



WOMEN'S HEALTH GROUPS

- *** Do you feel frustrated that you don't have the information you need to take care of yourself and/or your children?
- *** Are you angry when a doctor doesn't explain things thoroughly or assumes that you won't understand?
- *** Have you ever used a home remedy for a health problem that you've wanted to share with other women?

WE ALL HAVE VALUABLE EXPERIENCE AND INFORMATION TO SHARE

By pooling our resources, we can begin to change what we find inadequate about our health care

Join a WOMEN'S HEALTH GROUP through the

Vancouver Women's Health Collective
1501 W. Broadway
Vancouver, B.C.

call 736-6696

TOPICS COULD INCLUDE: Drugs * The Drug Industry * Food & Nutrition * Herbs * Stress * Massage * Cervical Self-Exam * Breast Self-Exam * Clinical Skills * Sexuality * Birth Control * Pregnancy & Birth * Aging * Menstruation * Lesbian Health Issues * Menopause * Emotional Health * Nuclear Power * X-rays & Radiation * Children's Health Care * Occupational Health * Patients' Rights * Alternative Healing * The Politics of the Health Care Industry * Physical Disabilities * Sterilization * Environmental Hazards * DES * Hysterectomies * Endometriosis * Herpes