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Deyas Alcohol & Drug Program

DEYAS offers counselling to adults and youth to support them in dealing with alcohol or drug addictions, HIV or hepatitis infections and other related issues. Services provided include one to one counseling, detox referrals, treatment referrals, recovery house referrals, and support. Client advocacy where appropriate, advice on harm reduction and referrals to medical, housing and other relevant community services. Clients may see the counselor on a drop-in basis or setting up appointments. Outreach appointments are also available



604-685-7300

Office hours 9:00 am – 5:00 pm

Monday thru Saturday.

Closed 12:00 pm – 1:00 pm for lunch.

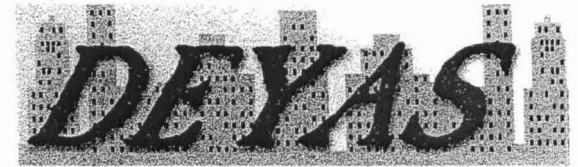


Downtown EastSide Youth Activities Society

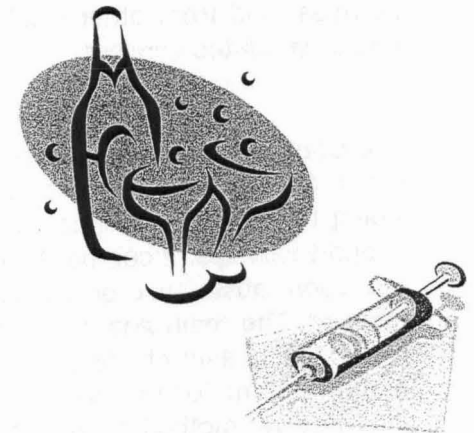
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Alcohol & Drug Counselling Program



Downtown EastSide Youth Activities Society

Telephone 604-685-7300



DEYAS ALCOHOL AND DRUG PROGRAM

The DEYAS Alcohol & Drug

Counselling Program provides counselling, information, referrals and advocacy to high risk adult and youth clients located in the Downtown Eastside / Hastings Corridor area of Vancouver. Client referrals come from other DEYAS programs, particularly from the Needle Exchange and the Health Outreach Van, from other community agencies and groups, from local healthcare services, and from other alcohol and drug related services.

The Counselling program uses a client focused approach to providing treatment, prevention and support services. It can be harm reduction, abstinence or solution focused. The main goal is to improve the quality of life through empowerment for the client, using whatever method or combination necessary.

Current activities undertaken by the counsellors include:

- one to one counselling
- assessments
- developing community relations
- lifestyle and life skills planning
- education
- couple and family support
- drug and alcohol education
- counselling and support for youth, particularly youth who are recently too old or are about to be too old to use youth-specific services and programs
- support on HIV/AIDS, hepatitis and other medical conditions
- coordinating and developing support groups
- referrals to other resources, such as AIDS/ HIV support programs.

Planning is currently underway to develop groups for individuals who have “cleaned up” to help them make the transition away from drug and/or alcohol based lifestyles.

The DEYAS Alcohol and Drug counselling program, currently comprised of four counsellors, is available for appointments Monday through Saturday from 9am to 5pm, as well as some evenings. Counsellors also provide services at the WISH Drop-In for sex trade workers, Kiwassa Neighbourhood

House and upon request to persons in recovery houses and pre-trial and correctional facilities.

Services are tailored to specific client needs and as such, are not easily classified. For example, clients in these catchments areas may need to access counselling on an occasional basis for a number months before they will be ready to try detox, or alternately, they may go through detox a number of times before they are ready to enter a treatment facility. Successful intervention with a client may mean simply teaching the person how to minimize and better control drug intake. The client caseload for the program is potentially as large as there are workers and time to provide services.

Counselling services provided by:

Cyndy Gorman Cell: 604 961- 6977

Randy Buxton Cell: 617-0044

David Huynh Cell: 604 649-7990

Laurie Winters Cell: 604 808- 0074

Email

counsellors@deyas.org