DISCUSSION

GROUP

FOR

LNRGB WOMBN

(NOT A WEIGHT LOSS GROUP!)



INCLUDING A DISCUSSION OF OUR FOOD HABITS . THE SOURCE OF THE SOURCE OF OUR SELF-DISLIKE. HOW DIET, NUTRITION & EXERCISE INTERACT. OUR SEXUAL RELATIONSHIPS

• PRESENTED BY VANCOUVER WOMEN 'S HEALTH COLLECTIVE

• ALL THESDAY MORNINGS IN MARCH
STARTING MARCH 15 - 10:00 - 12:30

- PREREGISTRATION IS NECESSARY AS GROUP SIZE IS LIMITED TO TEN
- · CHILDCARE IS PROVIDED
- PHONE 736 6696 TO REGISTER AND FOR LOCATION