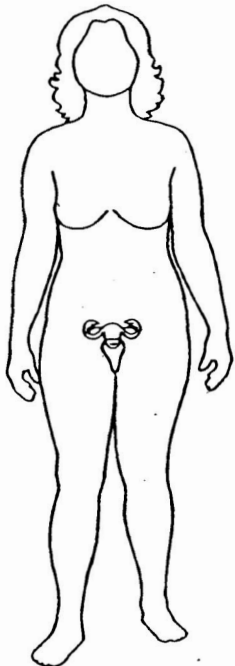




Through Knowledge Comes Power; *Women! Know Your Bodies!*

**A workshop on Menstrual Health and Fertility
Awareness**

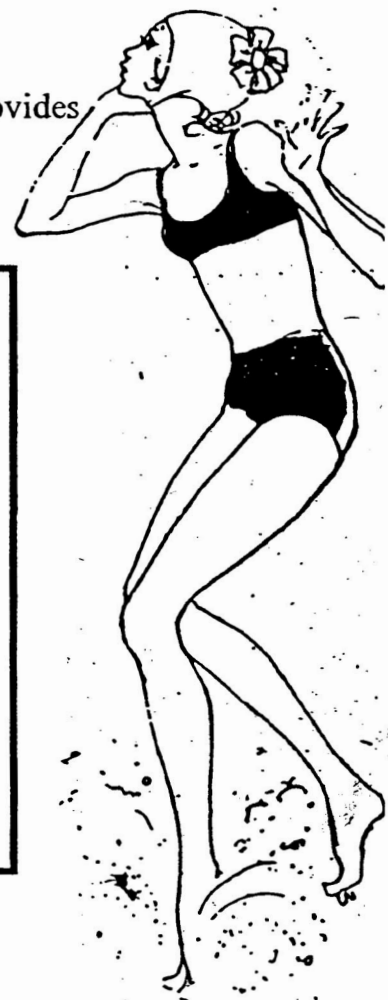
- * Demystify your cycle and how it is affecting you
- * Understand the health and fertility signals your body provides
- * Be empowered through knowledge



**MONDAY
JANUARY 27**

7pm to 8:30pm

**#1 - 175 East 15th Avenue,
corner of Main street**



Vancouver Women's Health Collective

For info: 604-736-5262 or vwhc@vcn.bc.ca

Come share, learn and discover the Women's Health Collective,
an invaluable resource right here in your neighborhood.