have you considered
using a DIAPHRAGM?

* a safer. effective method of birth control
* a menstrual cup * woman-contholled
* a way of becoming more in touch with your body
the diaphragm fitters
collective
provides:
- appointments during the day, evenings. weekends
- fittings done in our homes and at the Hearth Collective
- a relaxed atmosphere for women that includes diaphragin rap, cervical seff-exam. and free flung
- the opportunity for women to learn to fit diaphragm:
- re-checks
- Kids' play area available


For further information
call 736-6696 or drop in at The Vancouver Women's Hearth Collective, 1501 w. Broadway corner of Granville
hours: Mondays 1:30-7=30 Tues days, Thursdays $1: 30-5: 30$ saitirdans ${ }^{2}$

