

THE UPDATE



DECEMBER 1994/JANUARY 1995



WORLD AIDS DAY AIDS and the Family

December 1 marks World AIDS Day once again. This year's theme is AIDS and the Family to reflect the fact that 1994 has been named International Year of the Family.

World AIDS Day is more than simply a one day event that we observe and can then pack tidily away for another calendar year. Rather, it remains a clarion call to all individuals in the community AIDS movement to renew our energies in providing support, education and advocacy for People Living with HIV/AIDS (PWAs).

Worldwide, statistics indicate an estimated 16 million adults plus one million children have been infected with HIV. Three-quarters of these cases are heterosexually transmitted. Moreover, four million of the above HIV cases have progressed to AIDS. Women, men and children with HIV/AIDS live on all continents, with Asia and Latin America being the new hot spots for the disease.

This year's theme has real significance. It speaks to members of all kinds of families (traditional and otherwise) to become actively involved in the care, support and love of PWAs. As HIV disease progresses, many people prefer to live and to be cared for in their homes and communities with family and friends around. Moreover, a lot of practical duties may be handled more easily and for less cost by carepartners in the home -- a safer and less isolating place for some than a hospital bed.

AIDS and the Family also reminds us of chosen family. Ours is an age in which AIDS is continually being de-gayed. Yet, it is crucial to step back and recognize the ongoing toll upon and contributions by members of our lesbian, gay and bisexual communities in confronting HIV/AIDS. In our efforts to get the message out that AIDS affects everyone, we

must not gloss over the need for ongoing, creative, and targeted outreach to the gay community. Infection rates are once again soaring among young gay and bisexual men in the US; is Canada far behind?

We must let the message of World AIDS Day ring clearly and guide us in our activities throughout the coming year. Families -- however we define them -- can be vital allies in helping to let go of old family values. Homophobia, AIDS-phobia, racism, sexism, and ageism all present large obstacles to stemming the spread of HIV and to providing support for PWAs. It's time that families began playing a more positive and active role in our community AIDS work.

*Aaron Severs,
Coordinator of Education Services*

RENOVATIONS

I would like to thank members and staff for their patience while renovations were being done in the office. The new layout of the office is designed to provide a larger and more flexible space for meetings, drop in and training. Education and fundraising staff now have half-walls outlining their work space while still allowing light from the skylights to go through the office. The new entrance way, brightened up with a new windowed door, provides identifiable access to the resource centre as well as easy access to the Living Room, kitchen and washroom facilities. The Living Room is off the main entrance separated by bevelled glass french doors which can be closed for privacy. Several members are looking at a warmer colour scheme for the Living Room. We have maintained all entrance ways as handicap accessible. If you haven't been in the office in the past few months, drop in and have a look at the redesign. Thanks to Shirley, Doug, Gary, Dale, Lance and Patrick who have assisted with carpentry and painting.

*James Austin
Coordinator of Administrative Services*

HELPLINE: 384-4554 (GRE)

Reference Material
NOT FOR LOAN
AVI Resource Centre

E: 1-800-665-AIDS (2437)

Artists for AIDS LOTTERY 1995

Dear Everyone!

On behalf of the Artists For AIDS Lottery Committee, I am pleased to announce the launch of the Lottery on World AIDS Day, December 1st, 1994. With potential revenue of \$50,000.00, the Lottery provides an opportunity for Victoria's AIDS organizations to raise substantial funds (divided equally between the three participating societies) for direct services for persons living with HIV/AIDS.

Members, Clients & Volunteers are permitted -- and encouraged -- to purchase tickets! Nor are there any restrictions on staff and board members purchasing lottery tickets. Tickets will be drawn at random by an accredited accounting firm. Everyone is encouraged to sign out books of tickets to sell to friends and family during the holiday season. Beautifully designed, the tickets are meaningful holiday gifts. Tickets can also be ordered over the phone by dialing 384-2366. Visa, Mastercard, cheques and cash are accepted.

General information about the Lottery is included in the ticket order forms available through your member organization. I'd like, though, to inform you about the scope and shape the Lottery will take between December 1st, 1994 and February 14th, 1995 (Valentine's Day).

December 1st:

FORMAL LAUNCH AT THE VICTORIA ART GALLERY

7pm - Choral performance by MUSAIC

8pm - Unveiling of the Lottery Art Collection

8:15 - Reception & ticket sales

December 2nd to February 13:

HOLIDAY PROMOTIONS & TICKET SALES

TICKETS FOR SALE AT THE FOLLOWING BUSINESSES:

Barton Leier Gallery; Benetton; The Body Shop; The Ginger Group; Fran Willis Gallery; The Sally Cafe; Starbucks Coffee; AVI; PWA; VARCS...and more!

LOTTERY DRAW!

February 14th, 1995 (Valentine's Day):

Tickets will be drawn by AVI's accounting firm at 12 noon, Valentine's Day

LOCATIONS FOR VIEWING THE LOTTERY COLLECTION:

December 1st: Victoria Art Gallery

December 2nd to January 15th: The Sally Cafe - 714 Cormorant Street

January 15th to February 14th: The Ginger Group - 733 Johnson Street

* Individual pieces will circulate throughout the sales period for promotion

So, I hope this provides y'all with enough information about the 1995 Artists For AIDS Lottery. If you've any questions, or would like to contribute to the Lottery, please contact me.

Thank you all for your support and participation in the exciting event!

Erik Ages

Coordinator, Communications & Public Affairs

Quilting Project

Is there someone you would like to commemorate with a quilt panel for the Names Project Quilt? Are you interested in making a quilt to keep a PWA warm on cold winter nights? Would you simply like to learn how to quilt? There will be a (long delayed) meeting of the Quilting Project on Monday, January 9th, 1994 at 7:00 p.m.

The Quilting Project requires tools and supplies, including: scissors, quilting supplies such as rotary cutters, cutting mats and rulers; large scraps of fabric; thread; pins and needles; and an iron. If you can spare any of these items, or need more information, give Alicia a call at 384-2366.

Apologies...

to Rowena Peters for omitting her name in the Books, Books, and More Books article in the last Update.

THE UPDATE

The Update is published monthly as a service to members. One-year subscriptions are available for \$15.00. Typed submissions and letters to the Editor are welcome, c/o AVI #304-733 Johnson Street, Victoria, BC, V8W 3C7. The Update will print no sexist, racist or homophobic copy and will cover issues and events from perspectives which will initiate positive change in the work done by and for AIDS Vancouver Island. The appearance of any advertisements, treatment information or letters to the editor, do not imply endorsement by AIDS Vancouver Island. Submissions may be edited for conciseness and grammatical correctness. AIDS Vancouver Island will not be responsible for errors or omissions.

Daphne Armstrong (Editor)

Frances H., Lois M.

EDUCATION

Workshops

Is workshop a noun or a verb? I mean, I workshop, you workshop...we workshop. Mmmmm...

Seriously, though, workshops (in their endless varieties) have been a mainstay of our work in Education Services during the past month. To begin, a one day workshop called Acting on AIDS -- A Safer Theatre Workshop was held on Saturday Nov. 19 in Victoria. In anticipation of World AIDS Day on Dec. 1 (see cover story), the purpose of this day was to bring together community AIDS workers, actors, and young people so that they may learn and share theatre skills and information on AIDS as a global issue.

The keynote facilitator on Nov. 19 was Tisa Chifunye, who does AIDS education through the use of street theatre in her native Zimbabwe. It is hoped that a lot of skill building, peer learning and fun occurred...and also that some follow-up to the day may occur. To this end, representatives of the community AIDS groups up-island were invited, as well as members of the theatre, youth, and multicultural communities in CRD. The day was co-sponsored by OXFAM Canada, VIDEA, the Inter-Cultural Association of Victoria, Action Comedy Theatre Troupe, and AVI.

Think Positive is a new series of workshops (13) being planned with and for members of the Persons with HIV/AIDS (PWA) community in CRD. The workshops, to be launched on Jan. 17, 1995 and to occur bi-weekly in the Living Room at AVI, aim to provide PWAs and their partners with practical skills to tackle a number of day-to-day challenges. This includes: what resources exist in CRD; financial management; nutrition; safer sex and sexuality; wills and powers of attorney; and parenting and HIV to name just a few topics. The project is a joint effort between Victoria Persons with AIDS Society, VARCS, and AVI (Support and Education Services).

HIV and Tuberculosis -- A Community Response is the name of comprehensive and interesting workshop that Claire and I attended on Nov. 4 and 5 in Vancouver. Using a Train the Trainer format, the Canadian AIDS Society sponsored event sought to give participants from across BC a deeper understanding of HIV/TB, and how this knowledge can then be transported back to our home communities. It is my hope that an inservice early in the New Year can be provided to the other staff at AVI.

That about wraps things up for this issue. My thanks to our first class staff (Barb and Shari), our new Chair (Bill), and to our wonderful volunteers who have given yet another

year of boundless energy and enthusiasm (and don't forget hours!) in getting the HIV prevention message out across the Island. My best wishes to one and all for a happy, safer, and restful Holiday Season.

Aaron Severs,

Coordinator of Education Services

STREET OUTREACH

The last six months at the storefront have been busy. We've done an unprecedented number of needle exchanges: more than 50,000 syringes to 700 injection drug users. Our drop-in and nurse's clinic has been equally busy. We have also produced several pamphlets (tips for injection drug users; what prostitutes need to know about HIV testing; needlestick injuries in the workplace; and a weekly "Bad Date Sheet" for sex trade workers); information cards (about Tuberculosis; water-based lubricant; what to do if the police want to talk to you; safer oral sex and safer drug use) and matchbooks with a safer drug message.

Peter McDougall is organizing a needle exchange steering committee, in preparation for his needle exchange program starting in Duncan in December. The remainder of his time is spent doing community development and education in the Cowichan Valley and working two days a week at the storefront in Victoria.

The holiday season is fast approaching and we're starting to make our plans. We have neither the facilities or the space to host a meal for our clients, but we would like to provide them with some food between December 20-30. Contributions of baked goods, vegetable sticks and dips, fruit, cheese and crackers, sandwiches and juice would be greatly appreciated. In addition, we are organizing donations of clothing and toys for clients' children under 12.

Our on-going wish list consists of: a radio/cassette deck; eye glass cases; socks; gloves; sweat pants/shirts; belts; make-up; and toiletries. If you can offer donations or want to volunteer with the Street Outreach program please feel free to call 384-1345 after 4 pm.

Claire Dineen,

Coordinator, Street Outreach

Healing Circle

Beginning in January, Support Services, with assistance from the Native Friendship Centre, will have healing circles for all First Nations PWAs. The dates and times for the healing circles are not yet finalized, but we will have the time available after December 1st. For more information, please call Roshni or leave a message for Pat at 384-2366.

VOLUNTEER NEWS

Can you believe it? The holiday is almost upon us! Rather than impose on Kit & Dene's Crows Nest B&B for a fourth consecutive AVI Christmas Party, we have decided to do something completely different this year. But first let me set the stage...

Remember when the Living Room was the smaller room next to the at-one-time spacious reception area next to the patio? Well, over the past two months or so we have been gradually re-working the space to better meet everyone's needs. The smaller room is now the Helpline/Reception area and Resource Centre. French doors join the 2 rooms and the larger room has become the Living Room with enough space to train new volunteers 3 times a year. Thanks to the efforts of a carpenter, our volunteers and staff (and the patience of those who have been using the space) we will have the renovations completed by Dec 11th, **come hell or high water** to quote the Honourable Paul Martin. Unlike Canada however, AVI does not run at a deficit!

Now...Dec. 11th is a Sunday and all AVI members and volunteers are invited to Brunch at AVI to check out the changes, renew friendships and help us kick start the holiday season.

It's potluck so bring your favourite creation and join us for mulled apple juice and that orange juice concoction that goes down so well at brunches. There will be a tree for the children to decorate and those of you who are up to the challenge can join me for skating at Memorial Arena from 2:30 to 4:00 pm. So dust off your skates, bring your favourite food and join us on the 11th!

Location: 304-733 Johnson St.

Time: 11:00 am - 3:00 pm Brunch (microwaves available)

2:30 - 4:00 pm Skating at Memorial Arena*

* Admission and skate rental included - see JoAnn

* helmets are mandatory for preschoolers (hockey or bicycle helmets are acceptable - some are available at the rink) but also a good idea for older children.

We look forward to seeing you. Season's Greetings to all.

JoAnn Reid

Coordinator of Volunteer Services

ISLAND OUTREACH

Several "Vancouver (and Gulf) Islanders" attended the 8th annual BC AIDS Conference in Vancouver, November 6th to 8th. Among us, we represented AIDS Service organizations in Victoria and across the Island, as well as those agencies and organizations we work closely with - Health Unit staff, needle exchange program workers and professionals in the health care field. AVI was well represented, with both staff and board members being present.

Following the Canadian AIDS Society's initiative for AIDS Awareness Week, this year's theme for the conference was "Focus on Youth". Unfortunately, that focus was sometimes illusive, especially during the opening plenary where youth were barely mentioned at all. However, there were a number of sessions that dealt with issues relating to youth, and the closing plenary featured a panel of youth addressing various issues including positive youth, gay, lesbian and bisexual youth, and AIDS in the family. For me, these youth who presented were the highlight.

Recently, a youth AIDS organization was formed in Vancouver - YouthCo. (Youth Community Outreach). Members of YouthCo contributed to several sessions at the conference, and they were also involved in bringing 30 youth delegates from across the province to the conference, providing for some formal and informal peer education and organizing.

I was fortunate to work with one of the founders and co-directors of YouthCo at the conference. Marc Mertens and I co-facilitated two sessions - Youth Talking About Hot Safer Sex, and HIV/AIDS: Lesbian, Gay and Bisexual Youth. For the purposes of the workshop on Youth Talking About Hot Safer Sex, we asked the participants to identify themselves as "youth" or "non-youth". The participatory session then took these two groups through an examination of some of the barriers for youth in negotiating safer sex such as assertiveness and negotiation skills, power in oneself and in relationship, and self esteem. We identified specific strategies to address some of these issues. There was also a chance for youth to speak to the "non-youth" present as to what was working and what they wanted to see changed in the way of AIDS education.

HIV/AIDS: Lesbian, Gay and Bisexual Youth focused on some of the particular issues faced by those young people whose sexuality isn't part of the school curriculum - what particular issues exist for youth who may feel very unsafe to come out, may have no role models, no support at home, no knowledge of services available to them - or no access to services if they live in a small community or rural area. Adding to these, are the challenges of negotiating safer sex in

S.S.V.M.--that's right--Support Services Volunteer Meeting. There will NOT be a meeting held in December, but we will meet again at 5:00 p.m. on January 16th, 1995.

the age of AIDS, the perception that lesbian sex is safe, and the assumption that AIDS is an older gay male disease. The issues obviously can become very complex. During the workshop we identified the particular barriers - homophobia, self-esteem, and invisibility among them, and also looked at specific strategies to address the needs of these youth.

If anyone is interested in more information, a report is being prepared from these workshops and can be obtained from AVI through the Island Outreach Project at P.O. Box 3156, Courtenay, BC V9N 5N4, or call 335-1171.

In general, life "up-island" remains very busy - there are more and more requests for educational sessions, and the Island Outreach Project is continuing to make contact with People Living With HIV/AIDS in communities across the Island. We also continue to work with communities to develop local responses to HIV/AIDS and now have a Vancouver Island AIDS Network that brings together people from Port Hardy, Courtenay, Port Alberni, Parksville, Nanaimo and Duncan. More news in the new year... In the meantime, wishing you all a safer (!) and happy Holiday Season (and if you don't celebrate any of the many options at this time of year - stay warm!). See you in '95!

Shari Dunnet

Support and Education Worker

HYPNOTHERAPY

Hello to y'all

I've just returned from an extensive study using hypnotherapy for pain, healing and stress management to support fast effective lifestyle changes. Travelling the US coast to coast I have been privileged to train with top specialists who reinforce the idea that nothing is impossible (incidentally I've also picked up a bit of the Southern Drawl). Einstein said, "Imagination is more powerful than knowledge", yet how many of us value it? "As you think, so you become" said Kirpal Singh. There is actually a popular trend in the states where more people are becoming "recovering think tanks" so as to explore "right mode" thinking. Therapeutically speaking, simply going to the inner sanctuary where lies innately wonderful strength, wellness, peace, and love is the primary ingredient to lifting the neuro\bio\chemical springs found within the landscape of your body. Hypnosis is the tool to track.

I'm delighted to share with y'all my services presented on February 3, 1995. My brochure is posted at the PWA Society. Please come and see what's really effective and innovative in the area of hypnotherapy. You'll be glad you did. See you there.

Dawn Pelehos, CCH

THE BIG PICTURE

The Big Picture And The Small Picture Are Interwoven

Could this mean that towns mirror the universe? Or that our cells and bodies mirror Mother Earth herself? Could this mean that if we abuse or neglect Mother Earth our bodies mirror this, and, conversely, that if we treat ALL life with the respect and awe it deserves it will respect us in turn?

Could this mean that balance and harmony are possible, on Earth and in our bodies?

Could we go so far as to say that we, our bodies, ARE Mother Earth?

Could it be that the town and the universe merge right here on the surface of the earth?

Could we possibly say to the one who breaks into our house, intending to harm: "I am truly glad you came. Would you like some tea? Let's get acquainted.

If only we could put aside, just for a moment, our thoughts and feelings about how HIV has altered our lives, wouldn't the voice deep inside, the voice that knows, cry YES.

Couldn't we then, just for a moment, see the HIV virus as the beautiful magnificent life form it is and LOVE and nurture it... just for a moment.

And if we were this virus, wouldn't we be awed, warmed and disarmed... even if for only just a moment.

Kobe ter Neuzen

Think Positive Workshop Series

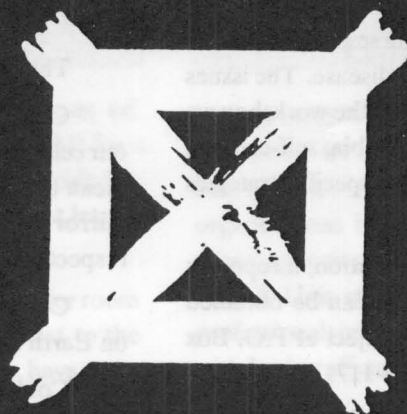
Starting in January, The Victoria PWA Society, Victoria AIDS Respite Care Society, and AVI's Support Services, and Education Services will be presenting the **Think Positive Workshop Series**. We hope, in these workshops, to provide interested PWAs with information which will give them additional control over various aspects of their lives. We will cover a wide range of topics, including: complementary health care; nutrition; wills, powers of attorney, and health care authorizations; sex and sexuality; plus many more. You can choose to attend all the workshops, or you can pick one or two which are of particular interest to you. If you would like to receive a complete agenda, or if you are interested in registering, please call Roshni or Alicia at 384-2366.

FOR SALE - Pine cones!

Great for Christmas crafts. Sterilized.

Fir and cedar cones, too. All sizes.

Call Leanne 380-6608.



DAY WITHOUT ART

AN INTERNATIONAL DAY OF ACTION
AND MOURNING IN RESPONSE
TO THE AIDS CRISIS

D E C E M B E R 1

We acknowledge the tremendous loss
to the cultural community of those
artists who have died of AIDS.

Sponsored by  AIDS Vancouver Island
and The Art Gallery of Greater Victoria

For more information, please call 384-2366

**PERSONS WITH AIDS
SOCIETY**

VICTORIA BRANCH

Activities for December/January

OFFICE and LIBRARY: 613 Superior Street.
HOURS: Monday to Friday 11:00 pm to 4:00 pm. Phone 383-7494

PARTY PARTY: our annual holiday social will take place Saturday Dec 10 at 7:30 pm. Food and beverages provided. Open to the HIV+ community, their friends and supports. This is a non-alcohol event.

HYPNO-THERAPY FOR HIV AND PAIN MANAGEMENT: a seven part, three week intensive provided by a professional clinical hypnotherapist. Tentatively scheduled for late January subject to sufficient interest. Free. Please phone the office to register.

REVIEW, ASSESSMENT AND FUTURE DIRECTIONS: a professionally facilitated discussion group for a constructive evaluation of the Society by its membership. Full members are especially invited to participate. Compliments and complaints are welcomed. Lunch provided. RSVP required. Saturday January 14, 11:00 am - 3:30 pm.

PWA HEALTH EDUCATION SERIES #45: MEDICAL UPDATE by Dr. Mark Katz and Update ON IMMUNE RESTORATION THERAPIES: LIGHT AT THE END OF THE TUNNEL? by Dr. Jeffrey Galpin, Wednesday, January 11 at 1:30 pm.

PWA HEALTH EDUCATION SERIES #46: MEDICAL UPDATE by Dr. Mark Katz and STATE-OF-THE-ART HIV THERAPIES: A PANEL DISCUSSION BY LEADING HIV SPECIALIST PHYSICIANS FROM LOS ANGELES. Wednesday, January 18 at 1:30 (video: 1 hr. 52 min.)

RED RIBBON DINNERS PROJECT: HOME DELIVERY OF A WEEK'S SUPPLY OF PREPARED FROZEN MEALS. PEOPLE RECENTLY RELEASED FROM HOSPITAL, WHO LIVE ALONE AND/OR WHO ARE EXPERIENCING SEVERE

FATIGUE AND ANOREXIA ARE ESPECIALLY ENCOURAGED TO APPLY. INFORMATION AND CRITERIA ARE AVAILABLE FROM THE OFFICE. FREE.

HAIRCUTS: SECOND MONDAY of the month; by appointment; by a fellow PWA; optional donation according to circumstances.

FOOD BANK: orders in by Wednesday 4:00 pm. Pick-up Thursday between 3:00 and 4:00 pm.

TREATMENT INFORMATION PROJECT: by appointment only. A survey of options (without endorsement) and standards of care from published sources.

ACUPUNCTURE CLINIC: by Dore Vanden Heuval, DCTM, Thursdays, 9:00 to 4:00 pm. Openings for new clients. By appointment. By donation.

DEEP RELAXATION AND MEDITATION: Tuesday at 4:00 pm. Facilitated.

TREATMENT SUPPORT GROUP: an informal sharing of personal experiences (good and bad) related to HIV/AIDS therapies, drugs, side-effects, complementary therapies, health care providers and related topics. Non-facilitated, confidential. Last Friday of each month at 1:00 pm (excluding December).

MEDICAL ADVOCATE TO THE HIV COMMUNITY: a monthly forum for the HIV/AIDS community and their representatives. The advocate will discuss current research on HIV management, answer general questions on AIDS and act as an advocate/ombudsman and liaison with the medical community when issues arise around quality of care. Call the office for details and next meeting date.

DONATIONS OF FOOD AND TOILETRIES TO THE HOLIDAY HAMPER PROJECT ARE WELCOME

**THE FACTS BEHIND THE HELSINKI
ROCCAMATIOS**

Prize-winning story on CBC TV *Adrienne Clarkson Presents* deals with coming to terms with death when one of two young university friends gets AIDS. December 29, 8 pm.

OVER 40?

Prime Timers Victoria is a social, recreational, and educational organization for gay and bisexual men over 40. We meet on the third Sunday of each month at James Bay United Church, 511 Michigan Street, starting at 3 PM.

Come on down and check us out, or feel free to contact us at 727-6669.



A United Way Member Agency

WANTED

Support Services Department urgently requires donations of children's toys. If you have toys or games suitable for young children, please drop them off to Alicia or Roshni. If you have blankets or quilts that no longer suit your home decor, Support Services would gladly take them off your hands. We also require donations of winter clothing for both adults and children.

Do you like to cook? Support Services needs casseroles, salads, appetizers and baked goods to feed a room full of hungry people at the PWA Holiday Party. You can call Alicia or Roshni for more information, or simply drop your donations off before 1:00 p.m. on Friday, December 16th.

Support Services would ALSO appreciate any/all donations of table lamps and oil lamps for our newly improved and soon-to-be funky Living Room!

If you have items to donate and are unable to drop them off, please give Alicia or Roshni a call at 384-2366.

Holiday Party

On December 16th, at 1:00 p.m. in the Living Room, all PWAs, Support Services Volunteers and other volunteers are invited to attend the first annual Christmas/Hanukkah/Holiday Party. Food and drink (sorry, non-alcoholic) will be provided, so leave your holiday blahs at home and come feast and make merry with us! See you there.

P.S. Volunteers are encouraged to contribute to the buffet.

Red Ribbon Dinners Society Christmas Fundraiser Benefits AIDS Meals Program

Victoria - The Red Ribbon Dinners program, a volunteer group that prepares and delivers meals for people living with AIDS, is holding a unique fundraising brunch and tea dance on Sunday, December 11, 1994 at noon at the Met Bistro.

A sumptuous brunch buffet will be prepared by staff of the Met Bistro, one of Victoria's finest restaurants, who are volunteering their time to help the program. The meal will be complemented by the latest music, dancing, door prizes, and some of Victoria's most outrageous people.

"The money raised will go directly to funding our meals program," said Wendy Tredger, program co-ordinator. "Since our program started in April, we have prepared and delivered over 3,500 meals."

Tickets are available for \$20.00 at the Met Bistro, 1715 Government Street.

Contact: Wendy Palynchuk (604) 920-7977

VANCOUVER Island AIDS Society

(non-profit registration # 0756957-11-28)

MANDATE

"AIDS Vancouver Island shall confront Acquired Immune Deficiency Syndrome, prevent its spread through education, support all those affected by the disease, and advocate on their behalf."

BOARD OF DIRECTORS

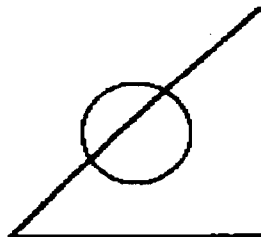
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VICE-CHAIR Jim Wilton
TREASURER/SECRETARY Ross McKinnon

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Dana Becker	Karen Dickey	William Davis
Karen Gallagher	Jim Wilton	Glen Peers

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Coordinator of Administrative Services James Austin
Program Clerk Isabella Luke
Support Worker Roshni Narain
PWA Advocate Alicia Parker
Support and Education Worker
(Comox Valley) Shari Dunnet
Coordinator of Street Outreach Claire Dineen
Street Outreach Worker Bart Wittke
Coordinator of Volunteers JoAnn Reid
Communications & Public Affairs Erik Ages
Coordinator of Education Services Aaron Severs
Education Assistant Barb Chester
Community Development Worker
(Cowichan Valley) Peter MacDougall



**Victoria
AIDS
Respite
Care
Society**

611 Superior Street
Victoria, B.C. V8W 1V1
Phone: (604) 388-6220
Facsimile: (604) 388-0711

DIRECTORY

**AIDS INFO LINE
(VICTORIA)
384-4554**

**TOLL-FREE INFO LINE
1-800-665-2437**

**ADMINISTRATION
EDUCATION
SPECIAL EVENTS
SUPPORT SERVICES
VOLUNTEERS
384-2366**

**FACSIMILE MACHINE
380-9411**

**ISLAND OUTREACH PROJECT
(COMOX VALLEY)
PHONE 335-1171
FAX 335-1178**

**ISLAND OUTREACH PROJECT
(COWICHAN VALLEY)
PHONE 746-0808
FAX 746-0808**

**STREET OUTREACH
(OFFICE)
384-1345**





LOCATION OF EVENTS

All events, unless otherwise indicated, are held at AVI's main office 304 - 733 Johnson Street. Those in *italics* are scheduled for alternate locations. Please call Helpline for more details.



AIDS Vancouver Island

DECEMBER 1994

S/S	M	T	W	T	F
<p><i>Living Room drop-in hours (unless booked) are Monday thru Friday from 9:00 - Noon</i></p> <p><i>Lunch hour from Noon - 1:00 Everyone Welcome</i></p>				1 World AIDS Day	2
3 4	5	6	7 Women's Group 5:00 - 7:15 pm Women & AIDS Project 7:30 - 9:00 pm	8	9
10 Board Meeting 2pm-5pm 11 PWA Society Party 7:30 pm  Holiday Brunch at AVI 11 am - 3 pm	12	13	14 Helpline Meeting 5:00-6:00 pm Speakers Bureau 6:00-7:00 pm	15	16 Holiday Party 1:00 pm at AVI for PWAs 
17 18	19	20	21 Women's Group 5:00 - 7:15 pm Women & AIDS Project 7:30 - 9:00 pm Education Committee 5:30-7:00 pm	22	23
24 25  MERRY CHRISTMAS	26 OFFICE CLOSED	27 OFFICE CLOSED	28 OFFICE CLOSED	29 OFFICE CLOSED	30 31 

DIRECTORY

AIDS INFO LINE
(VICTORIA)
384-4554

TOLL-FREE INFO LINE
1-800-665-2437

ADMINISTRATION
EDUCATION
SPECIAL EVENTS
SUPPORT SERVICES
VOLUNTEERS
384-2366

FACSIMILE MACHINE
380-9411

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(COMOX VALLEY)
PHONE 335-1171
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AIDS Vancouver Island

JANUARY 1995

S/S	M	T	W	T	F
<p>1</p> <p>HAPPY NEW YEAR</p>  	<p>2</p> <p>OFFICE CLOSED</p>	<p>3</p>	<p>4</p> <p>Women's Group 5:00 - 7:15 pm</p> <p>Women & AIDS Project 7:30 - 9:00 pm</p>	<p>5</p>	<p>6</p>
<p>7</p> <p>8</p>	<p>9</p> <p>Quilting Project 7:00 pm</p>	<p>10</p>	<p>11</p>	<p>12</p>	<p>13</p>
<p>14</p> <p>15</p>	<p>16</p> <p>Support Services Volunteer Meeting 5:00 pm</p>	<p>17</p>	<p>18</p> <p>Women's Group 5:00 - 7:15 pm</p> <p>Women & AIDS Project 7:30 - 9:00 pm</p> <p>Think Positive</p>	<p>19</p>	<p>20</p>
<p>21</p> <p>22</p>	<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>	<p>27</p>
<p>28</p> <p>29</p>	<p>30</p>	<p>31</p>	<p><i>Living Room drop-in hours (unless booked) are Monday thru Friday from 9:00 - Noon</i></p> <p><i>Lunch hour from Noon - 1:00</i></p> <p><i>Everyone Welcome</i></p>		