
BREAST CANCER BIBLIOGRAPHY

Books:

Boyd, Peggy PhD, *The Silent Wound*; Addison-Wesley Publishing; Reading, Mass; 1984.

Cope, Oliver, MD. *The Breast: Its Problems, Benign and Malignant, and How to Deal with Them*. Boston: Houghton Mifflin Company, 1978.

Good basic description of the various kinds of breast disease, benign and malignant, and their treatment by surgery, chemotherapy, hormonal therapy and immunotherapy.

Epstein, Samuel S. *The Politics of Cancer*. New York: Anchor Press/ Doubleday, 1979.

An investigation of the chemical and environmental causes of cancer and ways in which many cancers could be prevented. Also, a critical analysis of cancer research; who controls it and where research money goes.

Fredericks, Carlton. *Breast Cancer: A Nutritional Approach*. New York: Grosset & Dunlap, 1977.
The role that nutrition can play in the prevention and treatment of cancer, and how to plan a cancer prevention diet; discussion of the role of estrogen in breast cancer.

Gorbach, Sherwood et al; *The Doctors Anti-Breast Cancer Diet*; Simon and Shuster; New York; 1984.

Kushi, Michio. *The Cancer Prevention Diet*. New York: St. Martin's Press, 1983.

The macrobiotic diet approach to cancer prevention and treatment, with some specific reference to breast cancer.

Kushner, Rose, *Why Me? What Every Woman Should Know about Breast Cancer to Save Her Life*. New York: New American Library, 1977.

A thorough examination of the various conventional approaches to the treatment of breast cancer, the emotional aspects of breast cancer, and the social and political context in which breast cancer is treated in North America.

Lorde, Audre. *The Cancer Journals*. New York: Spinsters, Ink, 1980.

The personal account of a black lesbian feminist's experience with breast cancer; the transformation of pain, fear and the passion for survival into new levels of personal and political awareness and growth.

Madaras, Lynda and Jane Patterson, MD, FACOG. *Womancare*. New York: Avon Books, 1981.

Good section on breast disease, also cancer resources in the U.S. and detailed bibliographic notes.

Mason, L. John. *Guide to Stress Reduction*. Culver City, Ca: Peace Press, 1980.

A complete array of exercises that facilitate stress reduction, including autogenics, progressive relaxation, visualization, and more.

Moss, Ralph W. *The Cancer Syndrome*. New York: Grove Press, Inc., 1982.

Why we are losing the "war on cancer"; a critical investigation into the treatment of cancer discloses how the cancer establishment of research institutions, hospitals, medical associations, government agencies, foundations and large corporations often work in such a way that inadequate measures are taken and important possibilities are left unexplored.

Passwater, Richard A. *Cancer and its Nutritional Therapies*. New Canaan, Conn: Keats Publishing, 1983.
The latest research showing how our immune system and resistance to cancer can be strengthened through vitamins, minerals and the avoidance of known hazards.

Rollin, Betty. *First, You Cry*. New York: J.B. Lippincott, 1976.

One woman's experience with breast cancer.

Simonton, O. Carl, Stephanie Matthews-Simonton and James L. Creighton. *Getting Well Again*. Toronto: Bantam Books, 1980.

A program for cancer patients which adds visualization, positive thinking, relaxation, pain management, exercise and building an emotional support system to conventional medical treatment.

Snyder, Marilyn; *An Informed Decision: Understanding Breast Reconstruction*; M. Evans and Company; New York; 1984.

Spletter, Mary. *A Woman's Choice: New Options in the Treatment of Breast Cancer*. Boston: Beacon Press, 1982.

The author's own experience with a radical mastectomy and later with attempts at breast reconstruction. A comprehensive look at ways of detecting breast cancer, its relationship to estrogen, treatment options, mortality rates; also, the psychology of breast cancer — self image and cultural definitions, and insensitive medical attitudes.

U.S. Department of Health, Education and Welfare. *The Breast Cancer Digest: A Guide to Medical Care, Emotional Support, Educational Programs and Resources*. Bethesda, Maryland: National Cancer Institute, 1979.
A guide for health workers and others setting up resources and programs for breast cancer patients.

Van de Walle, Elly. *Falling from Grace*. Vancouver: Press Gang Publishers, 1984.

An exploration through poetry of the struggles and personal transformations after mastectomy of one woman.

Winkler, Win Ann. *Post-Mastectomy: A Personal Guide to Physical and Emotional Recovery*. New York: Hawthorn Books, 1976.

How to cope with breast cancer after a mastectomy.

Winter, Ruth. *Cancer-causing Agents: A Preventive Guide*. New York: Crown Publishers, Inc., 1979.

All the available information on substances believed to cause cancer, listed alphabetically for easy reference; advice on how to avoid potential cancer-causing agents in the environment.

Papers:

Moore, Maureen Leyland. *The Diagnosis of Breast Disease: Benign and Malignant*. Vancouver, B.C., 1980.

National Women's Health Network. *Breast Cancer: Resource Guide I*. Washington, D.C., 1980.

Articles:

Napoli, Maryann. "Breast Cancer", *Health Facts*, Vol. VIII, No. 44, January 1983.

Townsend, Courtney, M., Jr., MD. "Breast Lumps", *Clinical Symposia*, Vol. 32, No. 2, 1980.

Valentine, John. "The Politics of Cancer Research", *Science for the People*, May/June 1980.