# What about fighting and biting?

No one has ever got the HIV virus through biting or fighting. Though this is a theoretical risk (could possibly happen) it has not. When you bleed, your blood is pushing out, so it makes it hard for someone else's blood to get into your cut. To become infected with the HIV virus, the virus has to enter your blood stream, so your skin is a great defense.

Remember --- you can not tell by looking at someone if they have the HIV virus. A lot of people have the HIV virus but do not know it until they go for a test. Respect yourself and others by practicing safer sex and needle use.

So ... if someone on your range is HIV positive, you could:

- Educate yourself on HIV/AIDS
- Stop rumours and misinformation
- Treat the person as you would anyone else
- Respect their privacy
- Be a buddy they could probably use a friend
- Call someone to get the answers you need

PASAN
(416) 920-9567
Call Collect
AIDS Hotline
(416) 392-2437
or
1-800-668-2437
Call Collect

# FACT vs FICTION



Prisoners with HIV/AIDS Support Action Network
489 College Street, Suite 405
Toronto, Ontario M6G 1A5

Phone 416-920-9567

We Accept Collect Calls From Prisoners in Canada think someone on your range has 1. or AIDS, maybe it is even your cell partner.

### WHAT YOU NEED TO KNOW

So ... the <u>ONLY</u> way the HIV virus can enter your body is through:

# You might be feeling:

- Angry
- someone should have
- Scared
- can you get HIV from
- him/her?
- Pissed off
- they should not be on a
  - range
- Sad
- why did this happen to
  - someone you like?
- Concerned what can you do to help him/her?

## You might want to:

- Get him/her kicked off the range
- Get him/her 'checked in'
- Let everyone else know
- Ignore and isolate the person

# What you can do:

- Ask questions and educate yourself maybe go to an HIV information session
- Be a friend
- Be supportive and compassionate

You <u>CAN NOT</u> get the HIV virus from:

- Sharing a cell
- Sharing food/drinks/forks/spoons
- Playing cards
- Playing sports together
- Shaking hands
- Kissing and hugging
- Saliva
- Sweat
- Tears

HIV is ONLY passed through these body fluids:

- Blood
- Cum (sperm/semen)
- Pussy juices (women's vaginal fluid)
- Mother's milk

- Sharing your works needle, spoon, fitter, water, or bleach for shooting up
  - Sharing needles and ink or dye for tattooing and body piercing
- Sharing sharps for cutting

So ... unless you are participating in these high risk activities, YOU, as an HIV negative person are at no risk at all of getting the HIV virus.