

THE UPDATE

a publication of  AIDS Vancouver Island

FEBRUARY - MARCH 1994

Volume 7, Number 12

UP FRONT



HAPPY VALENTINE'S DAY!!

THANKS TO KIT AND DENE

Many, many thanks to Kit and Dene Mainguy for hosting AVI's 1993 Christmas party at their lovely home. A fantastic time was had by all, the food was glorious, and the red jammies made our bellies shake. What a way to throw a party!

HELPLINE: 384-4554 (GREATER VICTORIA)

...FROM THE HEART

This is a letter I received from a contact person for a speak at the University of Victoria. I think it says it all from a student who, along with the AVI speaker, gave us permission to print it in the Update.

-Barb

November 26, 1993

I was really glad to listen to your talk today because we were able to hear your real feelings which we can't understand from other people. Before I came to Canada I was not interested in or I didn't concern myself about HIV or AIDS. In Japan unfortunately there are lots of people who are afraid of this disease and have some wrong ideas because they don't have enough education also our society has not been ready to (accept) it yet. So we have to do something about these problems. I was so shocked when you told us about your family's reaction. Before you came, in class we had read an article about AIDS. In that we read about a man who was separated from his family when he told his family that he was gay. That made me feel so sad but I thought that was a very special case because I believe families have to help and understand each other. However in the meantime I started to wonder, if my children get HIV, will I be able to be normal and help them? I really want do that, also I believe I should or I have to help them but I can't imagine the situation. So while I was listening to you I cried, but I hope you didn't misunderstand my feelings if you noticed me. I was really pleased that you came and told us about AIDS. To be honest, before I had heard about AIDS some times but these sources were just telling me physical things so I couldn't get rid of my stereotype. However today I was able to learn and know more about the emotional side of AIDS, my ideas about AIDS have changed a lot. You helped me to do it. I have started to want to do something for people with AIDS for the first time. I don't know how I can explain my thanks to you. You are in my thoughts. You are in my heart. I wish you good luck and lots of hope.

Yours,
kiko Angata

Reference Material
NOT FOR LOAN
AVI Resource Centre

3 (2437)

EDUCATION

THE AIDS HELPLINE/RECEPTION is expanding its hours! Effective February 1, and for a six month trial period, we will be operating Monday to Thursday 9 am to 9 pm, and Friday 9 am to 5 pm. It's all part of a concerted effort to provide better service to our communities...the service that you want when you want it.

The move, which was enthusiastically backed by our Helpline/Reception volunteers and supported by staff, will mean that the Resource Centre will also stay open late. Crucial to the success of this venture will be the promotion of the AIDS Helpline/Reception across CRD, Vancouver Island and the Gulf Islands. And some of this has already begun. The AVI Helpline is listed in the upcoming BC AIDS Directory to be published from Vancouver this spring.

THE MEN'S PROJECT is moving right along. Group members held a Christmas potluck and have been busy gathering information from other community outreach programs geared to gay and bisexual men.

Specifically, we are looking at the role that the local police can play as a support, or at least not an obstacle, to our program. The folks at AIDS Vancouver's Man to Man Program have been a valuable resource, and we have also gotten input from as far afield as AIDS Saskatoon, AIDS Committee of Toronto, AIDS Committee of Ottawa, and several other groups. We are also doing some qualitative research around the activity in some of the PSEs (public sex environments) of Victoria. The Men's Project welcomes new male volunteers. We would also like to thank the members of Prime Timers Victoria for their ongoing support, culinary skills, and enthusiasm!

ISLAND OUTREACH PROJECT has been busy doing some intensive planning with the Cowichan Valley AIDS Network (CVAN). CVAN members, led by Darlene Taylor, have had three brainstorming sessions with Shari since November '93. The results are a shared vision, a statement of community needs and available resources, and some ideas for receiving greater support from other local agencies. At the latest meeting in January, the group members who took part explored the formation of committees, eg. education, support, needle exchange, etc. The whole process has been incredibly exciting,



Men's Project: (Left to right) Aaron, John, Shawn, Colin, Joe. (Up front) Rob.

THE UPDATE

The Update is published monthly as a service to members. One-year subscriptions are available for \$15.00. Typed submissions and letters to the Editor are welcome, c/o AVI #304-733 Johnson Street, Victoria, BC, V8W 3C7. The Update will print no sexist, racist or homophobic copy and will cover issues and events from perspectives which will initiate positive change in the work done by and for AIDS Vancouver Island. The appearance of any advertisements, treatment information or letters to the editor, do not imply endorsement by AIDS Vancouver Island. Submissions may be edited for conciseness and grammatical correctness. AIDS Vancouver Island will not be responsible for errors or omissions.

Jerry W., Didi M., Frances H., Lois M., Holly N.

and is a real tribute to the ongoing efforts and determination of the residents in the Cowichan Valley.

Another priority for Island Outreach has been assisting in the establishment of a needle exchange program in Campbell River. The North Island Needle Exchange has just hired a nurse and outreach worker and will be up and running in that community within the next month or so.

AND FINALLY, there is the wrap-up to World AIDS Day. From an educational standpoint, the activities surrounding December 1 were a great success. A "Thinking AIDS Globally" workshop was held in Courtenay with local teens, and participants produced the video "Penis Boy" with its humorous safer sex message. In addition, the workbook for "Thinking AIDS Globally" was released across BC on Dec. 1. A co-production of OXFAM Canada, VIDEA (Victoria International Development Education Association), NANSO (Namibia National Students' Organization) and AVI, this workbook is now being promoted across Canada through the Canadian Public Health Association.

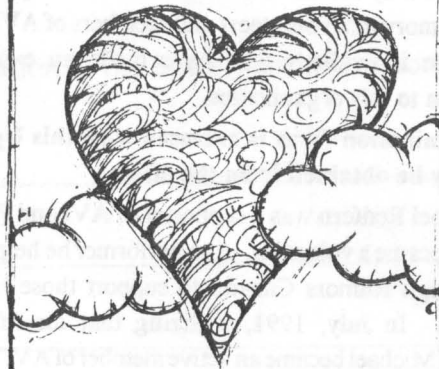
The Education Committee is gathering representatives from AVI's educational programs. The first meeting will take place on February 3. Our new and invigorated chair is Linda Bouchard. She is a new Board Member and a participant in the Women's Project. There will be one representative from all streams in the Education Dept.: the Women's Project, Men's Project, Speakers Bureau, Resource Centre and the AIDS Helpline/Reception. Our first meeting should help lay the groundwork for some goals and objectives.

Celebration of Life '93 was presented at the Royal Theatre on Dec. 1, as well. As Victoria's Second Annual AIDS Benefit, the evening featured over 200 performers and was attended by approximately 250 people. Another important event as part of World AIDS Day was Day Without Art (DWA), which made its debut in our fair city on Dec. 1. DWA symbolizes a moment in time to mark the decimation to the arts community caused by AIDS. The Art Gallery of Greater Victoria joined forces with AVI, MUSAIC, Michael MacLennan, and other volunteers to produce a moving tribute to the lives which have been lost. Coverage by local media of World AIDS Day events was excellent, too: DWA made the cover of "Monday" magazine, and was the lead news story on CHEK-TV that evening. Celebration of Life '93 was covered by most media outlets in the city as well. A heartfelt thank you goes out to all the individuals who helped make World AIDS Day '93 a day to remember.

* A special note of gratitude from Holly goes out to the volunteers who helped distribute posters, gather refreshments for December 1, pop popcorn, pick up and deliver food, and clean up after the performance. We could not have done it without you all!

Aaron Severs
Coordinator of Education Services

How to be a Local Hero



Feel Good

Give your time or money to a cause you believe in and see how good it makes you feel. The nice thing about being a Local Hero is that you always get back more than you give. Be a Local Hero.



A new spirit of giving

A national program to encourage giving and volunteering

VOLUNTEER NEWS

Volunteer Appreciation Awards

The time is fast approaching when we at AVI like to focus our attention on the wonderful work & commitment displayed by our many volunteers. During National Volunteer Recognition Week in Canada April 17-23, two very special awards will be presented -- the Shawn Costello Memorial Award for Volunteer of the Year and the Michael Redfern Memorial Award for Speaker of the Year.

Shawn Costello was a well known dancer who, together with his dance partner Lynda Raino, thrilled audiences with their inspiring performances. He was also secretary to the Board of Directors at AVI in 1986 and helped to coordinate subsequent World AIDS Day events. Shawn died in February 1989 and it is in his memory that volunteers and members of AVI are asked to nominate individuals who have made an extraordinary contribution to this organization.

A nomination form is enclosed with this Update and others may be obtained from the office.

Michael Redfern was a supporter of AVI and PWAs long before he became a volunteer. As a performer he helped to raise funds through Rumors Cabaret to support those living with HIV/AIDS. In July, 1991, realizing that his life too was threatened, Michael became an active member of AVI's Speakers Bureau, giving a very powerful gift of awareness to school students and community groups. Michael died in May 1992 and it is in his memory that Rumors and AVI have established an award to be presented annually to the Speakers Bureau volunteer who has given outstanding service in the field of HIV/AIDS education. **Nomination forms will be sent to the agencies and groups who have benefitted from our Speakers. If you are a volunteer/member of AVI and wish to nominate a speaker, please obtain a nomination form from the office. Deadline for nominations for both awards is March 11, 1994.**

*JoAnn Reid
Coordinators of Volunteers*

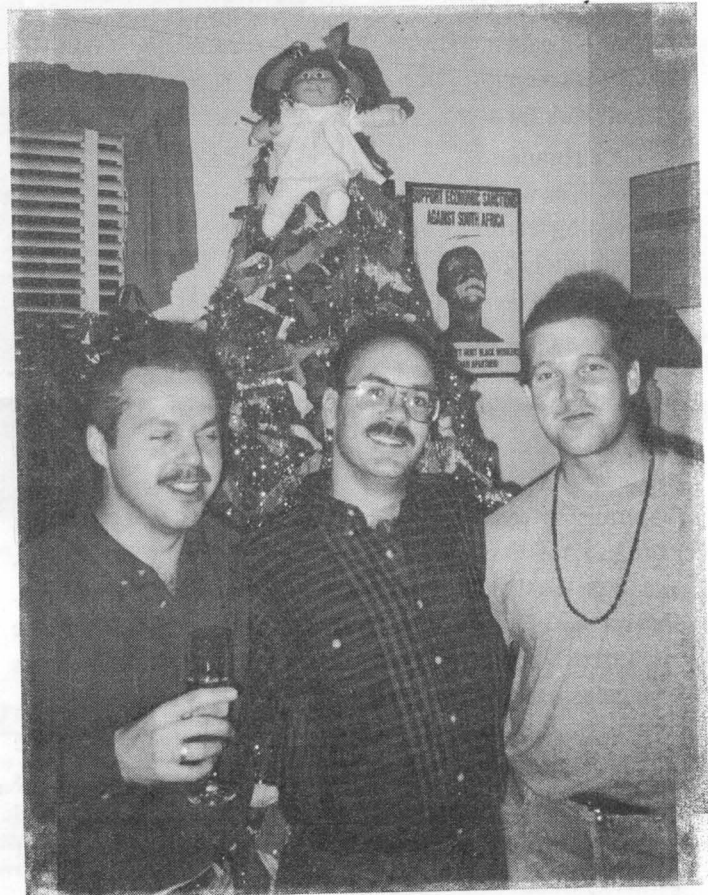
VOLUNTEER TRAINING

Orientation for new volunteers is usually held in February/March; May/June and October/November. The next sessions will commence February 16th. Although we have more than enough applicants for the course, if there are any volunteers out there who want to make up sessions missed in previous trainings please contact JoAnn for the schedule. The dates set aside are the evenings of February 16th, 23rd and March 2nd as well as the weekend of February 26th and 27th.

CARE TO DANCE

GOTTA DANCE, GOTTA DANCE, ALL THE WORLD LOVES TO DANCE ... (too old to remember)... DANCING QUEEN, YOUNG AND SWEET - ONLY SEVENTEEN... (the best of ABBA)... HEY, I WANNA DANCE WITH SOMEBODY, I WANNA FEEL THE HEAT WITH SOMEBODY, YEAH! I WANNA DANCE WITH SOMEBODY, WITH SOMEBODY WHO LOVES ME... (sing it to us Whitney...)

We are currently laying the foundations for Care To Dance, AVI's annual signature event, which will "rock in the summer" on May 7th, 1994 at S.J. Willis School (a site that seems to be the only place to hold an event this year!). We are actively seeking volunteers who would like to get involved in an exciting, fun, extremely important event and can be committed to semi-regular meetings from now until May of this year. Some of the committees that have openings include entertainment, advertising and graphics, sponsorship (specifically with prizes and refreshments), AVI product sales, security, and more. **WE NEED YOUR SKILLS, ENTHUSIASM, AND IDEAS!** We have four months to work on this event, and we expect it to be a huge success. Please call Holly at 384-2366 if you would like more information or think you might like to get in on the **BIGGEST EVENT OF THE YEAR!**



Don, Paul & Dale sharing some Christmas Cheer

SUPPORT

The Family, Friends, Partners Group

It happens -- all good things must come to an end!

Curtis has asked that we submit an accounting of our weekly "nights out". Our anonymity has been our cloak; not of many colours, mind you, but comforting none the less.

We have been meeting every Wednesday night for just over five years now at 923 Burdett Avenue. The Group is composed of family, friends and partners who by now must number over sixty. Not that we cater to such a grand gathering each Wednesday evening, but we have met and shared with a large number of friends our concerns and cares and joys regularly and patiently in the pleasant room that the Sisters of St. Ann graciously offer AVI.

In five years we have experienced the whole spectrum of responses to HIV/AIDS with which the community at large is familiar: anger, sorrow, rejection, loneliness, relief, joy, acceptance -- and --LOVE. Total, complete and nonjudgmental love above all. There have been nights when Kleenex was in demand and other evenings when laughter took over. We have regulars who show up frequently and others who return periodically just to check in and check up. We have had as many as 23 and as few as the Facilitator alone. But we were always there!

We have been a support and sounding board for each other and have gained an immense respect for the resilience and strength of the human creature. Likely the most impressive contributors have been those PWAs who have come and gone and who shared with us their hopes and their fears, who gave to us those things that we most needed and which we most prize. We would like to thank them and the Sisters and AVI for allowing us to quietly go on about our business.

D.D. and R.

One of the best pamphlets, AIDS IN THE 90's, made available February '93 and funded by Health and Welfare Canada is now out of print. I urge anyone to write to:

Canadian Public Health Association
AIDS Education and Awareness Program
#400-1565 Carling Avenue
Ottawa, ON K1Z 8R1
Fax: (613) 725-9826

Make it known that good education programs need quality materials in the 90's.

*Thanks,
Barb*

BART'S NEW YEAR'S RESOLUTIONS

If you are anything like me, February rolls around and you realize that your New Year's resolution to lose weight, (or in my case to put some on!), or to quit smoking, or to faithfully do any of the things people generally resolve to do at 11:59 December 31 have all been forgotten.

Of all the resolutions that you may have made, the one you ought not forget is the one that renews or revitalizes your commitment and involvement with AIDS Vancouver Island. It is the goal of this Board of Directors to include everyone in the process of doing our work. There are many avenues by which you can have your voice heard in our society. You could join one of the many committees that are an integral part of what AVI is. You could spend an afternoon helping Isabella in the office. You could work on the Women's Project, or the Men's Project, or the Speakers Bureau, or you could make a more personal commitment and volunteer in the support program's Buddy Program.

The Board relies upon the expertise and advice of these committees to inform and shape the way we do our work. Most of these committees require a nominal amount of time each month, but the four hours you give us is added to the countless hours which other volunteers so freely give.

There is much work that we need to do and the time is short. Your contribution of time, energy and ideas is what keeps the operations of the organization running.

Here is a list of some of the committees and programs and a contact name for you to call should you be interested in assisting in that particular area.

*Support Services: Curtis Magnuson
Education Services: Aaron Severs
Speakers Bureau: Barb Chester
Special Events & Newsletter: Holly Nelson
Women's Project: Roshni Narain
Strategic Planning: Bryan Teixeira
Finance Committee: Lisa Dorian
Street Outreach: Jaine Mullally
Board of Directors: Bart Wittke*

We hope that 1994 brings us all nearer the goal of defeating HIV/AIDS. The hours you contribute may not lead directly to the cure, the vaccine, or the treatment that saves PWA's lives. The hours you contribute may, however, keep some young person from becoming infected, or make the life of a PWA just a little bit easier.

If you feel that you can contribute time to our work, call either myself or any of the others listed above. They will love to hear from you!

*Bart Wittke
Vice-Chair, Board of Directors*

STREET OUTREACH

Our busiest or peak periods at the Storefront are much later in the evening now than in previous months. This is partially due to the heavy police surveillance in the downtown area, as well as the many arrests and subsequent red zoning incarcerations.

The high-grade killer heroin available in Victoria continues to take its toll with 38 clients succumbing to heroin overdoses since last spring. Needle exchange staff have posted information and given verbal warnings when doing needle exchanges with clients.

Shelter continues to be the major problem for the majority of street people as shelters fill quickly. Many more youths are congregating in the downtown area with subsequent outbursts of violence, and violence in the downtown area seems to be on the increase. Violence directed at women is on the increase as well, and it isn't uncommon for a woman totally unrelated to a dispute to suddenly become the recipient of a blow. Startling numbers of women are hit or punched in the face by a complete stranger. And isolated incidents of what may begin as a confrontation between youths soon escalate, involving anyone, event the innocent passerby.

It appears there is a greater pressure for young people to enter the sex triangle industry this year - usually the major recruitment is in the spring. However, the reverse has happened, with recruitment in full swing in October.

From January 1 - September 30, 1993 there has been an 80% increase in the number of client contacts for needle exchange in comparison to the same period in 1992.

The needle exchange program normally slows down somewhat in winter months, after the tourist season ends. However, we have experienced an all-time record for used syringes returned in September: 145% were returned, which means we are receiving as returns not only the syringes we distributed, but syringes from other sources as well (an actual 45% more than the number we give out). Even with the whopping return rate, we still find used syringes discarded in alleys and parking lots during our nightly checks.

There has been heavy police presence in the downtown area, and several reports of VCP confiscating both new and used syringes from the clients.

On a brighter note, the street nurse is kept busy with HIV testing, HEP B and flu vaccine; and thus far, no positive test results for HIV infection. Finally, many thanks to people who regularly give to Storefront -- a surplus of wool blankets has been donated, which have been very much appreciated during these cold nights.

Jaine Mullally
Coordinator of Street Outreach

MUSAIC'S VARIETY SHOW

Musaic, Victoria's chorus of lesbians, gay men, and allies, is pleased to present a variety show on February 26th. Performers include members from all communities. The show, to be held at S.J. Willis School on Topaz Avenue, will begin at 7 pm in the auditorium and will be followed by a dance to begin at 9:30 pm.

Variety show and dance tickets are \$15. and are on sale at Everywoman's Books and at the offices of AIDS Vancouver Island, both on Johnson Street in Victoria. Tickets for the **dance only** will be \$9., if still available, at the door on the night of the performance.

This is a benefit show and dance for the V.I. Sisters Women's Softball Team to go to the Gay Games and for Musaic. **For more information, call Jonne at 598-7992.**

QUEEN OF HEARTS BALL

Pink T's presents the second annual Queen of Hearts Ball, Saturday, February 5, 1994 at S.J. Willis School, 8 pm. Tickets are \$12.00 and available at AIDS Vancouver Island (384-2366) and W.I.N. (Women In Need) Thrift Store (389-2203).

All proceeds will benefit AIDS Vancouver Island, Women In Need, Women's Sexual Assault Centre, and Transition House. A tin of food at the door will be appreciated for the PWA Food Bank.

ART OF AIDS RAFFLE

AVI's ART OF AIDS RAFFLE will still be drawn on February 12th, 1994, however, it will not be drawn at the Queen of Hearts Ball as is printed on the raffle tickets. A change in the date of the Ball was decided upon after our raffle tickets were printed, alas the confusion. We will draw for the winners of the beautifully framed AIDS-theme posters on the 12th, and we will telephone the winners and announce the names in the next Update. Ticket sellers please make sure to have your money and ticket stubs submitted to AVI by February 1 so that we may tabulate and distribute proceeds to participating groups. A special thanks goes out to all of you members, volunteers and friends who have sold and sold and sold -- you have done a great job!

Holly Nelson
Special Events and Communications

OVER 40?

Prime Timers Victoria is a social, recreational, and educational organization for gay and bisexual men over 40. We meet on the third Sunday of each month at James Bay United Church, 511 Michigan Street, starting at 3 PM.

Come on down and check us out, or feel free to contact us at 384-2423.

PERSONS WITH AIDS SOCIETY VICTORIA BRANCH Activities for February

OFFICE and LIBRARY: 613 Superior St. Open 12:00 to 4 p.m. Monday through Saturday. Phone 383-7494.

SUPPORT MEETINGS: Thursdays at 2:00 p.m. for all HIV positive persons and their primary support partner. We share information and experiences related to our common condition.

PWA HEALTH EDUCATION SERIES #23 LUNG DISEASES IN HIV by Dr. Lindsay Lawson (video 51 min.) Wednesday, February 9 at 1:00 p.m.

PWA HEALTH EDUCATION SERIES #24 CHILDREN BORN TO SEROPOSITIVE MOTHERS: MONITORING AND THERAPY by Dr. Jack Forbes (video 57 min.). Wednesday, February 16 at 1:00 p.m.

PWA HEALTH EDUCATION SERIES #25 THE HIV POSITIVE WORK-UP by Dr. Joss deWet (video 48 min.). A must for the newly diagnosed: a review of what your medical practitioner should be doing according to current standards of care. Wednesday, February 23 at 1:00 p.m.

IRIDOLOGY WORKSHOP: late February. FREE. By appointment only.

ART THERAPY PROGRAM forming in late Feb. New participants welcome. PEER COUNSELLING: available Thursday afternoons. Drop-in or appointment. One-on-one with a trained HIV+ counsellor.

TREATMENT INFORMATION PROJECT: By appointment only. A survey of options (without endorsement) and standards of care from published sources.

COMMUNITY BASED TRIAL: in conjunction with a local physician we are facilitating a pilot study of thyroid hormone as an immunomodulator. Wednesdays by appointment only. Please bring a copy of a CD4 lab report taken within the last three months.

DEEP RELAXATION/MEDITATION GROUP: facilitated, Tuesdays 4:00 - 5:00 p.m.

LIFE SKILLS/ASSERTIVENESS TRAINING SUPPORT GROUP: professionally facilitated support program. Requires a regular weekly commitment and is limited to twelve. Tuesdays, 12:30 - 3:30 p.m.

MASSAGE & SHIATSU: Wednesdays by appointment.

REIKI: Wednesdays by appointment. Free. 2nd degree practitioner.



A United Way Member Agency

ACUPUNCTURE CLINIC: by Dore Vanden Heuvel, Doctor of Traditional Chinese Medicine, on Tuesdays and Thursdays by appointment. Waiting list available for new clients. By donation.

ENTERTAINMENT: a limited number of complementary tickets are available to our members for local theatre productions.

CLOTHING AND FURNITURE EXCHANGE: free, clean items.

WELFARE PROBLEMS: Roshni Narain of AVI will be in the office Tuesday, February 15 to provide local advocacy with Social Services and support counselling. Drop-in and appointments.

HAIR CUTS: Joe the Barber will be in Tuesday, February 15. By appointment. Free.

FOOD BANK: orders in by Wednesday 4:00 p.m.; pick-up or delivery on Thursday afternoon.

KUDOS: to Doug G. for the chest freezer; to Josh and Brian for the fresh produce; to Steven G. for the computer equipment; to Michael D. for the library donation; to Canadian Springs Co. for the Xmas food donation; to Wendy and Erin (Red Ribbon Dinners); and the numerous other contributors who made the food bank drive and Xmas season such a bountiful success.

WE ALWAYS WELCOME DONATIONS OF NON-PERISHABLE FOOD ITEMS AND CLEAN REUSEABLE CLOTHING AND HOUSEHOLD ITEMS. WE ALSO WELCOME ALL VOLUNTEERS.

.....BOOK NOTES.....

The SEXPERT: selected columns from Advocate Men
Edited by Pat Califia.

A very close friend and I read this and half-wished something like it was available in our younger coming out years. It answers so many of the "dumb" or awkward questions you usually can only find out from years of experience. It's divided into seven chapters covering such topics as coming out, sexual technique and current health concerns. Some highlight columns include the one suggesting how to bring up your HIV status with a potential lover and the one about specific condom brands that will best fit you. There's much more of course. All done with humour and empathy. Pat Califia is a talented columnist. She has a bright future as a writer. Overall a fun, quick read that a gay identified audience would especially appreciate.

(Badboy Books, contains 224 pages, 1992)

by J. Knox

**CELEBRATION OF LIFE
CELEBRATION OF SUPPORTERS
December 1, 1993**

AIDS Vancouver Island gratefully acknowledges and cheers the support of the following individuals, organizations and businesses in making Victoria's second annual AIDS benefit, Celebration of Life, held at the Royal Theatre on December 1, such a success:

- Stages Dance Theatre Society and Kim Breiland*
- The McPherson Playhouse Foundation*
- CHEK TV and Connie Mitchell*
- Q-100.3 FM - Ed Bain and John Shields*
- Monday Magazine*
- Stages Dance Company*
- The Commonwealth Youth Touring Show*
- Dancestreams*
- Lynda Raino*
- Kidco*
- Suddenly Dance Theatre*
- Broadstreet Dance*
- April Gilason, Duncan Meiklejohn*
- Morry Stearns*
- Sally Braswell*
- !Alma De Espana!*
- Doc and the Doo-Wops*
- Each and every dedicated AVI volunteer*
- Amelia Street Bistro*
- Art's Bakery*
- Canadian Springs Water Co. Ltd.*
- Carleton Plaza Hotel*
- Foxgloves/Oak Bay Flower Shop*
- Gray Beverage Inc.*
- Iceco Sales Ltd.*
- Keg Restaurants Ltd.*
- Mayfair Shopping Centre*
- Miles Lowry*
- Mt. Royal Bagel Factory*
- North Douglas Distributors Ltd.*
- O'Donals Family Restaurants*
- Quonley's Gifts and Grocery*
- Rising Star Bakery*
- Roxanne's Restaurant*
- Rumors - the Management & Staff*
- The Parsonage Cafe*
- Thrifty Foods*
- Tim Horton Donuts*
- Williams Quality Meats Ltd.*

VANCOUVER Island AIDS Society

(non-profit registration # 0756957-11-28)

MANDATE

"AIDS Vancouver Island shall confront Acquired Immune Deficiency Syndrome, prevent its spread through education, support those affected by the disease, and advocate on their behalf."

BOARD OF DIRECTORS

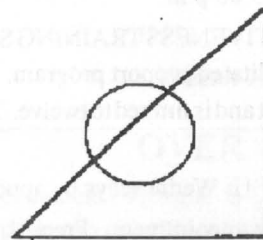
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**Victoria
AIDS
Respite
Care
Society**

**Suite 609 - 620 View Street
Victoria, B.C. V8W 1J6
Phone: (604) 388-6220
Facsimile: (604) 388-0711**

Box 1652, Stn A
Vancouver, B.C.
V6C 2P7

**A.I.D.S.
ON
STAMPS**

Strategic Planning: a Journey Into the Future

Today weak sunshine flows in soft lines through the venetian blinds, filtering the light, warming the room. Winter feels short this year; already bulbs push through the cold earth, and boulevard trees are in blossom. Spring is in the air, and so is change, especially at AIDS Vancouver Island.

At AVI's Annual General Meeting in October, members endorsed a Strategic Planning process. After preliminary work contributed by staff and volunteer Board members, the Strategic Planning Committee is ready to go public. Over the next six months, we'll be asking for your ideas - as members, clients, volunteers, colleagues and associates. We're embarking on a journey of discovery, and we'd like you to travel with us.

AVI has made significant contributions to AIDS education, support and advocacy over the past eight years. Because there are many more roads to travel, and much work still to be done, we need you on this journey. As a community devoted to working with people infected and affected by HIV/AIDS, we'll articulate our common values, make decisions about future endeavours, and set priorities.

Stay tuned for updates in the Update, in your groups and at your committee meetings. If you have questions you'd like to ask the Strategic Planning Committee along the way, feel free to contact Christine Morissette, Bryan Teixeira, or Bart Wittke at AVI.

*Christine Morissette
Chair, Strategic Planning Committee*

AN EXHIBITION OF POSTAGE STAMPS OF THE WORLD DEPICTING AWARENESS OF **HIV AIDS**

WHEN: FEB. 19 & 20, 1994
WHERE: HOLIDAY INN (Formerly Ramada Inn)
3020 Blanshard Street
VICTORIA, B.C.
SATURDAY - 10am to 6pm SUNDAY - 10am to 4pm

*This exhibit is being entered
as part of and in competition at
VICTOPICAL '94*

(BUT is not affiliated in any way with the sponsors of VICTOPICAL '94)

THIS PHILATELIC EXHIBIT IS COMPOSED OF POSTAGE STAMPS AND PHILATELIC RELATED MATERIAL (i.e. First Day Covers, Special Cancels) THAT TRACES THE DISCOVERY OF, CAUSES OF, EFFECTS OF, AND THE ONGOING RESEARCH INTO THE HIV/AIDS VIRUS, ON A GLOBAL SCALE.

MATERIAL IS USED FROM A RESOURCE THAT REPRESENTS OVER 35 COUNTRIES, WORLDWIDE AND INCLUDES STAMPS FROM THE FIRST ISSUE IN 1988, RIGHT UP TO THE MOST RECENT U.S.A. ISSUE THAT FEATURES THE RED RIBBON.

*Blair Henshaw from AIDS ON STAMPS (and exhibitor of this collection) will be in the AIDS Vancouver Island office on **Monday, February 21** to share his endeavors to convince Canada Post to issue an AIDS Awareness Stamp and enlighten you on the purpose of AIDS ON STAMPS.*

DIRECTORY

**AIDS INFO LINE
(VICTORIA)
384-4554**

**TOLL-FREE INFO LINE
1-800-665-2437**

**ADMINISTRATION
EDUCATION
SPECIAL EVENTS
SUPPORT SERVICES
VOLUNTEERS
384-2366**

**FACSIMILE MACHINE
380-9411**

**ISLAND OUTREACH
PROJECT (COURTENAY)
335-1171**

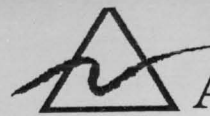
**ISLAND OUTREACH
PROJECT (FAX)
335-1178**

**STREET OUTREACH
(OFFICE)
384-1345**

**STREET OUTREACH
(PAGER)
388-6275 - #1542**

LOCATION OF EVENTS

Those in *italics* are scheduled for the Living Room 305 - 733 Johnson Street. Personal services require appointments - please sign up on the Living Room bulletin board. All other events, unless indicated otherwise, occur at AVT's main office 304 - 733 Johnson Street.



AIDS Vancouver Island

February 1994

S/S	M	T	W	T	F	
<div style="border: 2px solid black; padding: 5px; text-align: center;"> <h2>The Queen of Hearts Ball ...</h2> <h3>.....Feb. 5/94</h3> </div>		EXTENDED HOURS BEGIN..... AIDS HELPLINE HOURS..... Monday - Thursday 9:00 am - 9:00 pm Friday 9:00 am - 5:00 pm	1 Women's Group 5:00 pm - 7:15 pm Women & AIDS Project 7:30 pm - 9:00 pm Family Friends & Lovers Support Group @ 7:30 - 923 Burdett Street	2 Gay Men's 12 - Step Support Group 7:00 pm - 9:00 pm Education Committee 7:00 pm - 8:30 pm	3 7	4
		"The Church with AIDS: Housing the Spirit" - at First United Church 10:00 am - 4:00 pm	5 Massage Therapy - LaDonna 11:00 am - 2:00 pm	6	7 Joe the Barber 1:30 - 4:30 pm	8 Helpline Meeting 5:00 pm - 6:00 pm Family Friends & Lovers Support Group @ 7:30 - 923 Burdett Street
Volunteer Fair Hillside Mall 9:30 am - 5:30 pm	12 Massage Therapy - LaDonna 11:00 am - 2:00 pm	13	14 Support Volunteer Meeting @ 5:00 pm	15 Women's Group 5:00 pm - 7:15 pm Women & AIDS Project 7:30 pm - 9:00 pm Volunteer Orientation 7:00 pm - 10:00 pm Family Friends & Lovers Support Group @ 7:30 - 923 Burdett Street	16 Men's Project 6:00 pm Gay Men's 12 - Step Support Group 7:00 pm - 9:00 pm	17 18
19 20	21 Massage Therapy - LaDonna 11:00 am - 2:00 pm	22 Board Meeting @ 6:30 pm	23 Volunteer Orientation 7:00 pm - 10:00 pm Family Friends & Lovers Support Group @ 7:30 - 923 Burdett Street	24	25	
26 27	28 Massage Therapy - LaDonna 11:00 am - 2:00 pm Speakers' Bureau 7:00 pm - 8:30 pm (To confirm)	Living Room drop-in hours (unless booked) are as follows - Monday 2 - 5 Tuesday 1 - 5 Wednesday 12 - 3 Thursday 1 - 5				

Volunteer Orientation
9:00 am - 5:00 pm



AIDS Vancouver Island

VOLUNTEER OF THE YEAR

SHAWN COSTELLO MEMORIAL AWARD

I, _____ volunteer/member of AVI, wish to nominate the following volunteer of AIDS Vancouver Island as "Volunteer of the Year" for 1993/94.

_____ nominee

I believe this person has made an exceptional contribution to the Society for the reasons outlined below:

DATE: _____ SIGNED: (1) _____

N. B. Up to three volunteers/members of AIDS Vancouver Island may use this form to nominate the same volunteer.

(please print)
(2) _____

(please print)
(3) _____

(please print)

**PLEASE RETURN THIS FORM TO THE COORDINATOR OF VOLUNTEERS @
304-733 JOHNSON STREET, VICTORIA, BC V8W 3C7 BY MARCH 11, 1994.**