

The Update

VANCOUVER ISLAND AIDS SOCIETY

OCTOBER 1989

VOLUME 2, NUMBER 9

Update Update - Smaller Name, Bigger Audience

As you may have noticed from the masthead, the Volunteer Update is now simply...the Update. This change represents our efforts to inform a wider audience with our newsletter. Starting with this edition members of the society, volunteers and staff will all be receiving the Update. I think this is a good change as it reflects AIDS Vancouver Island's commitment to keeping people informed. I hope you like the new Update.

— Larry

Volunteers Do Big Time

The following is an excerpt from a Canadian Press story in the Times-Colonist, August 31, 1989.

OTTAWA - More than five million Canadians worked as volunteers between the autumn of 1986 and the fall of 1987, contributing more than one billion hours of their time, Statistics Canada says.

Time contributed by the 5.3 million volunteers was the equivalent of about 500,000 full-time jobs for one year, the agency said.

Almost two-thirds of all volunteers held regular employment.

Women were more likely to volunteer their time. About 30 per cent of women did so compared to 24 per cent of men.

Way to go A.V.I.! Our contribution in this total is about 9,000 volunteer hours and rising steadily.

Care for the Caregiver

The Hospice Program Unit of the Anglican Diocese of New Westminster is sponsoring the **Fourth Annual Grief Conference on Saturday, November 4, 1989** at the Willingdon Church in Burnaby. The one day conference will focus on self-care and burnout prevention for professionals, volunteers and family members in supportive roles.

Persons interested in attending this conference are asked to see Li as soon as possible.

EDITORIAL

Excuses, Excuses...

Again, apologies for the lateness of this issue. I bet a lot of you readers are thinking, "So much for desktop publishing...I thought it was supposed to, you know, like speed things up or something..." Well, it's a fast-moving industry all right; and A.V.I. is a fast-moving organization, and, as we all appreciate, mutable as the moon...things just develop overnight...you know. Though it seems like I just got here, and just started editing, designing and producing this publication, it's already time for me and the other Technical Supporters to be moving onward and upward (see pages 3 and 4); and so, I began training Daryl Jensen in desktop publishing. Then, Mr. Eacrett and I were sent to San Francisco for a computer publishing convention right when the Update normally gets put together. I had to dump the whole thing in Daryl's lap and although he has done an admirable job with the patchy instructions I left for him, he

...continued on page 4

CONTENTS

VOLUNTEER NEWS.....	2, 3
LETTER FROM THE MAYOR.....	2
POET'S CORNER.....	2
CLASSIFIED ADS.....	3, 4
TECHNICAL DIFFICULTIES.....	4
CALENDAR OF EVENTS.....	5

Welcome, new volunteers! You're just in time for...



READ THE FINE PRINT

The Volunteer Update is published monthly by the Vancouver Island AIDS Society. K.G. (Kat) Cruickshank, Editor; D. Jensen, Assistant. Submissions are very welcome and should be typewritten or word-processed. Deadline for written material is the third Wednesday of each month. Kall Kat (384-1511) for more details.

Support Training Locations

All training for the Support Program will be taking place in Room 002 in the basement of Begbie Hall, Royal Jubilee Hospital.

Who is that masked man?

The picture of the man with mask that is hanging in the in the business office was donated by Noel Silver, the artist who now lives in Vancouver. It was one of a series of four pictures done by Noel depicting various masks, or personnas, affecting gay males. This one is the "aging" mask. I felt it was appropriate for our times. Gay men are "aging" much too fast because of AIDS. The painting was donated in September 1986 when AIDS Vancouver Island occupied an office on the second floor of the old Health Department building at 1947 Cook Street.

— H. Grant Sullivan

Congratulations, Jim!

A.V.I. volunteers and staff are cordially invited to attend a pot luck wedding ceremony at **Cap Yates Park, Nanaimo** (on the corner of Fitzwilliam and Wallace) on Wednesday, October 18.

A Smile from City Hall!

The following is a letter from the office of the Mayor of Victoria.

Dear Volunteers of AIDS Vancouver Island:

During a recent meeting with Larry Frost and Toni Graeme it was brought to my attention the outstanding contribution that you have made to the community.

I am aware of the gravity of the AIDS reality in Victoria and recognize your dedication and commitment to providing ongoing education, public awareness and the support services for all persons with concerns about AIDS issues.

On behalf of the City of Victoria, may I take this opportunity to extend my heartfelt thanks for all your hard work.

Yours very truly,
Gretchen Brewin
MAYOR

Speak Gently!

*Speak gently! It is better far
To rule by love than fear;
Speak gently; let no harsh words mar
The good we might do here!*

*Speak gently! Love doth whisper low
The vow that true hearts bind;
And gently Friendship's accounts flow;
Affection's voice is kind.*

*Speak gently to the little child!
Its love be sure to gain;
Teach it in accents soft and mild;
It may not long remain.*

*Speak gently to the young, for they
Will have enough to bear;
Pass through this life as best they may,
'Tis full of anxious care!*

*Speak gently to the aged one,
Grieve not the care-worn heart;
Whose sands of life are nearly run,
Let such in peace depart!*

*Speak gently, kindly, to the poor;
Let no harsh tone be heard;
They have enough they must endure,
Without an unkind word!*

*Speak gently to the erring; know
They may have toiled in vain;
Perchance unkindness made them so:
Oh, win them back again!*

*Speak gently! He who gave his life
To bend man's stubborn will,
When elements were in fierce strife,
Said to them, "Peace, be still."*

*Speak gently! tis a little thing
Dropped in the heart's deep well;
The good, the joy, that it may bring,
Eternity shall tell.*

DAVID BATES (SUBMITTED BY LARRY FROST)

Volunteers take note.

The Vancouver Men's Chorus with Louise Rose will be performing November 25, 1989 at the Victoria Conference Centre; an AIDS Vancouver Island sponsored event. If you would like to help out, see Suzanne.

The Quilt is Coming to Victoria!

The Canadian component of the AIDS Memorial Quilt will be displayed November 30 and December 1, 2 and 3, 1989 to coincide with World AIDS Day, December 1. The show will take place at Fran Willis - North Park Gallery, 1619 Store Street (upstairs), Victoria, B.C. The showing times are to be announced.

Those people wishing to make panels, volunteer to help or donate funds to bring the quilt here, please contact:

The Names Project - Victoria Host Committee
c/o AIDS Vancouver Island
108 - 1175 Cook Street
Victoria, B.C. V8V 4A1

Or phone 384-2366 (AIDS Vancouver Island) or 592-5586 (Wayne Cook) to leave a message.

pro-MOTION-day

Further to the announcement of the United Way's pro-MOTION-day to be held at the University of Victoria Centennial Stadium Sunday, October 1, 1989, 25% of the money raised will go to AIDS Vancouver Island. Information as to pledge forms, entry fees and event schedules may be obtained from Li. Let's get out there and run, walk or wheel the United Way!

The Update Classifieds

Help Wanted...

Medical Columnist

The Update is looking for a medical professional (M.D., R.N., etc) to write a monthly feature on AIDS-related medical issues, e.g. testing available, opportunistic infections, new drugs, etc. If you are familiar with AIDS and the local medical scene, and can spare the time to write two to five hundred words per month on a timely medical topic, please get in touch with Wayne Cook through the main office. Now that the Update is serving both volunteers and members of A.V.I., its enlarged circulation means that we have the potential to reach many people who might not otherwise come to us.

Help Wanted...

Volunteer Coordinator Vancouver PWA Society

A twenty hour per week position with a salary range of \$11,000 to \$15,000 per annum plus benefits is opening with the PWA Society in Vancouver. The qualifications for the position are a post secondary education and/or related experience; familiarity with the community and its resources; previous experience in working as a volunteer and volunteer management. Other relevant experience: Public speaking, Fundraising and Proposal writing.

The successful applicant will be HIV aware and Gay sensitive. A job description and further information is available from Chris Sabean at 683-3381. Resumes may also be sent to:

Mr. Chris Sabean, General Manager
PWA Society
P.O. Box 136
1215 Davie Street
Vancouver, B.C.
V6E 1N4

Application deadline is October 15, 1989.

Wanted...

Furniture Wanted

Help me get settled into my apartment. I need a chest of drawers and a book shelf and a small table.

Call Dennis at 592-8348.

Living Space Wanted

Studio or small one bedroom apartment for a non-drinking, non-smoking, vegetarian, lesbian feminist. Please contact Li at AIDS Vancouver Island.

Help Available...

Kat Cruickshank is, as you probably know, the Technical Support Program's Computer Cowpoke Version 1.0 and is the designer, editor, and production staff of the Update. Her background is in physics, music, visual arts and sundry technological stuff.

Kat is seeking work in desktop publishing, digital illustration, software training, personal system consulting, etc. She is trying to get a freelance technical support business off the ground.

Todd Eacrett is currently the Database Dude and Console Cowboy No. 2 of the Technical Support Program. He has an academic background in Social Sciences and experience in research and analysis, statistics, and data management.

Todd is looking for a position in data management or research (preferably in a social service or non-profit environment) or a grad school with a good sociology program. He is also looking for a buyer for a 1961 Austin Healey Sprite (Mk. II).

Help Available...(continued)

Peter Lancaster's background is clerical, financial and administrative. He is seeking a position as an administrative assistant, or a position that would utilize all of these skills. He has written most of AIDS Vancouver Island's policy and procedure manual and he is familiar with MS-Word, WordPerfect, MS-DOS, Lotus, Bedford, PageMaker and dBase IV. He has a secondary school diploma in Business and Commerce and two years' experience at the Community College level in Arts and Science.

Claudine Gibb is looking for a secretarial position which will enable her to put to work the skills which she has learned throughout this job development. She has set up the Technical Support Program's bookkeeping on Bedford and uses that system on a daily basis as well as Word Perfect 5.0. Further to her computer experience are MS-DOS, Lotus 1-2-3, dBase IV and PageMaker. She types 50 W.P.M.

Should one of these individuals meet with your needs for employment please contact AIDS Vancouver Island at 384-2366 or the Technical Support Office at 384-1511.

and now, it's time for...

Editorial (from Page 1)

has nonetheless run up against a Great Truth about High Technology – *it doesn't necessarily save time*. And desktop publishing technology is not very easy to learn, especially when you are in a hurry. I'm looking forward to having Daryl as an assistant for the next several months (even when my paid job ends here, I will be staying on as a volunteer to edit the Update and provide training and troubleshooting for A.V.I.'s computer users). We have the nicest looking volunteer/member newsletter of any AIDS organization in Canada (Li said this, not me). So please bear with the delays, just relax and know you're getting the best.

Oh yeah...about those submission deadlines. I'm serious, we need your submissions in by the **third Wednesday of each month**. Otherwise, lateness will probably be the rule and I will have more grey hairs.

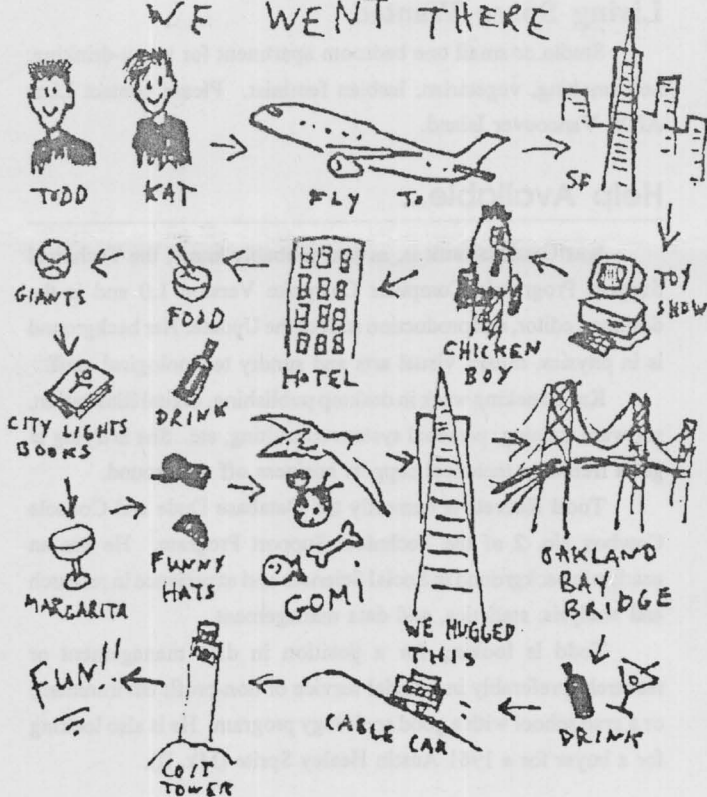
Nothing ever remains the same for long...all I want this time is not to have to change the masthead again.

— Kat

Technical Difficulties

THERE WAS AMERIKA

WE WENT THERE



Room 222 is beginning to resemble the Marie Celeste as the Technical Support Program phases into its last stage: Work Placements.

This is sort of a practicum arrangement whereby we four trainees get placed in our area of specialty with some outside firm or organization, in order to get workplace experience.

Todd and Claudine are already out and working for part of each week: Todd is doing database work with the Centre for Business and Industrial Development at the University of Victoria, and Claudine is now working with the Regional Director of the Red Cross.

Peter is going out to work with the United Way. He's been placed smack dab in the middle of their campaign! Good luck, Peter.

I will be starting work with Avant Garde Communications, a local graphic design firm, in October. This means that our computers will be free for extended periods for all of you Word Perfect fans out there. This is your chance to get some of that longed-for practice in!


For those of you experiencing *Technical Difficulties*, I will still be here on Thursdays and Fridays.

— Kat..



NOTE: Women's support group meets on Thursdays at 7:30 pm in the A.V.I. office.

October 1989

S	M	T	W	T	F	S
1	2	3 Helpline meeting 6:45 pm	4	5 Coordinators' meeting 10:30 am Business meeting 3:00 pm Support Training 7 - 10 pm Women's support group 7:30	6	7
8	9 Thanksgiving Office closed	10 Board meeting 7:30 pm Begbie Hall, Royal Jubilee Hospital	11	12 Business meeting 3:00 pm Women's support group 7:30	13 Support Training 7 - 10 pm	14 Support Training 10 am - 4 pm
15	16 Support meeting 6:45 pm	17	18	19 Coordinators' meeting 10:30 am Business meeting 3:00 pm Support Training 7 - 10 pm Women's support group 7:30	20	21 Helpline Training 9 am - 4 pm
22	23	24	25	26 Business meeting 3:00 pm Support Training 7 - 10 pm Women's support group 7:30	27	28 Helpline Training 9 am - 4 pm
29	30 Support meeting 6:45 pm	31 		<div style="border: 1px solid black; padding: 5px;"> <p>ERRATUM: On last month's Calendar, business meetings were listed at their old time of 12:30 pm. They are actually at 3:00 pm. I apologize for any inconvenience this may have caused.</p> <p style="text-align: right;">— Kat</p> </div>		

HALLOWEEN PARTY!!! Saturday, October 28 at Nairn's place.
1693 Earle St. (off St. Charles near Fairfield Plaza)
Clothes compulsory. BYOB; BYO Munchies.



When the going gets weird, the weird turn pro.

— Hunter S. Thompson