

# The Update

a publication of AIDS Vancouver Island

JUNE 1993

Volume 6, Number 6

## ***Racism and AIDS***

*This month the Update is featuring an interview with Roshni Narain, the new Support Worker for AVI. This interview is an attempt to promote understanding and reflection in our agency, around the issue of racism.* Robert Gray, Editor

**Robert:** So let's pretend I am the King of all AIDS organizations; what advice would you give me so that I might become more aware of my own racism, sexism and homophobia?

**Roshni:** Make me Queen!

**Robert:** I want to discuss racism as a power which can put people in a position where they are more likely to get HIV.

***We are all racist, but the important question is, how racist are we?***

**Roshni:** I think the first thing to talk about is how a lot of people say, 'Oh my goodness, I feel so guilty.' [Racism] is not a guilt issue. We can't spend our time feeling guilty or defending ourselves against what we have or have not done specifically. We should be moving ahead and learning from the mistakes that we will make or have made. People often say they are not racist when it is not a matter of whether or not you are. We live in a racist, sexist, homophobic society. We are all racist, but the important question is, how racist are we?

***Racism is not a guilt issue.***

(continued on page 2)

## **CELEBRATE OUR DIFFERENCES!**

How would you like to participate in a unique cultural experience, while helping to raise funds for AIDS Vancouver Island? AVI has been invited to be a part of **Celebrating Our Differences**, an evening of celebration in honour of the Kwagut (also written *Kwagliulth*) Youth Dancers and AIDS Vancouver Island.

The Kwagut Youth Dancers come from northern Vancouver Island and range in age from eight to seventeen. They seek to understand the meaning of their culture and spirituality through the performance of traditional dances and songs. The dancers are presently raising funds to travel to New Zealand to share their discoveries with other aboriginal youth.

On June 19, a special fundraising evening will be held, with proceeds directed toward the Kwagut Youth Dancers and AIDS Vancouver Island. The event is formal; the theme is purple, a color associated with healing, which the Native and AVI communities understand only too well. The evening begins at 6 p.m. at the Crystal Gardens with a feast. While you're enjoying specially prepared food, a narrator will explain the history of the youth dances and the significance of their traditional clothing. The feast will close with a short performance by the dancers (I've seen Kwagut dancing on three occasions, each time more powerful and more moving than the time before).

After the feast, the festivities continue with a fundraising auction. Don't miss the opportunity to bid on paintings, carvings and weavings by well-known Coast Salish and Kwagut artists, as well as many other items and services donated by members of the Native and AVI communities. All proceeds from the auction will enable both communities to continue to provide important services. After the auction, the celebration continues with a closing party - music and dancing - for everyone.

Join us June 19, to share our lives and the common spirit of our work. Tickets for the entire fundraising evening are only \$40, and are available at AVI. See you there for an evening you won't forget!

*Christine Morissette*  
President, Board of Directors

Reference Material  
NOT FOR LOAN  
AVI Resource Centre

**-800-665-AIDS (2437)**  
**84-4554 (GREATER VICTORIA)**

## THE UPDATE

The Update is published monthly as a service to members. One-year subscriptions are available for \$15.00. Typed submissions and letters to the Editor are welcome, c/o AVI #304-733 Johnson Street, Victoria, BC, V8W 3C7. The Update will print no sexist, racist or homophobic copy and will cover issues and events from perspectives which will initiate positive change in the work done by and for AIDS Vancouver Island. The appearance of any advertisements, treatment information or letters to the editor, do not imply endorsement by AIDS Vancouver Island. Submissions may be edited for conciseness and grammatical correctness. AIDS Vancouver Island will not be responsible for errors or omissions.

### CONTRIBUTORS

Editor.....Robert Gray

Thanks to: D. Eastwood, N. Lemley, Frances H., Melanie C.,

(continued from page 1)

Robert: So there is a racist spectrum rather than a sort of yes/no, black/white set-up?

## Some forms of racism are more subtle and therefore harder to fight.

Roshni: Yes. I mean, I certainly don't deny that I am racist; I have a lot of internalized hatred which I can use against myself. I try to think that I am fairly aware of the issues and the ugly realities, but it's still something that happens. I have never met a person who is not racist in Canada. But I think that what begins to become apparent is that there are subtleties in racism. Not everyone is in your face with a swastika. Some forms of racism are more subtle and, therefore, harder to fight.

Robert: You and I were talking earlier about the scenario of a First Nations woman working on the streets in the sex trade. Her situation could be connected with poverty and sexism. Do you think the sexist, classist conditions which surround her allow racism to exist unarticulated?

Roshni: There are a lot of isms under patriarchy. With your example of a First Nations woman working in the sex-trade, on the streets we could look at class we could look at sexism or we could look at race, and they are all reasons why she is on the streets and they all impact on her life; they are all interconnected. I think there is only so much that AVI can do in terms of racism, sexism, hetero-sexism, homophobia etc. What we have to work at is what we can do within our agency. It is like peeling an onion. Like the example you made of the woman, you take her as a whole and you have to start looking but you have to move slowly. The poverty, the prejudism, all the things that patriarchy has used against her make the spoiled spots. You have to go deep to get past the damage. As a care-giver and support worker I have to ask myself, am I really taking into account her needs and looking past my own middle classism. Another thing to think about is, how is this woman going to be treated by the medical establishment? Medicine has hardly been sympathetic to different races.

Robert: Or to women.

Roshni: Yes, there is a class issue there as well with access to services, types of services available, how much you can trust what the doctor is telling you and how okay it is to assert yourself with doctors and the medical profession. When certain doors are slammed, for me as a non-white woman, they begin to represent a certain something which causes me great discomfort.

### VANCOUVER ISLAND AIDS SOCIETY

(NON-PROFIT REGISTRATION # 0756957-11-28).

#### MANDATE

"AIDS Vancouver Island shall confront Acquired Immune Deficiency Syndrome, prevent its spread through education, support all those affected by the disease, and advocate on their behalf."

#### BOARD OF DIRECTORS

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Education Assistant.....Barb Chester

**Robert:** As care givers and educators do you think we should be more aware of the racism outside and inside our work?

**Roshni:** Yes, because in both instances it works against us. I think we have to start doing, which I don't see happening here in Victoria: addressing different ethnic groups, different races and different cultures. I don't know how much work we are doing in reaching out. Are we looking at what HIV and AIDS looks like in countries that people are immigrating from? There is a gap between how AIDS affects people in these countries and how it effects people in North America. For women coming from India or Indonesia, the education required would be a lot different. A lot of these women are isolated, there is a huge language barrier and a lot of them may not speak English which is what a lot of the educational material is written in. Women from my own community may not be allowed to go to places where educational material is available. Their involvement in society is limited to a circle of their family members. Women are in arranged marriages so while they are meant to be virgins that's not always true for the men in my community. Men have an amazing amount of power. The women are in a new country, in the hands of their husbands families. How do we reach women like that? I don't want people to think this is a worst case scenario; it is a very common scenario in my community. There are not many ways that the women can reach out on their own.

**Robert:** What can we do in these situations, where women can't ask for help?

**Roshni:** I think that more women's groups should be supported...

**Robert:** Like the situation with the Women's Support group at AVI?

**Roshni:** Yes, except I guess I am thinking more like an Inter-cultural association. In Vancouver they have Oasis and Mosaic which have lots of programs for immigrant women. In an agency like that they can provide educational material and hopefully through word of mouth, groups like that can be exposed to other women. In Vancouver, for example, there are groups for women in arranged marriages. There are groups that are trying to reach out more and more to them; more so around issues like family violence. When women come into groups like that there should be trained personnel that have information in the appropriate language.

**Robert:** I think quite often, you see conferences on racism and culture that put out invitations to different cultural groups, but do not involve these groups in the structure, the direction etc. We have to realize that there is racism built into the structure of our agency, that we need to re-construct the framework working with different cultural groups, instead of inviting them to see the

## ***We have to take a front line in reaching out.***

aftermath. Do you agree with this?

**Roshni:** I think it's the responsibility of any agency; to reach out. That's my basic and only premise. We have to take a front line in reaching out. And if we do not reach anyone, that's okay. But, we have got to try. And I think we have to be aware of the things we do that marginalize others. I can honestly say that I don't always feel comfortable at AVI. Even the way the people in the office speak is very different from the way I have been brought up. I sometimes feel like the only dark face in a sea of whites.

**Robert:** Do you think that one of the problems between what we call marginal cultures is that I as a gay man might assume that I understand your oppression as a non-white woman because we are both marginalized by main stream culture? Do you think that AVI, an agency that has mostly come from a gay, white male position, might have assumed they understand other forms of marginalization?

**Roshni:** I think this assumption becomes obvious when it comes to the events and who organizes them. I mean look around at the staff and board members; they are mostly white, and middle class and this reflects itself in the events we organize. The entertainment and the cost of many of these events reveals that we are reaching one community (instead of many): a white, middle class male community.

**Robert:** Like the December event which, although we did not organize, we did participate in?

**Roshni:** I think that we have to start paying attention to things like that. We aren't expected to challenge the issues of the world, but what we can do is make sure that we don't make those mistakes within this agency.

**Robert:** I think your first point is really important, that this is not a guilt issue. Too often we are not sensitive to each other's work and the difficulties which we face. It's harder to work past the stress of our work and communicate that we are not making a personal attack, but only dealing with an issue, and the issue is racism.

**Roshni:** We have to be aware that we are a really white, middle class organization. Are we happy with that? Or, should we make changes? If we have a diversity of people we will have a diversity of voices. Until we include those voices which have been traditionally excluded, we as an organization are going to keep making the same mistakes that society has made and still makes.\*

***We have to be aware that we are a really white, middle class organization. Are we happy with that? Or, should we make changes? If we have a diversity of people we will have a diversity of voices.***

## LETTER TO THE EDITOR

Dear Editor,

I just wanted to write a letter of thanks and I want to share with other volunteers the excitement I have felt working with AVI recently. What a week this past one has been, beginning with the Volunteer Recognition Event at the Victoria Art Gallery and ending with the strategic planning workshop at Harbour Towers!

It was a lot of fun to be the Master of Ceremonies at the recognition event, even if it did take me a while to get it straight that the jazz group was a quartet instead of a quintet. Thank-you Noah Becker Jazz Quartet.

I learned a lot about AVI and its work as I listened to the parade of volunteers and understood their efforts. Surely, all who attended felt good to be included in such a group.

Then, a few days later, the staff and board workshop focused on ways and means of meeting our mandate in the time ahead. Scott Robertson, our facilitator, supported us in our efforts, helped us to understand each other as individuals and as a collective group, and advocated our recognition of our own corporate identity and our collective will to make AVI more efficient and humane. And it was not all easy either! We had to rise above the exhaustion of a week's work to face a new task and some of us had to overcome our shyness.

We were all grateful for the presence of several people who are unfortunately leaving us, and to our special guests, Moffat Clark and Rita Bhatia of Health and Welfare Canada who contributed as well. Spend that long with so many serious and dedicated people and the moments of reflection and realization multiply.

There is much work to do and AVI clearly has a team of staff and board members who will meet the challenges together. One last note: I appreciated the fact that the food and refreshments that fueled our efforts were nourishing and refreshing without being extravagant. Thanks for the opportunity to share my excitement and enthusiasm and for these opportunities to serve as a volunteer with AVI at this dynamic time in its evolution.

Yours truly, Ned Lemley

### VOLUNTEERS NEEDED

**Bizarre Bazaar:** July marks AVI's Fourth Annual Bazaar. Start sorting your stuff. If you are interested in sorting, pricing, and otherwise preparing for this event, call JoAnn.

## VOLUNTEER NEWS

### HELP FOR THE SUMMER

AVI has been fortunate to secure a Challenge'93 grant to hire a summer student. This is a thinly disguised attempt to organize JoAnn and the volunteer program! Our thanks to all who applied for the position, especially the 4 AVI volunteers who were interviewed. The Volunteer Assistant this summer is Bryan Young, a former Helpline volunteer working on his M.A. in English at UVic. Bryan will be establishing a database for volunteer management as well as assisting in the screening of new volunteers, working with the next volunteer orientation sessions, and providing support to the new Special Events and Communications Officer in carrying out special events, fundraising activities and donor recruitment. Welcome Bryan!

### WELCOME HOLLY

We recently advertised for a Special Events and Communications Officer to work with the Coordinator of Volunteers and the Resource Development Committee of the Board. From the over 30 applications for this position, we are pleased to introduce the successful candidate - Holly Nelson!

Holly moved to BC almost a year ago from Calgary where she obtained her B.A. in Communication Studies. She has extensive experience with non-profit organization as Chair of Fundraising, initiating, coordinating and implementing fundraising and Special event plans and coordinating volunteers.

Holly assumes her new role on May 31, 1993.

Please join us in welcoming Holly to this new and exciting position at AVI.

*JoAnn Reid  
Coordinator of Volunteers*

### INTERESTED IN FUNDRAISING/SPECIAL EVENTS?

With the establishment of the new position related to special events, PR and Fundraising comes the need to establish an up to date roster of volunteers interested in this area. If you have experience in these areas or would like to develop the skills required to organize, promote and support awareness and fundraising events call JoAnn ASAP.

### AND THE WINNERS ARE...

Thanks to H. Grant S. and Adrienne M. for submitting their time sheets and winning the March and April draws. Grant wins a Care to Dance watch and Adrienne, a starving student, can take her friends to Swiss Chalet Chicken & Ribs for supper. Congratulations to both of you and thanks for your commitment to AVI.

## EDUCATION

As I sit down to write this column, the letter "P" hangs like a fat zeppelin before my eyes. I'm not sure why, but a lot of my thoughts this month seem to revolve around this most ordinary of letters.

**P is for Personnel** - In this case, the special person who comes to mind is Barb Chester. Barb, who has been working with AVI since last October, began May 3 on a permanent half-time basis as our Education Assistant. Congratulations once again, Barb!

**P is for Pamphlets and Posters** - There are a lot of education materials on the HIV/AIDS market, some of which AVI could use copies of. Instead of "reinventing the wheel", the Education Department is now in the process of stocking up on the most popular and useful of these pamphlets so that they may be distributed at speaks and displays. These materials are geared to HIV testing, AIDS in the Workplace, Women and AIDS, Talking to Children about HIV, Man to Man, and so on. The majority of these pamphlets will be available for pick-up at the main office (although where they will all be stored is another matter!). Our education staff are also scouring the landscape to find targeted and creative posters to beef up the poster resources. Which brings me to the next item on my list...

**P is for Poster Rack** - What a long awaited and wonderful new member of the family this item has become! A pine poster rack complete with slots for multiple copies of posters to be hung in a vertical fashion - via metal clamps - was constructed for AVI and given to us as a surprise. Thank you to these talented and

generous souls. For your information, the poster rack is located just outside Barb's office. I must brag that it's the best looking poster cabinet I've seen since coming to the West Coast (and I've checked out a few in our city and Vancouver).

**P is for Park Patrol Project** - This is a proposed new and exciting project at AVI. Identified as a need as recently as last Fall at a meeting of the Gay and Lesbian Focus Group at AVI, this is a joint initiative between Support Services and Education. The proposed aim is to reach out to gay and bisexual men who may be practising risky sexual behaviours in Beacon Hill Park. Right now, we're in the information gathering stage: we already have background materials from similar programs in Hamilton and Ottawa, and are looking at a program in California, too. **Note: We're also looking for "a few good men" to provide input and help get this important project off the ground. A volunteer Project Coordinator would be really helpful! If interested, kindly contact Curtis or myself.**

**P is for Paul** - As in Paul Leger. As many of you probably know by now, Paul is leaving us for the sunny weather and good times in Ontario. Seriously, though, Paul was one of the first volunteers whom I met and someone whose humour and good heart I shall really miss.

**P is for Playoffs** - I'm talking about the NHL now. For the hockey fans among us (okay, I'm guilty) isn't it great to know that for the past 4 weeks and the next 2 weeks straight we can tune into the CBC for our daily fix. Let's hope that the "bleu blanc et rouge" or whatever your favourite team is can win it all this year. Enjoy!

*Aaron Severs  
Coordinator of Education Services*

### CIRCLE THESE DATES

1. **Wednesday, June 9, 5:00 - 6:00 pm**  
AIDS Helpline meeting
2. **Thursday, June 10, 6:00 - 7:00 pm**  
Resource Centre meeting
3. **Thursday, June 17, 7:00 - 8:30 pm**  
Speakers Bureau and Education Committee meetings

For more details, please call Aaron at 384-2368  
All meetings at AVI. All volunteers welcome. If this is your specialty, please attend.

**REFRESHMENTS WILL BE SERVED**

### INTERESTED IN JOINING THE LESBIAN & GAY RIGHTS STRUGGLE?

We are looking for a few good women and men! We are starting a feminist lesbian and gay human rights alliance to lobby the provincial government for further changes to broaden and strengthen the BC Human Rights Act, to give the BC Human Rights Commission a stronger mandate, and for other changes to provincial laws. If you are a feminist and a politico involved in movements such as feminism, anti-racism, labour, anti-poverty, peace, lesbian/gay/bisexual rights, or AIDS activism and you like to lobby politicians, we have a group for you.

We are forming an alliance of lesbians, gay men, bisexuals, or het allies from a wide range of community groups to lobby the NDP government during this term of office. If you are not a member of a community group but are a feminist who has a knowledge of, and commitment to, lesbian & gay rights issues, call the S.W.A.G. office (at 381-1012) and leave your name and phone number for Morag.

## SUPPORT CORNER

Well, here it is already June! I thought it was time to send my greetings from "up Island". Since February, I've been working with AIDS-related community groups, offering support services to people living with HIV/AIDS, and making my way through the halls of secondary schools.

Roving up and down the Island Highway, it quickly becomes apparent that this is indeed a large island, with very diverse and, in some ways, isolated communities. The Island Outreach Project has certainly got its work cut out for it. But what a great team! Working closely with Curtis, Aaron, and the Chair of the Island Outreach Committee, Brian Barton, has been wonderful. It's been great to work with everyone at AVI as well as the community groups. The Project promises a lot.

It's still in the early stages - an exciting time. In early March, Brian and I met with representatives of community groups to discuss our hopes and visions for this project, which focuses on the three Island communities of Duncan, Nanaimo and the Comox Valley.

A highlight in March was the weekend that Aaron and Dale braved the Island Highway to co-facilitate a very well-received volunteer training designed for the needs of the North Island AIDS Coalition (NIAC), based out of Courtenay. A great weekend that certainly contributed to more of a sense of "community"- something that is so important in this work.

It's great to be a part of AVI's team.

*Shari Dunnet  
Support & Education Worker  
Island Outreach Project*

## SUPPORT NEWS

A reminder that the HIV Positive Women's Support Group takes place the first and third Wednesday of every month from 5:30 to 7:15p.m. in the Living Room. All Positive women are invited to attend. Dinner is provided. For more information, please contact Roshni at 384-1511.

**SUPPORT VOLUNTEER MEETING:** Our next monthly Support Meeting will be on Tuesday, June 22 at 5:00 p.m. in the Living Room. All volunteers are encouraged to attend. Hope to see you there!

## COMINGS AND GOINGS

The revolving door at AIDS Vancouver Island has been quite busy these past few months. New members of the Board of Directors have come; old members have gone.

It was with regret and a great deal of fondness that we recently said goodbye to Gord Comer, Paul Leger and Don Mathewson. All three have been active volunteers for several years. The skills, commitment and limitless energy they brought to AVI have been invaluable in our work together.

Gord served as Secretary and Treasurer of the Board, as well as Chair of the Finance Committee. No doubt his superb organizational skills will be a key factor in his success in the field of law in Vancouver.

Paul-of-all-trades wired alarm systems, built shelves and knocked down walls for renovations at AVI. He was a speaker on the Education Committee, and brought his considerable financial skills to the Board. If he wasn't being transferred to Borden, we'd never let him go!

Don volunteered on the Programs and Services Committee, as well as on the Fundraising Committee. He was tireless and persistent in organizing special events and seeking new areas of fundraising. Best of luck in Ottawa, Don.

In losing three outstanding members of the Board, we have been lucky to gain three others of equal calibre. Lisa Dorian is a chartered accountant who first volunteered for AVI at Care to Dance 93, and now she'll bring her financial wizardry to the position of Treasurer, and as Chair of the Finance Committee. Marianne Alto is a government policy analyst. While working for the Ministry of Health last year, she worked closely with the BC AIDS Network on provincial funding initiatives. Marianne will assist the Board in its strategic planning process. Darla Stipanovich has extensive experience in fundraising and resource development, both as a paid staff member and as a volunteer in a number of non-profit organizations. She'll chair the Resource Development Committee - watch out for some great ideas taking shape.

Welcome to the Board, Lisa, Marianne and Darla!

*Christine Morissette*



A United Way Member Agency

# BOOK NOTES

by Douglas Eastwood



## AND THE BAND PLAYED ON

by Randy Shilts

It would not be overstating things to say that Randy Shilts' book **AND THE BAND PLAYED ON** (St. Martin's Press, 1987) is the definitive work on the history and politics of the AIDS epidemic. As a reporter for the San Francisco Chronicle, the author was the first journalist anywhere assigned full time to cover the AIDS beat when he began regularly reporting on the disease in 1982.

The result is a work which examines AIDS from all perspectives and gives the reader fascinating insights into the world of both science and politics. As a journalist, the author attempts to present the facts impartially and fairly but he also makes it clear who he views as the heroes and villains in the early attempts to control the spread of the AIDS virus.

While the novel deals with the big picture of the disease it does not lose sight of the human factor and the histories of various persons affected by the disease are very touching. This socio-historic tome is highly recommended for all those with a serious interest in AIDS. It would be particularly helpful for those involved in AIDS education as it deals with many of the questions asked at speaks such as the African connection, patient-zero etc.

For those of you who don't get a chance to read this book, HBO is currently making it into a T.V. movie starring Richard Gere, Lily Tomlin and Mathew Modine. Watch for it this fall.

*The memories of*  
**Robert Paterson Stephen**  
(1954, May17 - 1988, May31)  
and  
**George Donald Stephen**  
(1948, July14 - 1992, June 2)  
will never be forgotten.

## LIBRARY RECEIVES NEW TITLES!

With Summer upon our doorstep and afternoons on the beach ahead for some of us, it is good news that the library has brought in some new titles to add to our reading lists. Watch for reviews of some of these titles in the next two issues of the Update, or be adventurous, read one of these titles and write a review for us. Just contact Rob at the office.

These are the Library's 15 new titles:

- Fifty Things You Can Do About AIDS* by Neal Hitchens
- Guide to Living With HIV* by J. Bartlett and A. Finkbeiner
- Earl Mindell's Herb Bible* by Earl Mindell
- The Healing Foods* by P. Hausman and J. Hurley
- Someone You Know* by Maria Pallotta-Chiarolli
- Circle of Hope* by Perry Tillerias
- Against the Odds* by P. Arno and K. Feiden
- Bisexuality and HIV/AIDS* Editors: Tielman, Carballo, and Hendriks
- Ministry to Persons With AIDS* by R. Perelli
- Come Sit By Me* by Margaret Merrifield
- AIDS: Trading Fears for Facts* by K. Hein and T. Digeronimo
- Canadian Women and AIDS* Editor: Jacquie Manthorne
- After You Say Goodbye:*
- When Somebody You Love Has AIDS* by Paul Kent Froman
- Grief Recovery Book* by J. James and F. Cherry
- A Global Report:*
- AIDS in the World*

Editors: J. Man, D. Tarantola and T. Netter

Have a great summer and happy reading!

## CLASSIFIEDS

### Needed:

Apartment size refrigerator for the main office.  
Area rug app. 8' x 10' for underneath the massage tables.

### Opportunities:

Anyone interested in hanging a quilt panel in the lobby in remembrance of a loved one, contact any staff person.  
Are you an avid gardener? We would really appreciate some help with the patio. Please contact JoAnn @ 384-2368.

## OTHER AGENCIES

### PWA - CAPITAL REGION

**OFFICE AND LIBRARY:** 613 Superior Street. Open 12:00 to 4:00 p.m. Monday through Saturday. Phone 383-7494

**SUPPORT MEETINGS:** Thursdays at 7:00 p.m. Beginning this month, HIV positive persons may bring their partner or primary support person to the meetings which are aimed at sharing information and experiences about our condition.

**MASSAGE:** by Frank or Claire, on Saturdays, by appointment. A small donation to the practitioner, if possible, would be appreciated.

**SHIATSU:** by Erich, on Thursdays, by appointment. A small donation to the practitioner, if possible, would be appreciated.

**ACUPUNCTURE CLINIC:** by Dore Vanden Heuvel, Doctor of Traditional Chinese Medicine, on Thursdays and Tuesdays by appointment. Due to the unexpected success of this program and because Dore was booked solid for three weeks in advance she has decided to run the clinic twice a week beginning this month. The Society will absorb the cost of materials (needles and moxa). Members are asked to make a donation, if possible, to the practitioner.

**ENTERTAINMENT:** we now have a limited number of free tickets for PWA's to local theatre productions. Enquire during office hours for details.

**FOOD BANK:** orders in by Wednesday 4:00 p.m.: pick-up delivery on Thursday at 4:00 p.m. Now operates on a weekly basis.

**WELFARE PROBLEMS:** our financial aid consultant, Bernice W. will discuss problems and possible solutions for PWA's having difficulty with the system. One Wednesday each month from 12:00 to 2:00. Private consultations are possible but should be arranged ahead of time. Call the office for the June date.

**PWA HEALTH EDUCATION SERIES #12:** Pat Irwin, a Doctor of Traditional Chinese Medicine and a Registered Nutrition Consultant will be at the Centre on Thursday June 17 at 7:00 p.m. for an open forum, question-and-answer session on nutrition, supplements, herbs and general immune system strengthening. Come with your questions or come just to listen.

**PWA HEALTH EDUCATION SERIES #13:** a video presentation of the segments of Dr. Bernard Bihari's Toronto lecture (May 1992) which were NOT covered in the recent Victoria presentation. Topics include: dangers and benefits of

nutritional supplements, treatments for KS, crypto, toxo, ITP, HPV and cervical dysplasia; extremely low T-cell counts; DNCB, NAC and DHEA; dangers of recreational drug use after infection; Traditional Chinese Medicine and western herbs for dermatological problems, diarrhea and parasitic infections; and more (approx. 2 hrs.) Thursday 7:00 p.m. June 24.

**KUDOS:** Thanks to AVI for financial assistance with the recent "Staying Healthy with HIV" workshop and in particular to Curtis and Aaron for helping with publicity.

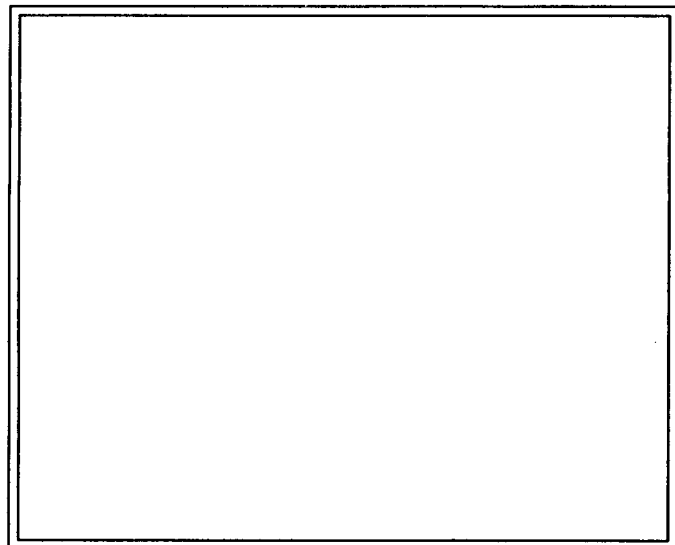
**THANKS ALSO TO** Prime Timers Victoria for their generous assistance in helping us get the second floor of our building in shape; especially Rob T., Joe C., Bruce H., Brydon P., Peter L., and Franklyn C. Thanks also to the rest of our friends and supporters: Louise J., Marjorie H., George K., Maarten de L., Brian R., Joshua C., Dan L., Charlie P., and Ghislain G.

### PUPPETS AGAINST AIDS

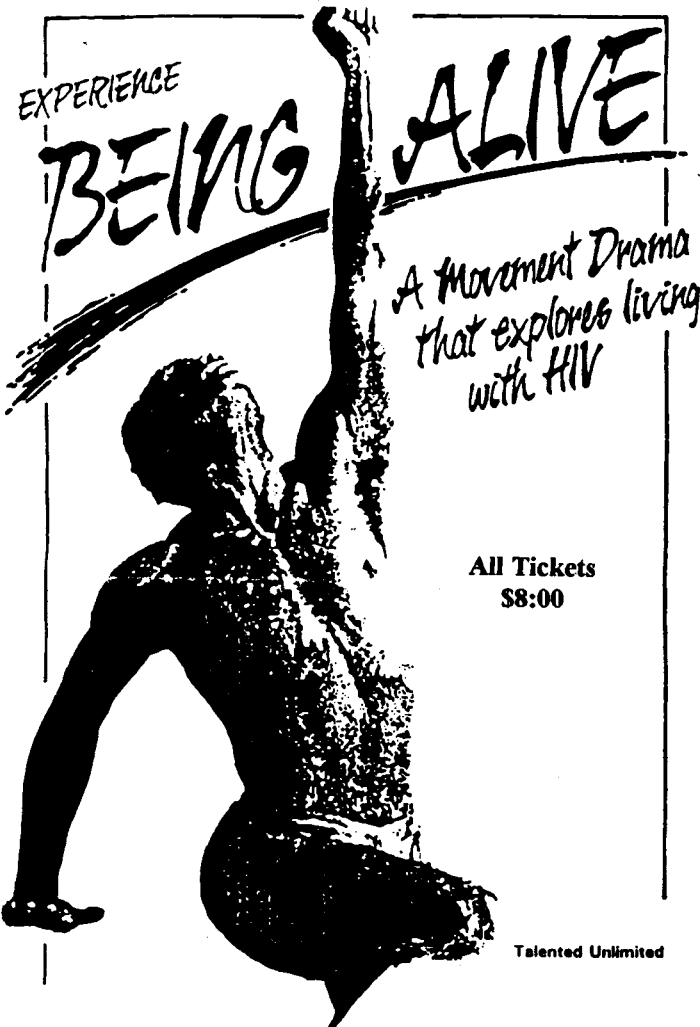
Last fall's performance by the South African touring company of Puppets Against AIDS was well-received by the many people who saw the performances as part of the Victoria Fringe Theatre Festival.

Audience members may not have been aware at that time that the Canadian tour of Puppets Against AIDS was being filmed as part of Educational Puppetry Programme. Film crews worked in Newfoundland, Quebec, and Africa to produce a 45 minute profile of the impact on AIDS education through puppetry.

The film is now complete and the final results will be premiered in Victoria on Saturday, June 12 at the Roxy Cinegog theatre at 2657 Quadra Street. Showtime is at 2 p.m. with a brief presentation by Oxfam and AVI representatives involved in the Puppets Against AIDS project.







TUESDAY, JUNE 15, 1993  
8:00 P.M.  
KALEIDOSCOPE THEATRE  
520 Herald Street, Victoria

Sponsored by  
AIDS VANCOUVER ISLAND  
For more information call 384-2366  
AIDS HELPLINE 1-800-665-AIDS (2437)  
Victoria Area 384-4554



JUNE 12  
2:00p.m.

ROXY CINEGOG

## Celebrating Our Differences

... AN EVENING OF CELEBRATION IN HONOUR OF THE KWAGUT YOUTH DANCERS  
AND AIDS VANCOUVER ISLAND

JUNE 19TH  
6:00 P.M.

DANCING, DINNER & ENTERTAINMENT  
CRYSTAL GARDENS  
TICKETS: \$40



# AIDS Vancouver Island

June 1993

S	M	T	W	T	F	S
		1	2 <i>Women's Group 5:30-7:15 Women &amp; AIDS Project 7:30-9 pm</i>	3	4	5
6	7 <i>Massage Therapy - LaDonna 10 am -1 pm</i>	8 <i>Body Work- Frank 10 am -1 pm Joe the Barber 1:30 - 4:30 p.m.</i>	9 <i>Shiatsu - Erich ,11am- 2 pm / Family, Friends &amp; Lovers . 7:30 pm, 923 Burdett Helpline meeting 5-6 pm</i>	10 <i>Resource Centre meeting 6 pm - 7 pm</i>	11	12
13	14 <i>Massage Therapy - LaDonna 10 am -1 pm</i>	15 <i>Body Work- Frank 10 am -1 pm</i>	16 <i>Shiatsu - Erich 11 am-2 pm Women's Group 5:30-7:15 Family, F&amp; L Support Group 7:30, 923 Burdett Women &amp; AIDS Project 7:30-9:00</i>	17 <i>Speakers' Bureau and Education Committee meetings 7 pm - 8:30 pm</i>	18	19
20	21 <i>Massage Therapy - LaDonna 10 am -1 pm</i>	22 <i>Body Work- Frank 10 am -1 pm</i>	23 <i>Shiatsu - Erich 11 am-2 pm Family, Friends &amp; Lovers 7:30 pm, 923 Burdett</i>	24	25	26
27	28 <i>Massage Therapy - LaDonna 10 am -1 pm</i>	29 <i>Body Work- Frank 10 am -1 pm</i>	30 <i>Shiatsu - Erich 11 am-2 pm Family, Friends &amp; Lovers Support Group 7:30 pm, 923 Burdett</i>			

**LOCATION OF EVENTS**

Those in italics are scheduled for the Living Room 305 - 733 Johnson Street.  
Personal services require appointments please sign up on the Living Room bulletin board.