

How Long for a Clean Urine?

This information is intended generally only, and cannot be guaranteed for accuracy.

This list was compiled from a variety of drug testing labs, medical authorities and Internet reports. The times given refer to the standard urine test; other tests may be more specific and accurate. Detection times will vary depending on the type of test used, amount and frequency of drug use, metabolism, and general health. As well, as amount of fluid intake and exercise.

Remember, the first urine of the day will contain more metabolites (drug by-products detected by tests) than usual, so urinating a few times before the test will reduce the chance of a positive result.

ALCOHOL 8-12 hours

AMPHETAMINES 2-4 days

BARBITUATES

Short acting (e.g. Seconol) 1 day

Long acting (e.g. Phenobarbital) 2-3 weeks

BENZIDIAZEPINES 3-7 days

CANNABIS 3-30 days

Chronic use up to 11 weeks

COCAINE 2-4 days

ECSTACY (MDA & MDMA) 1-3 days

Not detectable in standard test, special test required.

LSD 1-4 days

Not detectable in standard test, special test required.

PCP 10-14 days

CODEINE 2-5 days

METHADONE 3-5 days

OPIATES (heroin, morphine) 2-4 days