

**Other D.E.Y.A.S.
Services:**

Youth Action Centre (YAC)
and Lifeskills workers

(604) 602-9747

Alcohol and Drug Counsellors

(604) 685-6561



**D.E.Y.A.S. Youth
Services Detox
Program**

For youth 21 and under,
with priority given to youth
18 years of age and under.

Email:

D.E.Y.A.S.YouthServices@shaw.ca

Toll Free: 1-866-251-7615

Services Provided:

D.E.Y.A.S. provides a safe place for youth to withdrawal from drugs and alcohol. It is a 24 hour staff supported program. Youth stay in the program for the duration of their withdrawal symptoms and are able to explore and work on their post-detox options while with us.

Youth can access assistance with the following options:

- ❖ Housing
- ❖ Treatment
- ❖ Recovery programs
- ❖ Methadone Maintenance
- ❖ MCFD/E.A. Concerns
- ❖ Advocacy
- ❖ Referrals
- ❖ STD/HIV/Hep. C information
- ❖ Prevention Information/workshops
- ❖ Recreational Activities
- ❖ Supportive Environment
- ❖ Brief Intervention Counselling
- ❖ Individualized Treatment Planning
- ❖ And More...

How long can youth stay in the program?

The program is designed for the physical portion of withdrawal. We work with youth on an individual basis so the time one would spend in detox would depend on immediate shelter and treatment or recovery plans. The average withdrawal time period is usually 3 – 7 days. Youth will stay longer depending on their situation and the availability of shelter.

How can I get these plans done while in Detox?

Alcohol and drug counsellors can be contacted to meet with youth while in our program for referrals to treatment, recovery and support. Lifeskills workers and D.E.Y.A.S. staff can be contacted to assist in accomplishing tasks for post-detox plans.

Alcohol and drug counsellors and Lifeskills workers will continue to be available to support youth even after they leave the detox program as all plans are not likely to be completed during detox.

If youth are unable to secure E.A. funding or safe housing they will be referred to a safe house of shelter upon leaving the program so that they can continue to work on plans from there.

Upon intake:

Youth are brought for a brief medical assessment at a local clinic. This is to ensure that the youth are fit to detox and that any medical concerns are addressed. People that use drugs and alcohol often develop health problems as a result of using or risky behavior linked to using. The doctor may also decide to prescribe medications to help with withdrawal symptoms. These medications will be dispensed by D.E.Y.A.S. staff, as prescribed by the doctor. Youth may decide not to take any medication. Youth may also choose to continue to take prescribed methadone while in the program.

Important to know:

Most youth will not have an opportunity to transition directly from detox in to treatment because treatment centres often have lengthy waiting lists. Many youth will need to stay at a shelter while awaiting intake to treatment.

There is a 3 week waiting period after filling out the application to receive E.A. If you are planning to apply, the sooner you apply the sooner you will receive E.A. During the 3 week waiting period youth are able to access shelter.