

VANCOUVER WOMEN'S HEALTH COLLECTIVE



INFORMAL DISCUSSIONS FOR WOMEN ABOUT HEALTH

THIS IS AN OPEN DROP-IN FOR WOMEN WHO WANT TO DISCUSS ISSUES RELATING TO HEALTH. OUR PURPOSE IS TO PROVIDE A PLACE FOR WOMEN TO MEET AND TALK ABOUT HEALTH-RELATED CONCERNS AND EXPERIENCES AND TO BECOME FAMILIAR WITH THE RESOURCES OF THE HEALTH COLLECTIVE. A MEMBER OF THE HEALTH COLLECTIVE WILL BE PRESENT. POSSIBLE TOPICS FOR DISCUSSION COULD BE FOOD AND NUTRITION, PRESCRIPTION DRUG USE, PHYSICAL FITNESS AND EXERCISE, STRESS REDUCTION, ADDICTIONS, DISSATISFACTION WITH THE MEDICAL SYSTEM, PATIENTS' RIGHTS.

EVERY THURSDAY 2:30 - 4 PM STARTING SEPTEMBER 16TH

AT 1501 WEST BROADWAY (AT GRANVILLE)

PHONE 736-6696 FOR MORE INFORMATION
