## have you considered,

## using a **DIAPHRAGM**?

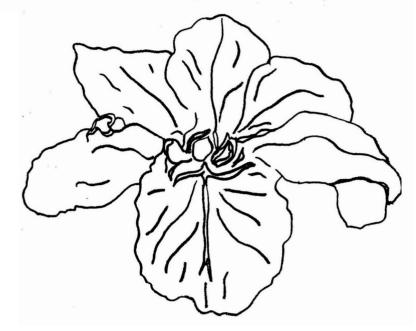
\* a safer, effective method of birth control
\* a menstrual cup
\* a way of becoming more in touch with your body

## the diaphragm

fitters

collective

## provides :



· appointments during the day evenings, weekends

- fittings done in our homes and at the Hearth. Collecture
- a relaxed atmosphere for women that includes diaphrazm rap, cervical self-exam, and free fitting

• the opportunity for women to learn to fit diaphragm:

re-checks
 Kids' play area available



For further information call 736-6696 or drop in at the Vancouver Women's Health Collective, 1501 W. Broadway corner of Granville hours: Mondays 1:30-7:30 Tuesdays, Thunsdays 1:30-5:30 solurdays 1:2-4