

# D.E.W. DROP IN

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## DOWNTOWN EASTSIDE WOMEN DO DROP IN

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The Newsletter for the Downtown Eastside Women's Centre  
**FEBRUARY 2000** **FREE**

### VALENTINES FRIEND

VALENTINES DAY COMES ONCE A YEAR  
WITH A WONDERFUL CHEER.  
FOR SOMEONE VERY DEAR  
TIME TO REFLECT ON FRIENDSHIPS THAT  
HAVE COME AND GONE.  
A FUTURE TO LOOK UPON.

ENJOY THE SWEET SENSATIONS OF CAKE OR  
CANDY, FOR YOU DESERVE IT INCLUDING  
ALL THE ICING.  
MAY THOUGHTS BE GOOD AND YOUR DAY  
FULL OF LAUGHTER, FOR IT IS  
THE HEARTS WE ARE AFTER.

REMEMBER THE SMILES, FOR THEY  
LAST ONLY FOR AWHILE.  
FEEL THE WARMTH SHOWN AND  
THE CARING THAT IS KNOWN.

MOMENTS TO HOLD. WITH CARDS  
THAT HAVE TO UNFOLD.

WITH WORDS EXPRESSED  
IN LOVING TENDERNESS.

SELINA BARTON

WRITTEN ON: FEB.14, 1994  
RE-WRITTEN: JANUARY 19, 2000

# SWEETHEART

CANDY KISSES ARE FOR  
SWEETHEARTS LIKE YOU.  
BUT NOT JUST ANY CANDY  
WILL DO.

THEY HAVE TO BE IN THE  
SHAPE OF A HEART.

FOR THIS IS WHERE IT STARTS.

FLOWERS ARE NICE, BUT  
A DINNER FOR TWO,  
IS WHAT WE NEED FOR  
ME AND YOU.

EVEN THOUGH WE ARE AT  
A DISTANCE.  
MAY JUST THE THOUGHT  
BRING US CLOSER  
WITH PERSISTENCE.

SELINA BARTON

FEB. 14, 1996  
JAN. 22, 2000

Rewrote: December 30, 1999

## MOTHER'S VOICE

Listening to the power of our distant drums  
Echoes through mountains as if to carry my mother's  
voice,  
past the sky while she hums.  
Like soaring eagles whispering in the wind.  
Have taught me to see; and how to begin again.

Written by:

Marie Keyespapamatao

Over the years February has been the month for marches. These marches are held in recognition of the women who have either gone missing or died in the Downtown Eastside (DES). Each march is representative of either all women or aboriginal women and either women in the DES or Internationally. But, not all marches are held in February. This past December a march was held in support of the women massacred in Quebec. The march that I will remember was held in January 1992.

Our woman Elder, Granny, back home requested our man Elder, Uncle here in the DES for *a memorial* to put Granny's granddaughter's spirit to rest.

Uncle approached a woman from the DES to request a memorial. Granny's granddaughter's memorial took place in January 1992. However, in addition to her ceremony a march took place. This march was without the approval of the family:

This article has been written by Granny's granddaughter's female cousin (living & working in the DES) and upon the request of and *with the approval of* our man Elder, Uncle. I have chosen the title, "Within Her Family", in recognition of the family's spiritual traditions with respect to a *memorial*.

Again, as originally requested by the family in 1992 Uncle and I urge you to let her spirit rest. Thank you.

SIGNED CHRISTINE CROSSWORLDS - January 14, 2000

The following is an article that was submitted by a member who wanted to share with the other members.

My name is Eddy and I've been a Centre user for 12 years off and on my concern has to do with movies being shown at the Centre and the method of choosing them fairly.

Many a time I have passed through and been stressed out by the loud sounds of gunfire, car chases, screaming,

## MOVIES AT THE WOMEN'S CENTRE

swearing, rapes, assaults coming from the TV for movie time. American pop culture seems to generate many of these movies with the same theme. There is so many wonderful movies out to choose from. I think the negative energy from these movies (violent) linger on after the movie is long over. I don't know how the staff can sit there in their cubicles counseling a woman being raped or abused with the background sounds have violence against women as a form of entertainment. Lets broaden our horizons and out of fairness for choices have a different type (comedy, romance, adventure, violence, etc.) shown every week. Have the selected movie type and title be known ahead of time so that it can be put in the newsletter, this will ensure a woman and or child doesn't journey down to be disappointed by something inappropriate or unappealing. I attended Women's Voice this afternoon and brought it up as a valid concern. The other women there agreed with me together we can make a difference.

Signed Eddy - Jan. 13, 2000

## HERSTORY OF THE DOWNTOWN EASTSIDE WOMEN'S MEMORIAL MARCH

For the 9th time on February 14th, 2000 the Women's Memorial March will be held. What is the Women's Memorial March? How and why die it begin? How did it become a First Nations march or is it? Why are men asked to walk at the end of the march behind the women? These are questions that you may have asked yourself.

The Women's Memorial March was first organized after the murder, of a First Nations woman, in the Downtown Eastside. Her name is not used out of respect for her family. She was murdered by someone from outside of the community. The woman's family took care of their beloved relative following First Nations' traditions. This murder was the catalyst that motivated the community to take action against the increased violence and murders of women who live in the Downtown Eastside.

The Women's Memorial March is held on February 14th a day that is universally chosen to express LOVE. February 14th is a day to remember all women who have died from violent acts and put a STOP TO IT! February 14th is a day to raise awareness of the potential for violence against women and put a STOP TO IT!

The Women's Memorial March is not strictly a First Nations march. A woman Elder is designated to lead the march with prayers, smudging and the placement of a rose at the know sites where women have died. It is important that the territory be acknowledged to the rightful owners. Musqueam, Burrard and Squamish people have been in this territory from time immemorial. We say Thank you for allowing us to hold our march on your land.

It is our intention to assist and help the community remember our sisters who have died. The march is held to remember women from all nations who have died through violence.

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HERSTORY OF THE DOWNTOWN EASTSIDE  
WOMEN'S MEMORIAL MARCH

It is important that women show their strength by marching together. Most of the violent acts against women are perpetrated by men. It is meaningful for women to feel safe and not feel the need for a man to be at their side to act as their protectors. This is why it is requested that men respect the structure of the march as follows: Women Elders, women drummers, women and minor children, women and their partners and male drummers. It is not to exclude our brothers from the process, but to include them in a meaningful way. Men show their support of women by respecting the unity and strength of the women leading the march. Men in the community have an opportunity to demonstrate their anti-violence against women stance by speaking out and preventing violence against women in the community for the other 364 days of the year.

The Downtown Eastside agencies do not have "ownership" of the Women's Memorial March, the women of the community do. Downtown Eastside organizations only act a means to facilitate the process. Women in the community organize the event.

Everyone in the community knows that there is a high violence and death rate in the Downtown Eastside. The **Women's** Memorial March is one event for the community to come together and share grief for **women** in an open, supportive, caring and respectful manner.

If you would like more information or would like to participate in organizing the March for 2000 please contact Marlene at the Women's Centre at 681-4786 or the Breaking the Silence Against Violence Campaign at 682-3269 Ext. 8319.

AS SUBMITTED BY MARLENE TRICK

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# THIS MONTH IS

## Black History Month

Did you know that there were black people in British Columbia from 1858 onwards?

During the 1850's, the State of California brought in oppressive and discriminatory legislation. Black people were excluded from state schools, and barred from giving evidence against white people in court. Furthermore, attempts were made to require black people to be registered and to prevent them from immigrating to the State. Victoria and the British Columbia mainland were in a phase of rapid expansion during the Caribou gold rush, and so there was read work for new settlers and laborers. On April 20, 1858, some 600 - 800 black Californians boarded the steamship Commodore and set sail for Victoria, British Columbia. Many settled on farms, others developed local businesses. Though racism was expressed later in the 1860's and after, the early years for the black community in the Victoria and on Vancouver Island were generally peaceful and prosperous.



# FROM THE STAFF

## Continued      Stopping the Violence Counsellor

Women who are interested in being a part of the closed group should come and talk to me about it as soon as possible, and definitely before **February 11**-there are a limited number of spaces available and I would like to spend a few minutes talking to each woman who wants to participate **well in advance of the start date**.

Hopefully, providing both a drop-in support group and a closed group on Fridays will allow women to choose to go to the group that best suits their interests and needs.

If you have any questions or comments about this change, or about either group, please come and talk to Marg in Office B, Thursdays, Fridays, or Saturdays.

### Anti-violence drop-in discussion group calendar.

Friday, February 4, 2000	Guilt & shame
Friday, February 11, 2000	Assertiveness
Friday, February 18, 2000	Saying No
Friday, February 25, 2000	Popular theatre
Friday, March 3, 2000	Street safety
Friday, March 10, 2000	'Addictive behaviour'
Friday, March 17, 2000	Grief & loss
Friday, March 25, 2000	Music therapy

CONTINUED

# FROM THE STAFF

Continued      Stopping the Violence Counsellor

## *Anti-oppression working group news.*

The anti-oppression working group had its first meeting **Saturday, December 18**. We are a small but enthusiastic group of women with lots of ideas about how to educate ourselves and each other about our differences and how to be good allies to each other. At our meeting, we developed some ground rules for how to treat each other, talked over how we would make decisions as a group, discussed some definitions of different words and ideas that come up in anti-oppression work, and brainstormed ideas for activities we'd like to plan. Our next meeting will be **Sat, Feb 26, 2-4 pm** at Central Residence, in the basement. We will be talking about a new name for the looking at how to turn our **ideas into action**. Hope to see you there!!!

## **Counsellor**

Reta invites those interested in Monday's Sweatlodge to meet at 12 noon at the Centre.

# WHAT'S UPCOMING

CONFERENCES, WORKSHOPS, EVENTS, ETC.

## 2000 FEBRUARY

- **Marches in February:**

February 14th March

See page 20 for details on the  
Valentine's Day March ceremonies.

- **Chinese New Year**

Watch for NOTICES for the  
Chinese New Year celebrations.

## 2000 MARCH

- International Women's Day
- Easter
- Spring break

# FROM THE STAFF

## Stopping the Violence Counsellor

Changes to the Friday night Anti-violence discussion group.

I just wanted to let women know about some changes to the structure of the Friday night Anti-violence discussion group that are coming up in February.

From **February 18-April 7**, the group will be split into two groups: one will be a drop-in, support group similar to what happens now on Fridays. Activities and topics for this group will still be based on suggestions from women who attend (See calendar for a rough outline of upcoming topics and activities. Please note that this schedule is flexible.)

The other group will be more structured 8 week closed group that **women survivors of violence** can join to support each other in looking at the issues of violence and trauma (the after effects of violence), and work on their healing together. Topics for the 8 weeks will come out of the interests of women who attend. The idea behind adding the closed group is that with the same women committed to attending every week, it is more possible for group members to develop an increased level of safety and trust with each other.

CONTINUED

# DOWNTOWN EASTSIDE WOMEN'S CENTRE

4 East Cordova Street, Vancouver, BC

V6A 1K2

681-8480

	Centre Hours	Regular Programming	Crafty Workshops
SUNDAY	12 noon - 5:00 p.m.	1:00 VIDEO	
MONDAY	10:00 a.m. - 5:00 p.m.	5:00 LEARNING GROUP Doors close at 5:15 Exploring different ways of Learning with an Elder, Bernice Hammersmith.	1:30 Beading with Leona Learn how to bead, expand your skills or just share ideas.
TUESDAY	11:00 a.m. - 5:00 p.m.	2:00 OUTING T.B.A. Watch for sign up sheets.  5:00 - 8:30 p.m. BATTERED WOMEN'S SUPPORT GROUP Support for women affected by violence in their lives.	
WEDNESDAY	10:00 a.m. - 5:00 p.m.	10:30 - 12 noon STREET NURSE The Street Nurse is here to provide you with information on all kinds of health issues.	
THURSDAY	10:00 a.m. - 5:00 p.m.	1:30 WOMEN'S VOICE Let us know what you think about the Centre. Your opinion & ideas are needed.  5:00 - 8:00 p.m. WOMEN SURVIVING TOGETHER Healing Circle and support group for women.	2:00 CERAMICS & TILE PAINTING Make something that you can use everyday or that you can give to a friend.
FRIDAY	10:00 a.m. - 5:00 p.m.	1:30 or 2:00 RAFFLES Every other Friday depending on the availability of items that have been donated to the Centre.  5:00 ANTI-VIOLENCE DISCUSSION GROUP Gathering to share stories and strategies to keep ourselves safe.	10:30 FABRIC ARTS with FREEDA Learn to do your own sewing and alterations Learn to knit and crochet.  1:30 DREAMCATCHERS with BEVERLEY Expand your skills and share stories with other women.
SATURDAY	12 noon - 5:00 p.m.	2:00 VIDEO	
	Centre Hours	Regular Programming	Crafty Workshops

**DOWNTOWN EASTSIDE WOMEN'S CENTRE**  
**44 EAST CORDOVA STREET, VANCOUVER, BC V6A1K2 681-8480**

SUNDAY 12 noon - 5 pm	MONDAY 10:00 am - 5:00 pm	TUESDAY 11:00 am - 5:00 pm	WEDNESDAY 10:00 am - 5:00 pm	THURSDAY 10:00 am - 5:00 pm	FRIDAY 10:00 am - 5:00 pm	SATURDAY 12 noon - 5 pm
		<b>1</b> 1:00 - 3:00 Vaccinations Hepatitis A & B 2:00 Outing Bloedel Conservatory 3:00-5:00 pm Facilitators Meetin 5:00 Battered Women's Support Services	<b>2</b> 10:30 Street Nurse	<b>3</b> 1:00 - 3:00 Vaccinations Hepatitis A & B	<b>4</b> 10:30 Sewing & Alterations 1:30 Dreamcatchers 5:00 Anti-Violence Discussion Group	<b>5</b> 2:00 Video 5:00 Grief Group
<b>6</b> 1:00 Video	<b>7</b> 12 noon Sweatlodge 1:00 Chinese New Year Celebration 5:00 Learning Group	<b>8</b> 2:00 Outing Museum of Anthropology 5:00 T.B.A.	<b>9</b> 10:30 Street Nurse 1:30 Beading 2:00 Volunteers Only Meeting 5:00 Popular Education	<b>10</b> 1:30 Women's Voice 2:00 Ceramics 5:00 Women Surviving Together	<b>11</b> 10:30 Sewing & Alterations <b>1:30 Raffle</b> 1:30 Dreamcatchers 5:00 Anti-Violence Discussion Group	<b>12</b> 2:00 Video 5:00 Grief Group
<b>13</b> 1:00 Video 5:00 Volunteer Orientation	<b>14</b> 12 noon Sweatlodge 1:30 Beading 5:00 Learning Group	<b>15</b> 2:00 Outing IMAX - Fantasia 2000 5:00 T.B.A.	<b>16</b> 10:30 Street Nurse 2:00 Volunteer Training 5:00 Popular Education	<b>17</b> 1:30 Women's Voice 2:00 Ceramics 5:00 Women Surviving Together	<b>18</b> 10:30 Sewing & Alterations 2:00 Dreamcatchers 5:00 Anti-Violence Discussion Group	<b>19</b> 2:00 Video 5:00 Grief Group
<b>20</b> 1:00 Video 5:00 Volunteer Meeting	<b>21</b> 12 noon Sweatlodge 1:30 Beading 2:00 Volunteer Training 5:00 Learning Group	<b>22</b> 2:00 Outing Science World 3D Laser Show	<b>23</b> <b>Cheque Day Centre Open 10 am - 5 pm</b>	<b>24</b> <b>Centre Closed</b> 5:00 Women Surviving Together	<b>25</b> 10:30 Sewing and Alterations <b>1:30 Raffle</b> 1:30 Dreamcatchers 5:00 Anti-Violence Discussion Group	<b>26</b> 2:00 Video 5:00 Grief Group
<b>27</b> 1:00 Video	<b>28</b> 12 noon Sweatlodge 1:30 Beading 5:00 Learning Group	<b>29</b> 2:00 Outing Capilano Suspension Bridge & Park 5:00 T.B.A.				

**FEBRUARY 2000**

# Hep A SHOT CLINICS

The Vancouver / Richmond Health Board is sending Nurses to conduct **free shot clinics** for Hepatitis A in the Women's Centre, on two different days this month.

**Monday, February 1st**            1 - 3 p.m.

**Wednesday, February 3rd**    1 - 3 p.m.

It is very important for you to get a Hep A shot if you are in regular contact with people with compromised immune systems, or if you are immune compromised by any disease or virus such as HIV, Hepatitis C. AIDS or another health problem.

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## ***Centre Hours - cheque day***

At the request of women the Centre will be open from 10 a.m. to 5:00 p.m. on cheque days.

The Centre however **will be closed** Thursday - the day following cheque day.

**Thursday** meal will be served Friday during cheque week.

This is in effect beginning Wednesday cheque day in January 19, 2000.

# FROM THE STAFF

Continued

Advocates messages:

Verbal threats and other *threatening behavior* like property damage is NOT okay in the Centre. The barring policy calls for a **one week barring** for:

- Threats of violence
- Property destruction

Lately, there have been some incidents of *physical assault* against staff and other women. We will strictly enforce our barring policy when assaults take place.

A physical assault may be in the form of pushing, slapping, punching, hitting, kicking, spitting, or any other form of physical contact meant to intimidate or harm another person. Our barring policy calls for a **six month barring for assault**. Police will be called when there is violence or when a woman refuses to leave. This is the Centre policy and it is not up to the discretion of staff.

Remember that the staff are here to help you in any way they can. If you are stressed, having a rough day, or feeling angry, please go to see one of them to help you get through it in a good way. When we all take responsibility to recognize our "boiling points," and choose healthy ways to cope, it makes it possible for us to get along better.

Also remember that it is up to you to Choose How You React to people who are "pushing your buttons." You can choose not to listen, you can choose not to answer back, you can choose to walk away, you can choose to tell a staff member. You have the right and the responsibility to keep yourself, and the Women's Centre, safe. Every time you choose to swear, yell or make this space uncomfortable for another woman, you are part of the problem. Every time you choose to act toward or respond to another woman in a good way, you are part of the solution.

**Thanks to all of you who help to make our Centre a safe and comfortable place for every women.**



## **WOMEN'S MEMORIAL MARCH**

The 9th Annual February 14th Women's Memorial March will take place on Monday, February 14th at 12:00 noon at Carnegie Community Centre. The march will commence at 1:00 PM. Food and Drumming will follow at 3:00 PM at the Japanese Language School, 475 Alexander Street. Please note that the Centre will be closed for the day in order that staff can attend the march. Women are invited to bring their drums and make some noise!

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Terri Firstcharger, a committed and hard working Kitchen volunteer, passed away in the early morning of December 30, 1999. Other volunteers and staff remembered Terri as a fun and loving person, helpful and generous human being. She has been a Centre member and volunteer for over 6 years. She will be sadly missed by all of us. A memorial for Terri was held at the Centre on January 26.

# FROM THE STAFF

## A few words from the Volunteer Coordinator

When we talk about the Volunteer Program as a Skills Development Project, we often forgot the skills we already have as strong women and survivors of abuse. We also do not talk enough about the skills we bring into the Women's Centre as volunteers! Let me give you a rundown of what would happen if we do not have volunteers:

We will be eating cold food all the time because there are just not enough kitchen volunteers to prepare yummy hot meals and soup for us.

There will be no clothes/shoes to give out and no items to raffle.

The floor area will be so messy that you cannot even find a place to sit down.

You will come into the Centre with no one saying "hi" to you at the front desk and introducing the Centre's services to you.

So, let us treat all the volunteers with respect and dignity. And give them a big smile and say "thank you". If you want to find out more about volunteering in the Centre, come down to the fifth door and talk to Denise Tank, the Volunteer Coordinator! For this month, we are going to offer two Volunteer Training sessions. **THESE SESSIONS ARE FOR ALL VOLUNTEERS. SHARE YOUR KNOWLEDGE AND LET'S SOLVE PROBLEMS TOGETHER!** The Year 2000 Version of the Volunteer Manual will be available in early February, just in time for the Year of the Dragon!

# FROM THE STAFF

## Advocates messages:

### 1. Violence in the Centre

We wrote last year about the fact that the increasing level of violence in the neighbourhood is sometimes making its way into the Women's Centre. Well, it hasn't stopped, and more and more women are letting us know that they are made very uncomfortable by the threats, swearing, and general disrespect that is happening here.

As you know, the Centre is very crowded and the noise levels and lack of personal space can be very stressful. When stress is not handled in a safe way, anger can result and lead to aggression. This is very troubling for everyone who come to the Centre to get a break from the chaos of the streets. The Centre is meant to be a safe place for each woman who comes through its doors.

In order to make sure we all experience a feeling of safety in the Centre, the staff again discussed their responsibility in strictly enforcing the barring guidelines when an assault takes place. Following the lead of other community agencies who want to erase violence their agencies, we will be very strict about our policy regarding NO discrimination other assaults of ANY kind against women in the Centre.

### 2. What is an assault?

There are different types of assault. *Verbal abuses*, like threatening, swearing, name calling, invitations to fight ("see you outside") are not allowed in the Women's Centre and will not be tolerated. Please tell a staff member about verbal harassment and intimidation as soon as it happens. She will intervene and try to cool things down. If the behavior continues, the Women's Centre barring policy calls for a: **one day barring** if a woman refuses to stop:

- Swearing
- Verbal fighting
- Discrimination
- Disruptive behavior

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## The Year of the Dragon

The Chinese New Year officially begins on February 4. This year is the Year of the Dragon, a very powerful animal sign indeed. Dragon years are often full of celebrations and festivals. Here is what this year will bring you:

**Rat:** This year appeals to the Rat's sense of dashiness. You will be chosen to lead the parade.

**Ox:** It might seem like an easy and plentiful year for you, but it would be wise to keep that yoke tightly harnessed to the plow.

**Tigers:** Tigers can expect the best. Tigers who start new projects this year will prosper.

**Rabbit:** Fulfillment, perhaps even recognition for past efforts, will come your way this year.

**Dragons:** The storms have passed. Plan carefully, think things through, and then strike up the band and send yourself some flowers. It's your year!

**Snakes:** Snakes thrive in Dragon years. The Dragon smiles down from on high. The Snake stands by, a willing spectator.

**Horse:** Dandy years for Horses. Head high, go forth into the crowd! Your efforts will be recognized.

**Goat:** Goats can gain ground in Dragon years. The happy news are coming and they will please your imagination.

**Monkey:** The Dragon can always use a helping Monkey's hand. This should be an enjoyable year for you.

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Continued      The Year of the Dragon

- Rooster:**    Make big decisions this year. This should be the right time.
- Dog:**        You may not be at ease with this year's showiness around you. But they might just hold some surprising news for you.
- Boar:**        This year might be too much for you. Watch from a distance if you must, but do watch.

So, you are wondering about what animal sign you are and what are your special traits.

**Rat**

For those born in 1912, 1924, 1936, 1948, 1960, 1972, 1984, 1996. Essentially charming, compassionate. Renowned for being stingy. Has lots of love for family. Cunning and witty. Compatible with Monkey and Dragon. Opposite with Horse.

**Ox**

For those born in 1913, 1925, 1937, 1949, 1961, 1973, 1985, 1997. Calm and patient. Takes things slow, at a steady pace. Works hard but can be quite a tyrant. Compatible with Rooster and Snake. Opposite with Goat.

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**Continued      The Year of the Dragon**

**Tiger**

For those born in 1914, 1926, 1938, 1950, 1962, 1974, 1986, 1998.  
Very warm and loving. Have an independent mind. Pays little regard for other's feelings when chasing fun and freedom. Compatible with Dog and Horse. Opposite with Monkey.

**Rabbit**

For those born in 1915, 1927, 1939, 1951, 1963, 1975, 1987, 1999.  
Also known as the Cat or Hare. Very sensitive soul. Loves spending time at home. Although quiet and discreet, still ambitious. Compatible with Boar and Goat. Opposite with Rooster.

**Dragon**

For those born in 1916, 1928, 1940, 1952, 1964, 1976, 1988, 2000.  
Charismatic and colorful. Wants to be center of attention. Compatible with Rat and Monkey. Opposite with Dog.

**Snake**

For those born in 1917, 1929, 1941, 1953, 1965, 1977 , 1989, 2001.  
High moral principles, mostly when applied to others. Sophisticated and charming. Compatible with Rooster and Ox. Opposite with Boar.

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**Horse**

For those born in 1918, 1930, 1942, 1954, 1966, 1978, 1990, 2002.  
Confident and proud. Heart is in the right place though. Compatible with Dog and Tiger. Opposite with Rat.

**Goat**

For those born in 1919, 1931, 1943, 1955, 1967, 1979, 1991, 2003.  
Sensitive, creative and multi-talented. Eccentric. Loves to be loved, hates to be pushed. Compatible with Boar and Rabbit. Opposite with Ox.

**Monkey**

For those born in 1920, 1932, 1944, 1956, 1968, 1980, 1992, 2004.  
Wily and cunning. Ignores rules. A true free spirit. Compatible with Rat and Dragon. Opposite with Tiger.

**Rooster**

For those born in 1921, 1933, 1945, 1957, 1969, 1981, 1993, 2005.  
Brave and enthusiastic. Very picky and highly intelligent. Compatible with Ox and Snake. Opposite with Rabbit.

**Dog**

For those born in 1922, 1934, 1946, 1958, 1970, 1982, 1994, 2006.  
Honest, loyal and sincere. Believes in justice for all. Sometimes bad tempered. Compatible with Horse and Tiger. Opposite with Dragon.

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Continued      The Year of the Dragon

**Boar**

For those born in 1923, 1935, 1947, 1959, 1971, 1983, 1995, 2007.

Will do anything for anyone. Model of sacrificing and honor.

Occasionally fits of rage. Compatible with Goat and Rabbit. Opposite with Snake.

Brought to you by Deni Tang who might appear to be a logical and practical person, but a true believer of horoscopes and "feng shui" in her heart.





# TOBOGGANING



The last outing for the year 1999 was to be to Mount Seymour. Traffic was not permitted through to Mount Seymour but this did not stop the women from their goal to go tobogganing. So, the women headed to Cypress Mountain.

On the way up Cypress Mountain we stopped at the Cypress viewpoint where the view gave you the feeling that you were in an airplane looking down at the clouds.

On the way down Cypress Mountain we stopped on the roadside to take in the beautiful sunset.

The following pictures on the opposite page have been made available by Madeline Joseph. Thanks Madeline for sharing your wonderful pictures.

# TOBOGGANING



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