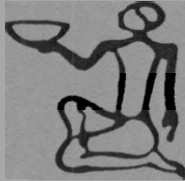

Be An Advocate !

Speak Out About Women's Health Issues

The Community Health
Advocate Project



A Project of the
VWHC Women's Health
Information Centre

Women deserve access to safe, respectful and appropriate health care.
Volunteer a few hours a week to speak out for women in your community!

As a Community Health Advocate, you will:

- ☼ have regular contact with women in your community
- ☼ learn about the health issues of the women in your community
- ☼ hear the difficulties women have in accessing safe health care
- ☼ raise awareness in your community about these issues
- ☼ nurture women to be experts in their own health

We ask for commitment until the end of March, 1999

- ↪ Training will be on-going, starting at the end of October, 1998. This training is provided by the VWHC Women's Health Information Centre
- ↪ Advocates will be given a training honorarium
- ↪ Number of hours per week is flexible
- ↪ Type of advocacy will depend on what your community needs - you will form your plan with the assistance of trainers
- ↪ *Minimal* budget for transportation costs (unfortunately, we can not provide funding for childcare)

To get involved, contact Brenda at the VWHC Women's Health Information Centre
#219-1675 West 8th, Vancouver, V6J 1V2 (ph)736-4234

In partnership with the Vancouver/Richmond Health Board