washington</i>	1.00
The Menstrual Cycle <i>San Francisco Women's Health Center</i>	1.25
A Woman's Guide to Bladder Infections <i>Emma Goldman Clinic for Women</i>	4.00
Kege! Exercises	.15
Healthmatters (Vancouver Women's Health Collective Newsletter, published quarterly)	15.00/yr.

ORDERING INFORMATION

For Orders:	Postage and Handling Charges	
	Canada	Outside Canada
Under \$5.00	\$ 1.00	\$ 2.00
\$ 5.00 +	2.00	5.00
\$ 10.00 +	2.50	6.00
\$ 20.00 +	3.00	7.00
\$ 30.00 +	4.00	7.50
\$ 50.00 +	5.00	8.00
\$ 75.00 +	7.00	10.00
\$100.00 +	10.00	15.00
\$200.00 +	15.00	20.00

Copies of the Vancouver Women's Health Collective Brochure are available free for women's and health centres, medical clinics and all health practitioners. Please include \$1.00 postage.

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