



## *Patient's Rights*

Many women do not know that they have rights within the health care system.

As a patient, you have legal rights which are based on Canadian laws and court decisions.

### *As a patient you have the right to:*

- have a friend or family member with you during your appointment and examination
- be treated with dignity and respect
- ask questions about your health and illness
- a good explanation about your diagnosis that you can understand
- disagree with your health care provider
- get a second opinion
- say no to, or refuse, treatment
- have access to your medical records and to read them
- confidentiality and privacy
- decide the future of your health

*CHA is an outreach project  
that educates women about  
their rights within the  
health care system.*

### *Goals of CHA:*

- provide health information, patient's rights information, and support for women
- identify the main issues and problems women have within the health care system
- help women become the experts and decision makers around their own health

### *How Do We Accomplish This?*

By visiting communities and sharing information with women through the Patient's Rights workshop.

The Patient's Rights workshop enables women to gain knowledge about their rights, learn what respectful health care is, and learn the skills to help themselves.

*Women speaking out for safe,  
respectful, and appropriate  
health care for women*

For more information please contact the CHA coordinator at (604) 736-4234.

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