



ADENOMYOSIS

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Adenomyosis is a condition in which the endometrial tissue that lines the inside of the uterus is found growing into the muscle wall of the uterus. It is an abnormal glandular condition (Glands are found in the wall of the uterus and endocervical canal.) It can resemble fibroid tumors and like fibroids, it enlarges the uterus so that it is swollen. Supposedly it affects women nearing menopause. Some women may only find out that they have it after the uterus is removed and examined microscopically.

Some medical people think adenomyosis is the same as endometriosis and others think it is a separate condition. It may be difficult to diagnose and may be confused with fibroids.

Symptoms:

- Abnormal menstrual bleeding
- Menstrual pain
- Many women have no symptoms

Treatments: (Please see Endometriosis Alternative and Medical Treatments)

- Adenomyosis declines with menopause
- Hormones
- D & C (dilation and curettage)
- Hysterectomy