



Vancouver Women's Health Collective Le Collectif de la Santé des Femmes de Vancouver

Suite 302-1720 Grant Street • Vancouver, B.C. • V5L 2Y7 • Canada

This year, the Vancouver Women's Health Collective celebrates its twentieth anniversary. The Health Collective is a resource centre for women seeking information on health issues. We encourage women to educate themselves in order to make the most well informed decisions possible about their health.

In our Information Centre, we have files, books, and journals relating to all aspects of women's health. Our Health Practitioner and Therapist directory contains evaluations by patients which can be very useful for women searching for new practitioners. For those with quick questions or referral needs, we have a phone line that is open four times a week.

Our community outreach efforts are growing with workshops on premenstrual syndrome, menopause, alternative health care options, and women's health history. At present, we have a grant to update our workshops, after which we plan to train new volunteers to learn how to deliver them within the community.

The Vancouver Women's Health Collective also sells quite a number of health related publications, many of which were produced by the Health Collective. By the end of summer, we will be publishing two new books, one on hysterectomy and the other on Candidiasis. We'll also have our Menopause book and our Pap tests book revised with important research updates.

We are a non profit organisation, core-funded by donations and run largely by volunteers. Although most of our volunteers are not medical professionals, we have learned from and trained each other through our own research and experience. By sharing this with other women, we promote a self-help approach to health care. We believe that women are capable of gathering information and making sound decisions about their health.

If you would like further information or to order publications, contact us at (604) 255-8285, or write to us at #302 - 1720 Grant Street, Vancouver, BC V5L 2Y7.

