

VANDU CRACK KIT

- This 'crack kit' was put together by **VANDU – The Vancouver Area Network of Drug Users**. A group of current and former users dedicated to improving the lives of persons who use illicit drugs; through user based peer support, education and harm reduction.
- The reason for this kit is to help prevent the spread of Hepatitis B & C, HIV, and TB. Infections are spread through sharing because of cuts and burns to your mouth. A mouthpiece will help prevent burns from the hot end or cuts from jagged edges. Never share your mouthpieces or pipes. A little bit of Vaseline will help to prevent your lips from cracking. Do **not** use Vaseline on condoms.
- It is better to use stainless steel or brass screens than brillo. Brillo can break off when burnt and can cause damage to your throat & lungs if inhaled. Use 5 or more screens in your pipe, press them together with your 'push stick'.
- When you use matches, wait for the sulphur to burn off so you don't inhale the fumes.

If you have any other questions or concerns contact:

VANDU – 50 East Hastings St. – Upstairs
Vancouver, BC
V6A-1N1
(604) 683-6061
E-mail: vandu@vandu.org
Website: www.vandu.org

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