# Summary of Diversity Workshop: Saturday, October 30, 1999

Workshop Facilitators: Betty Baxter and Sadie Kuehn

VWHC members present: Anna-Lisa, Kim, Caryn, Hana, Sylvia, Angela, and Cathy

## Format of the Workshop:

Introductory Round and Agreement of Agenda

Diversity Bingo

Our Personal Herstory Time-lines

**Break** 

**Defining Key Words** 

**Building Alliances** 

Lunch

Self-imagining

Challenges/Fears Regarding Diversity in Organization

Next Steps

Closing Round/Evaluation

### Major issues we discussed were:

## 1. Definition of Key Terms (group work):

- a) Diversity embracing a variety of persons and all they bring with them
  - a mosaic; a blend
  - awareness and respect for others
- b) Social Change change the way a community, family, and/or group is/are
  - is both a process and the results
- c) <u>Collective</u> working together in solidarity (working *with*, rather than *for*)
  - the converging of ideas, with respect for and equality given to all contributions

### 2. Building Alliances:

- a) Key Motivators:
  - -Our definition of alliance is that it is not one voice but a collection of voices
  - -VWHC's goal is to mirror the community of women in BC
  - -the alliance of women can represent issues and concerns collectively
  - -we can provide comfort and support for one another, as there is strength in numbers. We can also share our stories, ideas, knowledge, and awareness.
- b) Steps to Alliance Building:
  - -report back to monthly Collective meetings
  - -participate in training offered by other community groups, as well as community events such as fairs, etc.
  - -take what we learn back into the community
  - -use the collective decision making process and make info about the Collective more accessible to women in the community
  - -CHA

## 3. Discussing the reality of our lives:

- -we have many commitments: family, other jobs, and school, for example
- -we experience varying degrees of stress but don't get enough stress reduction
- -we are too busy. Our schedules outside of the Collective (external controls) affect how much time we can commit to working here
- -we often feel guilty that we aren't giving more time and energy to the Collective
- -we feel alone, but we are connected
- -we are frustrated by the social system
- -BC transit takes up a considerable part of our day and our experiences with it affect our lives (e.g. racism, tiredness, frustration, scheduling)
- -all of the above often drain our energy and leave us feeling unproductive

#### 4. What does VWHC "look" like?

-young -middle class (even though we don't believe we are)

-caucasian -affluent -educated -welcoming

### 5. What are our fears regarding change?

-the unknown -complacency

-financial constraints -individual personalities

-the amount of energy some of these changes require

## 6. How do we address these fears?

- -more workshops such as this one
- -learn more about the Collective's herstory
- -move the Collective east
- -share our fears with one another
- -peer counseling
- -recruit more volunteers
- -our hiring process: hire more women when we are able to
- -improve our communication and training approaches

## 7. What are our supports?

-the VWHC -our communities

-friends and families -the solidarity committee

-VWHC's employees

### 7. What are the next steps we can take?

- -address these fears
- -improve communication
- -have one big meeting (i.e. info centre meeting) where we can work together to increase communication
- -each of us can pass what we've learned today on to others, here and outside of the Collective
- -help empower others to be able to come to more workshops
- -take our energy from the Collective out into the community