

VANCOUVER  
**PWA**  
COALITION

# Newsletter

## P.W.A. COALITION AND ST. PAUL'S HOSPITAL WORKING TOGETHER

Effective April '87, St. Paul's Hospital has approved a program allowing the Vancouver P.W.A. Coalition to come into the hospital once a week to present a video entitled "Doors Opening, A Positive Approach To AIDS", by: Louise L. Hay. This one hour video gives a very intimate view of Louise's wednesday night AIDS group. The sharing of love, the insights, and the healing process is truly a moving experience. This presentation will be followed by a "question and answer period" for P.W.A.'s and P.W.A.R.C.'s, by fellow P.W.A.'s and P.W.A.R.C.'s. The objective is to get AIDS patients out of their hospital beds, and to explore alternatives to promote improved health, and a positive attitude.

The Coalition has also just purchased four Sony Walkman Cassette Players, that will be given to the four medical wards in St. Paul's Hospital, (7A/B - 8A/B) to allow P.W.A.'s and P.W.A.R.C.'s the opportunity to listen to meditation/relaxation tapes. These tapes will also be provided to the hospital. Meditation and relaxation have been proven to reduce stress, and promote a positive attitude.

Sharon Holtzberg

## CANADIAN AIDS SOCIETY-OTTAWA MEETING

Your roving reporter's report!

On February 27, 28 & March 1, 1987, I attended a meeting of the Canadian AIDS Society, in Ottawa, as a delegate of the Vancouver P.W.A. Coalition. (The trip was paid for entirely by the CAS - many thanks!)

The CAS is made up of 26 local AIDS organizations from across Canada - groups like AIDS Vancouver, AIDS Committee of Toronto, etc., as well as two P.W.A. groups, the Toronto P.W.A. Foundation and, of course, us. This was the first time that the Vancouver P.W.A. Coalition had official representation on the CAS as a voting member.

The trip was an excellent opportunity to meet people from other organizations as well as share information and ideas. The meetings focus in on several main topics - first, to meet and question several government officials (National AIDS Centre; the Canadian Public Health Association) to stress the need for consultation with local AIDS organizations. We have the expertise and as such should be used by government agencies, not overlooked! We discussed the activities in local AIDS organizations, medical information update, AZT, alternative therapies, confidentiality, contact tracing, HIV screening, safer sex, communication and advocacy. Many CAS policies will be developed as a result of these discussions.

Representation on the CAS can be very important for Vancouver P.W.A.'s. It gives us a chance to voice our concerns and needs to a larger and stronger organization who can rally to our cause and help us fight for a better life. I talked to the members about alternative or complimentary therapies (the Louise Hay tape was shown), the role of advocacy in the CAS, the need for greater research into symptom management of opportunistic infections, the need for speedier release of anti-viral drugs, hospice needs, and financial needs of P.W.A.'s

The CAS was very interested and supportive of P.W.A. participation at the meeting. I have great hopes that as the CAS continues to grow and gain strength they can become a major force in helping P.W.A.'s in Canada.

## ★ NEW AIDS HOPE

News Services - New York

Good news was reported on two fronts yesterday in the fight against AIDS.

A U.S. scientist said researchers have started human tests of a drug that shows promise in fighting the AIDS virus in the test tube.

The drug, dideoxycytidine, appeared to be more potent than the experimental drug AZT, said Dr. Samuel Broder of the National Cancer Institute in Bethesda, Md.

Broder, writing in today's issue of the British journal Nature, said some test results should be available by spring.

Broder and colleague Dr. Robert Yarchoan also offered a promising review of AZT in a report in The New England Journal of Medicine.

They said AZT offers reason for optimism that drugs can successfully fight the AIDS virus.



## BABA TAAVI'S SPIRITUAL CORNER

In your darkest hour, when it seems that you are all alone, and nobody understands; let the eternal light of the universe shine from your heart, and it will bring you all the love you need.

And if that doesn't work, try using cheap sentiment.



## OUR OWN BOWLING WONDER

Let's hear it for Kevin Brown! Not only did he bowl in the recent English Bay Bowling Tournament but he took 4th place in the Doubles event - not bad for an old sicky!!!



## COALITION NOT ASKED TO SIT ON PROVINCIAL AIDS ADVISORY BOARD



Dr. Rekart, Director of STD Control for the Provincial Laboratory, has turned down the Coalition's request that we be included on the Provincial AIDS Advisory Board currently being formed. The Coalition believes that our voice on the Board would provide the provincial government with vital first hand information and insights into the nature of this disease and the needs of persons with AIDS in British Columbia. We feel that our input on the AIDS Advisory Board would enable the Ministry of Health to better formulate policy on the grave issues that AIDS presents to our province.

A letter has been sent to the Hon. Peter Dueck, Minister of Health, formally requesting a position on the Board. It is our hope that the Minister will see the value of a person with AIDS sitting on the Board.

Kevin Brown

\*\*\*

## CANADIAN ATTITUDINAL HEALING ASSOC.

The Canadian Attitudinal Healing Association is offering a five week series on exploring attitudinal healing concepts and principles in greater depth. Specific experiences will be set up which will enable you to unravel your own attitudes and belief systems and how they affect your life. By consciously choosing new attitudes and belief systems, healing can occur.

If you are interested in attending this five week seminar, please contact the Canadian Attitudinal Healing Association. The date and time is negotiable and the fee is \$25.00 for the five week seminar. The facilitators are: Eva Di Casmirro and Phoebe Lauren.

Rockland Centre, 3589 Granville Street  
Vancouver, B.C. V6H 3K5  
(604) 736-7112

## DONATIONS

We are starting a column to thank the individuals and organizations who have donated either money or services to the Coalition in that month (remember our cut off date for the Newsletter is the 20th of each month). Thanks go to the following people and organizations who have donated money or services to the P.W.A. Coalition in the month of March 1987.

Allan Pletcher  
Mrs. Wiggins (tips from shows)  
Billy Gene (shows and raffle)  
Buddy's  
Kirk Mastre (tips from shows)  
Mack's Leathers  
Mama Karen (tips from shows)  
Castle Pub (Ball Fever)  
Gina/Hormone (tips from shows)  
Blair Smith  
Daryl Carter  
Paul Y Mansion (money from fountain)  
Vancouver Men's Chorus  
Dogwood Monarchist Society (2 Comp. tickets to the Ball)  
Polly Esther (5 Comp. tickets from personal tickets)  
Mark Redford  
Story Travel  
Pei Lim  
Arts Club Theatre  
Rita Rhinestone (tips from ball)

If we have missed anyone, our apologies and thank you.

At this time we would like to thank everyone who has made donations since the Coalition was formed. There have been so many we do not have the space to be able to acknowledge each one. Thank you all!!!



## A CRY FOR HELP

Dear God, thanks for the two calculators with the journal tapes. I expect you're still working on the request for a TV and VCR. I know you're busy, so I've been trying myself to channel in a deluxe VCR and big screen Sony and frankly it's not working. I called Shirley McLaine for a little psych-aid and the phone was answered by a Miss. Ryerson A.K.A., Drone-en-John, who said it was true that Shirley was up to her tits in legal tender, but they weren't sending us a penny. Instead they had a greater gift for us - astral insight. I hung up. So I'm back to you, God, with a humbled request. Forget the TV, we can use the one at the center. For the VCR, please put me in touch with someone with a VHS machine to sell cheap, and what the hell, just use the phone this time - 683-3381 anytime.



## TAX TIME AND P.W.A.'S

You may apply for a Disability Reduction Certificate through Revenue Canada Taxation (form T2201) if the impairment is severe, meaning that it markedly restricts a person in the activities of daily living. This sounds like several PWA's that I know. The paperwork is brief. There is a small section for your doctor to sign. This will allow an additional exemption of \$2,860. We have the forms in the office. Just phone us for one or Revenue Canada.

## VANCOUVER MEN'S CHORUS

PRESENTS:

### "MAPLE SYRUP"

PLACE: VANCOUVER EAST CULTURAL CENTRE

DATE : MAY 1 & 2

TIME : 8 P.M.

TICKETS: VTC/CBO

\*\*\*\* IF ANY P.W.A.'s/A.R.C.'s would like to attend this performance, please call the Coalition office for a complimentary ticket.



## AIDS VANCOUVER

AIDS Vancouver now has a long distance support service. If you have a friend or a family member who has AIDS, ARC, or who tests positive, and who feel isolated with no one to share their worries or concerns with, they are welcome to join the long distance support network.

For more information, please call Elaine Smith  
Family/Friend Support Coordinator  
AIDS Vancouver  
#509-1033 Davie Street  
Vancouver, B.C.  
V6E 1M7  
(604) 687-5220

## LETTER TO PATIENTS IN THE AZT STUDY PROGRAM

I recently returned from a large international meeting on Azidothymidine and more information has been made available. The good news is that the drug appears to work but the bad news is that it is quite toxic.

Of the original 282 patients entered into the study in the U.S., in the spring of 1986, about 230 are still in the study. There have been 40 deaths; 32 in the non-treatment group and 8 in the treatment group. One of the latter committed suicide, so there were really 7 deaths in the treatment group. Also, there appears to be an increase in well being, weight, etc., in the treated group. These appear to be quite a significant number of infections in the treated patients so you shouldn't be discouraged if you develop an infection while on AZT, but it seems that these are more readily treated and recovery is better.

The main toxicity of the drug is the anemia and the lowering of the white blood cells and this is certainly our experience. We plan to continue to monitor you in the way we had originally planned, although that may loosen up during the summer.

It appears that there will be enough drug for all of you to continue in the present program and for us to add more AIDS patients during the summer and fall. This has to be worked out between the Provincial and Federal governments and the Burroughs Wellcome Company, but I think it is fair to say that there appears to be some help from the drug and we will continue to have it available.

Good luck

W. A. McLeod, M.D.



## AZT TESTING

I heard some information from Anne, one of the fine ladies who help to run the test, that vitamin B-12 may help to counteract the blood side effects of AZT. Seems that injections of the vitamin are better than the pill form. Ask Anne or Rebecca about it.

Of the 20 P.W.A.'s on the test only 13 are still actively taking the drug - about 15 people are waiting to enter the testing program.

Kevin Brown



## BENZAL MEDICATED CONDOMS INTERPHARM PHARMACEUTICAL PRODUCTS

A new product that may help take the worry out of being close!

A presentation was made at the Canadian AIDS Society meeting in Ottawa by a French Company that is promoting a new condom. It is designed for anal and vaginal sex with a special difference - the condom is coated in "Virotox", a strong virucide (10 times stronger than Nonoyol 9) which, they claim is 100% effective in killing not only the AIDS virus but herpes, gonorrhea, etc. They also claim that Virotox is non-toxic and non-caustic to membranes.

The product will hit the North American market in a few months but I asked the representative of the Company if they could ship us 50 of the new condoms for us to look at, stress test or whatever! Could be interesting.

Kevin Brown



## BOOK REVIEW

### LOVE, MEDICINE AND MIRACLES

AUTHOR: BERNIE S. SIEGEL, M.D.  
PUBLISHER: HARPER & ROW

"The fundamental problem most patients face is an inability to love themselves". Sound familiar? Well it is; another book explaining the role of mind and emotions in healing. But then again, one can never have enough positive information. One of the things that makes this account interesting is the author's own story. As a surgeon, Dr. Siegel was successful in conventional terms but eventually became dissatisfied with himself and the system to the point that he almost gave up his practice. One turning point, for him, was exposure to the Simontons (Getting Well Again) and their approach. This led to Siegel's re-evaluation of the doctor/patient relationship, and the forming of a support group called Exceptional Cancer Patients, utilizing medication, visualization, and sharing. Although geared toward people with cancer Siegel feels that the approaches can be used by anyone, including people with AIDS. Indeed, he feels that learning to accept oneself, love oneself, and practise unconditional love can forestall illness, "The simple truth is, happy people generally don't get sick. One's attitude toward oneself is the single most important factor in healing or staying well. Those who are at peace with themselves and their immediate surroundings have far fewer serious illnesses than those who do not".

Siegel does not eschew conventional treatments, feeling that there are ways of supplementing or buying time for the patients' own healing process. This recommendation in regard to chemotherapy and radiation therapy are especially valuable. His comments on the hospital setting are also useful, pointing out that the "exceptional" patients who get better are not necessarily the "good" patients. He also feels "people are not living or dying but alive or dead", an interesting point for those of us who are sometimes faced with the attitude that due to our diagnosis we are no longer quite all here.

In conclusion, not a great deal of new ground covered, but well written, and especially good for people to whom holistic concepts are unfamiliar. It will probably reassure them to see these ideas promulgated by a recognized "medical" doctor. You might even want to give a copy to your own doctor.

Taavi



### HELPFUL HINTS

This is a new column, so please submit your helpful hints to Durb. It can be health hints, home hints, or ????

Eating garlic? If you are someone who eats a great deal of garlic, I have been told there are two things which will help clean your breath: a) eat fresh parsley, or b) drink tomato juice.

Cold Sores (Herpes bisters)external. Dab spiritis of camphor on them about 5 or 6 times a day. It has cleared them up for me.



### TELEPHONE SERVICE

Some of us feel fine having lots of support and our needs are taken care of. Some of us feel crummy, abandoned and are not having our needs met. We all know how quickly a situation can change. The Coalition is starting a new service to be incorporated into the office procedure, whereby on a regular basis a volunteer will be calling the P.W.A.'s on our mailing list (within the Vancouver area) to check and see that they are o.k. If this service would offend you please contact Sharon at 683-3381 to have your name stricken from the list.

Joseph Reid



## A RETURN TO INTIMACY AFTER AIDS

One of my greatest fears about AIDS, even before I was diagnosed, was that if you caught this disease, you would never be able to be intimate with another human being again! How sad to believe that your touch could kill - that you would never again be able to feel the embrace or kiss of a lover.

Then this terrible scenerio became a reality on June 5, 1985. I survived my first attack of PCP and the accompanying shock, then rallied to fight back against my disease. But I believed that my sexuality was now lost forever! I had become a regular 'Typhoid Mary' - to "bestow my charms" on another could kill, and I would never, never allow that to happen. I have a highly developed sense of responsibility and I would never knowingly endanger another life.

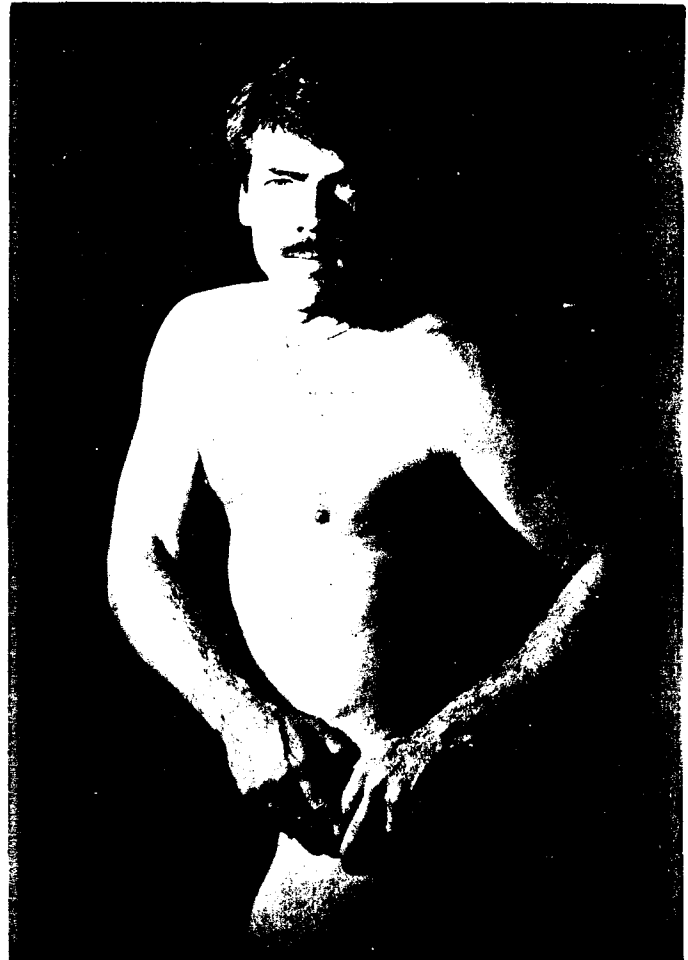
What a myth I created for myself, but like all myths they fade away, like mist, when you examine the facts. Enough knowledge is available now that tells us that AIDS is a relatively difficult disease to catch. The virus is fragile and can only be transmitted in certain ways - from one blood stream to another or from semen in the anal cavity. If you do not engage in these activities then being intimate can be safe again!

Well, what a revelation! Maybe intimacy wasn't lost after all. But it's a long way from theory to practise, believe you me! The 'Typhoid Mary' concept was deeply rooted. I even noticed that I was afraid to touch people casually for fear that I might hurt them. What a lonely place we can create for ourselves.

And then came Brad! (Some how I think a trumpet fanfare is needed here) I met Brad in San Francisco during the Gay Games in August of 1986. We were both billeting. Brad was a knock out! A center fold who was intelligent, sensitive, charming, kind and loving. He knew from the beginning that I had AIDS but that was not important to him - it wasn't an issue! He grew to know and care for me as a person, not as a disease. We developed an easy relationship full of laughter, understanding, respect, and love. After

CONT'D

several days of being together, the inevitable took place. We spent our first night sleeping together. I was as nervous as a new bride on her wedding night! Old 'Typhoid Mary' was rearing her ugly head again. But Brad was kind and unafraid - he told me he knew how AIDS was transmitted and that sex could be quite safe if you were careful. It took me some time to relax and begin to break down the psychological wall that I had built for myself. With Brad, that night, another form of healing took place - my life was being made whole again - intimacy was being returned. Needless to say, I had one hell of a good time



Brad - December 1986

Brad visited me again in Vancouver during the first week of December. We had ten terrific days together. I took him everywhere, introducing him

to all my friends, sleeping with him every night and being very happy. I have not slept with anyone since Brad left, but that does not bother me in the least. I know that the potential for being intimate is with me now, it was never lost. Brad returned or helped me to re-discover a part of my life that I had put away.

I feel that both P.W.A.'s and the healthy can learn from this story. Many of us live in our own self created isolation, lonely and afraid. If we would only educate ourselves, replace fear with understanding, ignorance with knowledge, we could create better lives for ourselves.

Kevin Brown



### HIV POSITIVE WEEKLY SUPPORT MTG.

Someone who tests positive to AIDS antibodies faces very unique issues and conflicts. Although many people are asymptomatic and unlikely to develop AIDS related infections, a positive diagnosis can be very frightening and confusing.

AIDS Vancouver sponsors a weekly support group for all men and women who are interested in sharing the impact on lifestyle after exposure to the AIDS virus. The group regularly discusses safe sex practises, stress reduction, drug and alcohol use, and current human and civil rights issues. Members are encouraged to share new information about recent research and discoveries as well as changes for improving health. Individuals are encouraged to share their feelings of fear, hurt, conflict, self recrimination or blame, and to leave the isolation and stigma of a positive antibody test behind. All group discussions are considered CONFIDENTIAL by everyone.

Resource people and special guests are periodically invited to meetings to discuss specific themes such as legal issues, death and dying, diet,

and inter-provincial networking.

Interested people should contact AIDS Vancouver for details about time and place of meetings.

Phone: 687-2437



### AIDS VANCOUVER BENEFIT

#### "THE VANCOUVER PREMIERE OF BUDDIES"

The first dramatic film about AIDS. This is the story of a 32 yr. old Californian dying of AIDS in a Manhattan hospital and the 25 yr. old New Yorker who starts off as his counselor and becomes his greatest friend.

DATE: Sunday, April 12

PLACE: Pacific Cinematheque  
Suite 200, 1131 Howe St.  
Vancouver, B.C. V6Z 2L7

TIME: 7:00 & 9:30 P.M.

COST: ALL SEATS \$10.00

ADVANCE TICKET SALES ARE AVAILABLE AT THE AIDS VANCOUVER OFFICE.

\*THIS FILM WILL ALSO BE SHOWN ON APRIL 13 - 17th, BUT WILL NOT BE A BENEFIT FOR AIDS VANCOUVER ON THESE PERFORMANCE DATES.

YOU MUST BE A MEMBER OF PACIFIC CINEMATHEQUE IN ORDER TO VIEW FILMS. IF YOU GO ON THE NIGHT OF THE AIDS VANCOUVER BENEFIT, THE \$10.00 WILL INCLUDE YOUR MEMBERSHIP.

\* ALL MONEY FROM THE NIGHT OF THE APRIL 12TH PERFORMANCE WILL GO DIRECTLY TO THE EMERGENCY ASSISTANCE FUND OF AIDS VANCOUVER.



## ON GOING STORY IV

The only thing for which I can honestly be held responsible is my attitude; the only thing which I can change is my attitude. Therefore, I have become at peace with myself because of the gradual change in attitude which has taken place during the last twenty months or so. My will to live is reflected in my attitude towards life. Things are as they are because the universe is as it is. It causes now and it is also the effect of now. It is where the beginning and the end of time meet time-past and time-future on the homeground directly within time present. It is the 'Omphalos' of laughter.

There is absolutely nothing wrong with us because there is absolutely nothing wrong with the universe. The only thing which could possibly be wrong is our attitude towards it. There is nothing to worry about; I simply sit in meditation and witness the unfolding and smile in realization that this is it with which we play. The rules of the 'game' are all contained in the proper attitude towards the 'game'. There are neither winners nor losers, only laughing players. My Guru said he cried when he was born and would be laughing when he died. He died in 1981, laughing. I, too, shall be laughing when I die; I have been amused for quite a while as it is, so I shall be real when I meet the 'fire'.

Oh, yes, sometimes I forget and revert to my former attitudes which contain within them the pain and suffering of most of my life. I used to dwell there all the time without knowing there was a way out until AIDS became an aid in my escape. When I forget, I try to remind myself to remember. Sounds funny, but that is exactly what my meditation is all about: to remember not to forget to laugh.

I hope what I have had to say makes you smile a bit at least because the universe is one big funny place to be and perhaps you might have even laughed once or twice when you remembered not to forget to. So, let's all laugh together and maybe

## ON GOING STORY IV CONT'D

the thunder of our laughter will reverberate through out space and time, and create a moment of eternity right here exactly where we are now.

Here are a couple of 'images' which might give you a smile and even, per chance, a laugh:

a) The crone  
rocking, wondering  
whether she should  
open or close her Bible,  
touches everyone she sees  
with her smile.

She unknowns each verse  
compiled and heals everyone  
she sees with her smile.

The crone  
creaking, touching, healing,  
unknowns everything with  
her smile.

b) Three men on a street corner  
laughing and waiting for a fourth

The echo of four men laughing  
lingers on an empty street corner

Remember, don't cheat  
playing this game.

Love and Peace,

Allan

\*Omphalos = navel

■ \* ■

### GROWING

And through all the tears, and  
the sadness, and the pain,  
Comes the one thought that can  
make me internally smile again;

I have loved.

Robbie

## ONGOING EVENTS

### Sunday nights: HEALING CIRCLE

Open to PWA's, PWARCs, friends and supporters. One hour of relaxation, visualization and sharing of healing energy. It's from 7:30 till 8:30 PM, at the VGLCC, 1170 Bute St.

### Tuesday nights: SELF-SUPPORT GROUP

Those meetings are open to PWA's and PWARC's only. We focus on people's feelings about specific topics.

April 14: financial support.

April 28: dealing with fears.

\*\*\*The Tuesday night self-support group meetings are held at St. Paul's Hospital, Comox Building - 1056 Comox St., Room LM-5, in the basement, from 7:30 till 8:30 PM.

### Tuesday nights: HOLISTIC THERAPY

Those meetings are open to everyone. It is an occasion to explore the holistic approach to health.

April 7: Dora Fitzgerald. Shamanic journeying; reiki.

April 21: Betty Sider. "Touch for Health": using muscle testing to find the imbalances at the physical and emotional levels.

May 5: Louise Pohl. Healing meditation using the five elements of the chinese system.

\*\*\*The Holistic therapy meetings are held at St. Paul's Hospital, Comox Building - 1056 Comox St., Room LM-5, in the basement, from 7:30 till 8:30 PM.

### Friday nights: TAI-CHI

Learn the ancient chinese "Meditation in motion". Open to everyone. From 7:30 till 8:30 PM, at the VGLCC, 1170 Bute St.

### Mondays at 11:30: BUSINESS MEETINGS

Open to PWA's and PWARC's. A way to share responsibilities and decisions in the PWA Coalition. The business meetings are held at the Coalition office, 1170 Bute St.

### RETREAT ON GALIANO ISLAND

Get away from it all! Well, almost, some of us will be with you. We've booked space at the Bodega Resort for Friday, May 1st, Saturday, May 2nd, and Sunday May 3rd, for a quiet, relaxing time. PWA/ARC's are free, others \$75.00 Space is limited, so register early (cut off date April 16th).

Call the office for more details.

□ \* □

### LIFE-AIDS

The LIFE-AIDS support group meetings that were held at the Healing Center, on Victoria Drive, have now moved to the Vancouver Gay & Lesbian Community Center, 1170 Bute Street.

Those meetings take place every Thursday at 8 p.m.

\*\*\* This is not an activity of the Vancouver Persons With AIDS Coalition.

## PERSONAL COLUMN

GW/PWA, mid 30's, friendly, positive thinker, unexercised, some KS, seeks companion for mutual massage and affection as well as outings to movies, dinner, etc. I prefer the small, smooth, slender, obedient type, but muscular hunks will be considered. Those of a solicitous, sympathetic nature full of compassion and understanding for AIDS need not reply to this ad. I'd like to meet someone for an occasional evening of fun where we talk and think about other things. Be brave - lets meet.  
Reply to: P.O. Box 136, 1215 Davie Street, Vancouver ,B.C. V6E 1N4  
ATTN: Drawer "A"



Self-centred, non communicative daddy/top, 40 yrs. old, good body (if you don't mind purple spots), Expects worship, service, and T.L.C., preferably from mature man (35+), but all sincere submissions considered.  
No ambulance chasers.  
Reply to: P.O. Box 136, 1215 Davie Street, Vancouver, B.C. V6E 1N4  
ATTN: Drawer "B"



P.W.A. seeking shared accomodation, preferably a 2 bedroom apartment in the West End location.  
Maximum expenses able to pay are \$285.00/month, including expenses. A message may be left for Robbie at the P.W.A. Coalition office 683-3381



I am looking for a penthouse with an unobstructed south western view in the Westend.  
Call Allan 683-8974 mornings.



Westend furnished bachelor apartment for rent May 5 - 26th/87, while I am away on holidays. Reasonable rent for the right person. References please.  
Reply to: P.O. Box 136, 1215 Davie street, Vancouver, B.C. V6E 1N4  
ATTN: Drawer "C"



I am a person with ARC who finds it very difficult to survive on my pension, and therefore would like to find part-time employment. I am willing to do almost anything, but would prefer at most 1-2 days per week. Please ask for John at the P.W.A. Coalition office 683-3381.



If you would like to submit an ad to the Newsletter Personal Column, either drop by our office Monday to Friday between 10:00 - 5:00 p.m., or mail to Vancouver P.W.A. Coalition, P.O. Box 136, 1215 Davie Street, Van. B.C. V6E 1N4

All ads will be at the discretion of the P.W.A. Coalition office.

\*CALENDAR OF EVENTS - APRIL 1987\*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HEALING CIRCLE 29	BUSINESS MEETING 30	HOLISTIC THERAPY P.W.A.'S AND ARC ONLY 31	1	2	TAI CHI 3 Fundraiser "Boot Shining" by Zodiacs at Shaggy Horse 10pm.	4
HEALING CIRCLE 5	BUSINESS MEETING 6	HOLISTIC THERAPY Reiki ther. OPEN TO ALL 7	POT LUCK DINNER CALL OFFICE FOR ADDRESS 8	9	TAI CHI 10	11
HEALING CIRCLE 12 FUNDRAISER KING & QUEEN OF HEARTS (6pm) BASIN STREET	BUSINESS MEETING 13	HOLISTIC THERAPY P.W.A.'S AND ARC ONLY 14	15	16	TAI CHI 17	18
HEALING CIRCLE 19	BUSINESS MEETING 20	HOLISTIC THERAPY OPEN TO ALL "TOUCH FOR HEALTH" 21	22	23	TAI CHI 24	25
HEALING CIRCLE 26	BUSINESS MEETING 27	HOLISTIC THERAPY P.W.A.'S AND ARC ONLY 28	29	30		