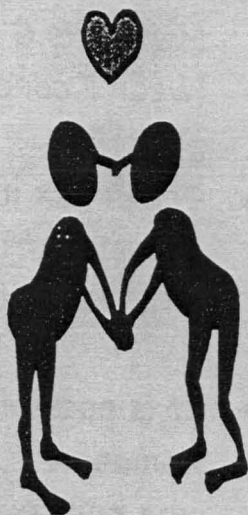


Sex And Hepatitis C



Produced by
Hepatitis C Peer Support Project
Bissell Centre
10527 96 Street
Edmonton, AB
423-2285 ext 257

Did you know:

- About 1-3% of people get Hepatitis C by having sex with someone who is infected with the Hepatitis C virus
- If you are in a long term monogamous relationship, (having sex with only one person) the risk of getting Hepatitis C is very low (wear a condom during a period)
- Rough sex increases the chances of being infected with Hepatitis C
- It is possible for a woman with Hepatitis C who has sex during a period to infect her partner.
- It is possible to infect a person using a Hepatitis C infected Sex Toy

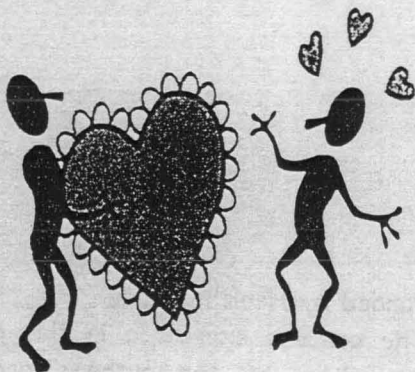
If you have Hepatitis C

ALWAYS

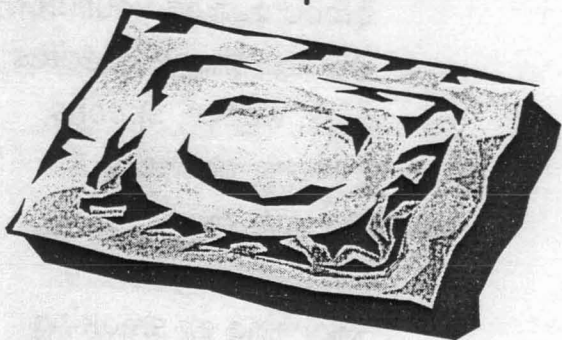
- Use lots of lube
- Wear a condom
- Avoid sex during a period
- Tell your partner
- Use a condom on Sex Toys

YOU CAN:

- Kiss/French Kiss
(Do not if you have open sores)
- Give or receive oral sex and swallow (do not if you have open sores)
- Finger penetration (do not if your finger is cut)



You are more likely to become infected with Hepatitis C if you have a lot of sex partners



**ALWAYS USE A
CONDOM**

You can get free condoms at:

- Streetworks 424-4106
- STD Clinic 413-5156
- HIV Edmonton 488-5742
- Bissell Centre 423-2285
- Boyle McCauley Health
Centre 422-7333
- Boyle Street Co-Op
424-4106

Protect yourself and others from getting Hepatitis C

- Keep other people's blood out of your body
- Do not share needles, rigs, water, spoons, filters, cookers,
- Do not share tubes, straws, or pipes if snorting or smoking
- Do not share needles, caps or ink for tattooing
- Do not share earrings, studs or needles used for body piercing
- Do not share razors, toothbrushes; or nail clippers
- Avoid getting into fights
- Cover open sores or breaks in the skin
- Practice safe sex (use condoms especially during a period)

For more information contact:

- Your Doctor
- Bissell Centre 423-2285
- STD Clinic 413-5156
- Streetworks 424-4106
- HIV Edmonton 488-5742
- Boyle McCauley 422-7333
- Public Health 413-4977
- Canadian Liver Foundation
444-1547 or Toll Free at
1-888-557-5516

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The opinions expressed in this publication are those of the author's and do not necessarily represent the official policy of Health Canada.