A Woman's Bill of Rights



- I have the right to be treated as an equal human being
- I have the right to be listened to and have my problems taken seriously
- I have the right to an explanation that I can understand in my native language (using a translator if necessary) on any questions concerning my health care
- ➡ I have the right to know the choices I face in getting treated for any health problems, and to have the possible side-effects of any drugs or surgical treatment clearly explained
- I have a right to chose the types of treatment I prefer from among the options offered to me by my doctor
- I have the right for normal events in my life, such as pregnancy and menopause, not be treated as diseases requiring treatment
- I have the right to choose natural therapies and not be ridiculed for doing so
- I have the right to request a second opinion on any major surgery or health decision
- I have the right to refuse any drug or surgical treatment