

INTRODUCING....the Community Health Advocates

The Vancouver Women's Health Collective is thrilled to introduce the women who have taken on the role as **Community Health Advocate (CHA)**. These advocates are speaking out for women in their communities for safe, respectful and appropriate health care.

These CHAs are all volunteers, donating their time to help women in their communities feel empowered to speak out for their health care needs. Violence and disrespect in the health care system will be reduced when women find their voice and feel confident in *demanding* proper treatment. Women in these communities are encouraged to contact their Community Health Advocate about their health care needs, health concerns, rights in the health care system, and where to go for more information. Call the VWHC to find out more!

- Hana Hussein is a health advocate for **SOMALI WOMEN**. She is available for drop-in advocacy at the South Vancouver Neighbourhood House on Mondays from 9am-2pm and Saturdays from 1pm - 4pm. To leave a message for Hana, phone the Neighbourhood House at 324-6212.
- Sadie Kuehn is a health advocate for **LESBIANS, BISEXUAL WOMEN, ABORIGINAL WOMEN, WOMEN OF COLOR AND POOR WOMEN**. She is available For appointments at various times and locations. Contact her at 266-5414 or 729-7815.
- Fatma Acktary is a health advocate for **UBC WOMEN** and **FARSI-SPEAKING WOMEN**. She is available at the UBC Women's Centre for drop-in advocacy on Mondays and Fridays from 10:30am - 1:30pm, or to leave a message for Fatma'phone 822-2163.
- Sonia Bilku and Gaitry Kaul are health advocates for **SOUTH ASIAN WOMEN**. They are available for drop-in advocacy at the South Asian Women's Centre on Mondays and Tuesdays from 1pm - 5pm. Women can drop-in at the centre, or phone 325-6637.
- Health Advocates for **WOMEN WITH DISABILITIES** are available for advocacy at various times. Call 878-3211 to leave a message and an advocate will return your call.
- Diane LeClaire is a health advocate for **ANY WOMAN** of the **DOWNTOWN EASTSIDE**. Diane is available for drop-in advocacy on Thursdays, from 4pm - 8pm at the Downtown Eastside Seniors Centre, 509 E Hastings. Women are welcome to leave a message for Diane at 258-4109.
- Elena St.John is a health advocate for **LATIN AMERICAN WOMEN**. She is available for appointments at the Multi-Cultural Family Centre. Please call 254-6468 to make an appointment with Elena.
- Ahlay Chin is a health advocate for **CHINESE WOMEN** and **MENTAL HEALTH CONSUMERS**. She is working out of her home and various centres in RICHMOND. Leave a message for Ahlay at the Richmond Women's Resource Centre at 279-7060 or at 273-1989.

We regret to say good-bye to Mercy Kimari and Sheila Gamblen, who have moved on to new and exciting opportunities.

The VWHC would like to extend SPECIAL THANKS to the following organizations who have endorsed this project by providing a safe space, and support for the CHAs to do their advocacy work :

- South Vancouver Neighbourhood House
- Richmond Women's Resource Centre
- UBC Women's Centre
- South Asian Women's Centre
- Downtown Eastside Senior Centre - Vancouver Second Mile Society
- Multi-Cultural Family Centre
- The Centre (Formerly the Gay and Lesbian Centre)
- Women with Disabilities Health Action Group

