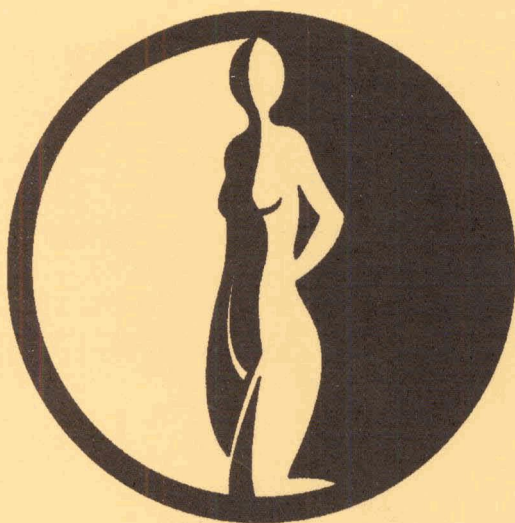


# Vancouver Women's Health Collective



Helping Women  
Help Themselves!

## **Women ask us these and many more questions...**

What are my rights as a patient?

My gynecologist is recommending a hysterectomy. Do you have any information about this so that I am better informed?

Can I get information about holistic therapies at the VWHC?

What other birth control options are available to me besides the pill?

Where can I get an abortion?

Do you know of a support group that deals with depression?

Where can I get health information in my language?



## **The Vancouver Women's Health Collective empowers women to take charge of their health through:**

### **Our health practitioner directory - from family doctors to therapists**

- evaluations completed by women who wish to share their experiences with other women
- and evaluations completed by practitioners about their services

### **Workshops and support groups**

on Patient's Rights, menopause, reproductive health, and other women's health issues

### **Our information centre**

- volunteers respond to information requests over the telephone, by e-mail, and in person
- volunteers carry out health research for women living beyond the Lower Mainland

### **Our resource library**

an extensive collection of books, files, journals, videos, and newsletters on all aspects of women's health

### **Advocacy**

fighting for publicly funded health care

- advocating for appropriate, quality health care for all women

**Please call 604-736-5262 for more information including  
our hours of operation.**

## Our Purpose

We have all been taught that only medical experts know about good health care. In fact, health information has been passed down from one generation of women to the next for centuries. Since our founding in 1972, the Vancouver Women's Health Collective (VWHC) has promoted and supported women helping women to help themselves.

## Our Mission Statement

We are women who value women's knowledge, support one another to take charge of our own health, and raise awareness and inspire action for the feminist advancement of women's health.

## Our Members

We are a charitable, non-profit women's organization, funded primarily by donations, membership fees, grants, and fundraising initiatives. Volunteer members are an essential part of the VWHC. There are many opportunities for volunteers to share their stories and enhance their skills.

Please call us for more information.



# Vancouver Women's Health Collective

**Are you interested in...**

Finding a new doctor or therapist?

Knowing about your rights and the  
health resources available to you  
in your community?

Doing research on endometriosis,  
menopause, or other women's  
health issues?

**Please call us at:  
604-736-5262**



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