

"Sister C says be kind to yourself in the coming New Year (beacuse you never know who's looking)"



AIDS Vancouver Island shall confront Acquired Immuno-Deficiency Syndrome, prevent its spread through education, support all those infected and affected by the disease, and advocate on their behalf.

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EDUCATION SERVICES

A new year is upon us and that means more changes for the Education Services department. Look for a higher public profile and use for the Helpline, Speakers' Bureau and Resource Centre as we implement our new promotion plan, delivered last month by Royal Roads University student, Sandra Houston. Program planning will assume a higher priority as the Education Committee completes its planning document which will chart the course of Education Services during 1997-98. Also, the department will be expanding its training, working in part with Support Services and Street Outreach Services to include workplaces, community agencies and institutions and other social service providers." Best of the New Year to everyone.

Research Projects

In late November Peter MacDougall and Stephen Samis, along with researcher Dr. Marilyn Walker, had an opportunity to attend a meeting in Ottawa on behalf of the MARS Project. The meeting, convened by Health Canada, brought together seven other research teams doing work similar to the MARS Project. Four of the projects, including MARS, are researching men who have sex with men (MSM) and are located in Victoria, Windsor, New Brunswick and Montreal. The women's projects are located in Windsor, Montreal, Kingston and Ottawa. All of these projects are part of a new generation of HIV risk reduction research that is using a qualitative approach to research.

The MARS research team was pleasantly surprised to discover how unique our project is. Unlike the others, it is housed at a community-based agency whereas the others are housed at a university. This seemingly simple fact can have quite an impact on the research process. For example, the strategies that we have used to access men for the MARS Project have been largely created by AVI and MARS staff and volunteers. So, from our promotion campaign to the people we actually interview the entire process has been shaped by the community. In other projects it has been the university that has been driving the project which doesn't mean the research is any less worthy. But, in our case, the fact that our research is more community-based means that it will, we hope, be more relevant to the community.

ewsietter

Men's Outreach Project

Well...yes, it has been confirmed! Safer sex missionary, drag-nun extraordinaire Sister C (see photo above) of Vancouver will be the special guest at this months community forum. The forum entitled ManSex, will feature a discussion of sex and its meaning for gay and bisexual men. It's the Oprah show you never saw! Not for the faint hearted.

The forum will take place at Open Space Gallery, 510 Fort Street on Wednesday, January 22 from 7-9pm. A social will follow from 9-10pm. Admission is free, men only please.

HIV-negative? How do you feel? The Men's Outreach Project announces groups for HIVnegative gay and bisexual men. We will discuss what it's like living in the midst of an epidemic: isolation, survivor's guilt, sex, relationships, grief. The group runs 90 minutes weekly for six weeks beginning January 30 at AIDS Vancouver Island. Please call Robb at 384-2366 to register. Enrolment is required & limited to 15.

VOLUNTEER SERVICES

It's been quite a year at AVI. With double the physical space we still have problems fitting everything in! The good thing about having an Open House is that it forces you to get organized, so the next time you're in the office check out Volunteer Services (in the old part) and enjoy our wall of photos. You just might see yourself in our photo gallery.

Comings and Goings

Welcome back to Ron and Ron who have both returned to volunteer in Administration, after many months away. Thank you and Au revoir to Krista who has been a regular on the helpline over the past few months. Krista is off to Vancouver, our best wishes go with her.

JoAnn and Bridget wish each of you Peace and Happiness in the New Year.

- Marilyn Branco

SUPPORT SERVICES

Monday Night Dinner: All PLWHIV/ AIDS are invited to dinner on January 27th at 5:15 pm. Hope to see you there!

The Long Month: Just a reminder to everyone receiving income from GAIN-D that this is a five-week month as you will have received your January cheque a week early.

Art Therapy: Drop-in art therapy group begins on January 28 from 1-4pm. Space is limited to ten (10) people so please call up and register with Bart. This art therapy group will meet each Tuesday and will cover a range of different topics including humour, hope, body image, self esteem, relationships, poverty and intimacy. Please give us a call if you want more information on: art therapy, topics being covered or the group itself.

Art Therapy II: There will also be an evening art therapy group. This is a closed group for gay men in relationships. If you are in a relationship (with someone who is HIV+ or HIV-) and would like to join this group that will cover a range of different topics, please give Echo a call at 384-2366. This group will also begin at the end of January and will run for eight weeks.

QUILTING: We are looking for five or six people to create a quilt for the Living Room. This is not a memorial quilt—it will be a decorative quilt. So, if you want to learn how to quilt, or would like to work on one with some other people, please give Roshni a call. The quilting group will meet every **Thursday from 1-3pm.**

Haircuts: Norma will provide haircuts on January 14th from 1-3pm. If you would like to sign-up for a haircut, please call any one of the Support staff.

Support Services Volunteer Meeting: this meeting will be on January 20th starting at 5:30pm.

Partners, Families and Friends Group: This group meets on the **first and third Thursday of each month from 7-9 pm**. If you would like any further information, please give Bart a call.

- Roshni Narain

BOOK REVIEW

In a review of Dr. Peter Duesberg's Inventing the AIDS Virus (1996), Richard Horton (The New York Review of Books) says, "Duesberg makes two astonishing claims: First, that HIV is not the cause of AIDS, and Second, that since AIDS cannot be understood as a single disease, it must have different causes according to which group of people-haemophiliacs or homosexual men for example-one studies."

Duesberg sees AIDS in America and Africa as two separate entities with the American model having 40% conversion rate from HIV+ to full-blown AIDS, and being comprised of 62% homosexual men and 32% IV drug users. In Africa, only 6% have moved from HIV+ to AIDS and the distribution rate is 50/50 male/female. Duesberg's central theory is that the long term use of recreational drugs (and, more specifically, nitrate inhalants) is the true use of AIDS in the West. At fault a, the behavioural changes that accompany drug use as well as the damage done to the body's defences by the long term use of drugs, including AZT. He dreams of a day when drug-enforcement agencies and AIDS researchers unite to fight drugs in much the same way as the war on tobacco is currently being fought.

Describing AIDS as a "fabricated epidemic" and not infectious, Dr. Duesberg documents other diseases once mistakenly thought to be viral (diabetes, MS), criticizes the way research is funded stating that it leads to mediocrity and conformity, and levels charges of fraud against some of his peers. He offers no new data, saying only that a reinterpretation of existing data is needed.

Duesberg's attempts to gain funding to test the validity of his hypothesis have f situation some have found disturbing for what it says about the orthodox scientific establishment and its rigid peer review system, which has firmly closed ranks against Dr. Duesberg and other dissenters. Despite his qualms about Duesberg's theories, Horton says, "At a time when fresh ideas and new paths of investigation are so desperately being sought, how can the AIDS community afford not to fund Duesberg's research?"

-Caryl Peters

This book and many others are available at AVI's Resource Centre located at 304 - 733 Johnson Street, New titles are always arriving, we invite you to stop by and browse our selection.

STREET OUTREACH SERVICES

Alison Roth is a 4th year student from the UNIVERSITY OF VICTORIA, SCHOOL OF SOCIAL WORK. She is in the Idle of her practicum at AVI's Street Outreach Services.

In August of 1996, the time came for Alison to find a practical situation that would benefit,



Cember 16, 1996 To: All AVI Members, Partners and Supporters From: Ted Matthews - Chair, Board of Directors RE: <u>Financial Assistance Fund (FAF)</u>

On December 10, 1996 the board of Directors unanimously passed a motion to temporarily suspend all FAF payments effective immediately. The Board made this decision as the FAF is running at \$4000 (or 100%) per month over budget. The Board reviewed other budget items in an attempt to identify if extra funds could be shifted to support the FAF. Unfortunately, no extra money could be found.

The purpose of this letter is to provide all PWAs, members, partners and supporters of AVI with the most current information regarding the status of the FAF, and the steps we are taking to resolve this issue. The Board is committed to communicating directly with the membership on this issue.

The decision to suspend FAF payments was not easy. It is a highly charged and emotional issue for everyone. Our objective is to develop a longer term plan to ensure the FAF, or another form of direct assistance, is effective, and has a predictable and sustainable funding base.

Purpose of the FAF

The purpose of the FAF is to provide limited financial assistance to PWAs who have temporary and pressing financial need, normally, basic needs related to health and social welfare.

This year, the Fund has distributed over \$50,000 to assist PWAs. This represents an increase of \$10,000 over last mars budget.

ents are eligible to receive up to \$500 a year, with a maximum of \$200 per month.

The FAF is not, and never has been a sustaining or "parallel" welfare program. The FAF has never had the funds to serve as an effective means to meet the needs of PWAs living in poverty.

Questions and Answers Regarding the FAF

Q: Why have FAF payments been temporarily stopped?

A: The FAF is running at \$4000 (or 100%) per month over budget. There is no money available from other program areas to shift to the FAF.

Q: Why is there no money in the FAF?

A: There is no more money in the Fund because more people than ever before are in financial need and are accessing the FAF. This increase in need is due in part, to the three month residency requirement for GAIN and more restrictions on Social Services crisis grants.

Q: Is there a contingency fund that can be used by the FAF?

A: AVI does not have a "contingency fund". We do however have a small reserve to be used if expenditures do not match up to income. This surplus is budgeted at \$1,700. This is the only "contingency" money available for allocation to budget areas which become overspent.

Q: What has the Board done, and what is it doing now?

A: A Task Force was established in August 1996 to examine the issues and options facing the FAF. It did not meet, probably as a result of other priorities. Also, the number of requests for FAF assistance were steady in the summer, and only increased dramatically starting in September. However, a new Board was elected in late October, 1996.

At its first meeting, the Board moved immediately on this issue by directing the Task Force to identify practical

ns to address the issues facing the FAF.

Q: What has the Task Force done?

A: The Task Force met twice, in November and December. Membership on the Task Force includes PWAs, support staff, Board representatives and others. The Minutes of the two meetings held to date indicate that the Task Force

(continued)

has not identified practical options to address the issues facing the FAF.

The Board therefore decided at its December 10th meeting to re-focus the efforts of the Task Force, and to deal head-on with the FAF cost over runs.

Support staff who administer the FAF have been asked to provide critical information regarding the program, such as:

- # of new and ongoing clients

- breakdown by type of request (i.e. food, shelter, parking tickets.i.)

- current criteria and process for FAF approval

- # of request denied, and

other information which will provide problem-solvers with the baseline data they need in order to find practical, long term solutions to the issues facing the FAF. All names will be vetted to maintain client confidentiality.

Q: So what else are the Board and management doing to address the problems facing the FAF?

A: The Board and management have moved immediately in the following ways:

- distributed a letter to all PWAs on Dec 12th to inform them of the decision to temporarily suspend FAF payments - met with PWAs on Dec.13th to provide information on the decision and to listen to PWA concerns

- directed that all discretionary spending must first be approved by senior management in an effort to identify any savings that can be shifted to the FAF

- initiated an emergency fundraising request through local media outlets to obtain funds for food, shelter and other necessities for PWAs

- requested the PWA Caucus meet immediately to: listen to PWAs concerns to temporarily stop FAF payments; discuss the issues facing the FAF; and to identify practical, short and long term options which will help get the FAF back on its feet

- scheduled a special FAF Problem Solving Session in December with representatives from the PWA Caucus, Board,staff and partners to identify options and make recommendations to the Board on practical strategies which will ensure the FAF is effective, and has a sustainable funding base

- requested a review of the eligibility criteria to ensure that all FAF money goes to those PWA's who truly need it the most.

We will also continue to communicate directly with members regarding the progress we are making in resolving the problems facing the FAF.

Summary

The FAF is out of money. We do not have the funds that we need to provide PWAs with adequate resources through the FAF.

There have been a lot of angry words, accusations, fingerpointing and blaming. And unfortunately, a lot of mis-information has been passed out. A number of people involved with this FAF issue are angry.

The issue facing the Agency now is whether we have the will and desire to put the anger and accusations aside, and to come together as quickly as possible to identify practical options which will enable us to get the FAF back on its feet.

The Board of Directors and management at AVI believe that the plan and steps we have laid out will be effective, if there is a will on the part of PWAs, staff, Board and others, to honestly address this problem head on.

In closing, we appreciate any donations which can be immediately applied to the FAF. Please make your cheque out to: AVI-(FAF). Thank you.

For information, please contact: AIDS Vancouver Island 302-733 Johnson Street Victoria, BC V8W 3C7 Phone: (250) 384-2366

Ted Matthews, Chair, Board of Directors Ruthann Tucker, Executive Director Wally Hiebert, Vice-Chair, and FAF Task Force Chair

The Future at AVI

Education/Support Services Collaboration

Think Positive: Brown Bag Lunch Education Series This daytime series is open to Persons Living with HIV/ AIDS. Come and join us for a brown bag lunch and participate in an exciting education series.

> Time: noon - 1pm Place: AVI, 302 - 733 Johnson St.

February 12

What is a viral load test and what does it mean to me? Dr. Frank Jagdis talks about viral load tests.

•February 26

Problem with your landlord? Come and hear a housing advocate talk about your rights and answer your questions.

•March 12

** orking the system for you.

anti-poverty advocate talks about the ins and outs of social assistance.

March 26

Stressed Out?

An expert in coping and relaxation techniques will give you tips on reducing stress in your life.

Think Positive: Coffeehouse Education Series

• This evening education series is open to Persons Living with • HIV/AIDS. Refreshments will be provided.

> Time: 7-8:30pm Place: AVI, 302-733 Johnson St.

•April 9

AF).

What is a viral load and what does it mean to me? A medical doctor discusses viral load tests.

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Thinking about leaving work: income security post-employment.

Find out about CPP, UIC, Social Services. Workplace Options (i.e. long term disability). May 7 Disclosure: To tell or not to tell? Discuss HIV disclosure issues as they relate to the workplace, friends, partners and family.

May 21 Relationships, Sex & HIV. Discuss issues around intimacy and Living with HIV.

Men's Outreach Project

MOP Community Advisory Committee

Closed meeting for advisory committee members. December 3, February 4, April 1

MOP Community Forum

Talk show format, For gay and bisexual men, Free.

January 22

7:00 - 9:00pm. Topic: ManSex. Location: TBA Special guests: Sister C.

April 15

7:00 - 9:00pm. Topic, location & special guests: TBA

HIV Negative Support Group

Facilitated groups for HIV negative men to discuss living, sex and relationships in an epidemic. Free, limited to 15. Registration required. Location: AIDS Vancouver Island. **Begins January 29**.

Latex Brigade Training

Specialized training for those interested in joining MOP's volunteer outreach team. Outreach and education to bars, public sex environments and special events. Registration required. Call Robb or JoAnn. **February 6 & 13**. 6 - 9pm.

Volunteer Services

January 29th through February 19th Volunteer core training - AVI Nanaimo

February 26th through March 19th Volunteer core training - AVI Victoria

April 20th to April 26th Volunteer Recognition Week in Canada

JANUARY 1997	S/S	4 5	11		18 Helpline Training 19 10 - 4 pm	25 26	
JAN	F	٣	01		17	24	31
Island	Т	2 Partners, Families & Friends Support Group 7-9 pm	6		16 Partners, Families & Friends Support Group 7-9 pm Safer Injection Workshop Group 7:30-9:30 pm 1220 Commercial Alley - SOS	33	30 HIV negative support group 7 _{\$} 8:30pm. Registra- tion required.
DS Vancouver Island	M		80	UPDATE Meeting 5:30 pm	15 Helpline Training 6:30 - 9:30pm	22 ManSex Community Forum Open Space Gallery 7-10pm	29 Helpline Volun- teer Meeting 5:00pm Volunteer Training starts in Nanaimo
AIDS V	T		Education 7 Committee meeting 5pm	HIV+ Women's Support Group 5-7pm	14 Haircuts for PLWHIV/AIDS 1-3pm	21 Speaker's Bureau Meeting 5:30pm HIV+ Women's Support Group 5-7 pm	28 Art Therapy Drop-in Group for PLWHIV/AIDS 1-4pm Focus Group Speaker's Bureau 6-7:30pm
Z	M		¢		13 Helpline Training 6:30 - 9:30pm	20 Support Services Volunteers Mtg. 5:30pm Volunteer In- service. Alternative Therapies Healing workshop 6:30pm	27 PWA Dinner 5:15 AVI Living Room
DIRECTORY	AIDS INFO LINE (VICTORIA) 384 A554	TOLL-FREE INFO LINE 1-800-665-2437 ADMINISTRATION EDUCATION	SUPPORT SERVICES VOLUNTEERS Tel: 384-2366 Fax: 380-9411	STREET OUTREACH	Tel: 384-1345 Tel: 384-1345 ISLAND OUTREACH (NANAIMO) Tel: 753-2437 Fax: 753-4595	ISLAND OUTREACH (Cowichan Valley) (Cowichan Valley) TEL 746-0808 FAX 746-8666 AVI WEBSITE http://www.avi.org E-Mail: info@avi.org	LOCATION OF EVENTS Events, unless indicated otherwise, occur at AVI's main office 304 - 733 Johnson Street.

yet coincide with the guidelines of the University. The School of Social Work pro--led a list of placements. Alison had always bee interested in what was involved in providing street outreach, so when she saw AVI's Street Outreach Services (SOS) offered as a placement, she contacted AVI. She was then referred to the SOS Needle Exchange.

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Alison was mainly interested in exposure to street level issues. Once she became involved she found that she had more of a common connection with street level people than she first thought. When she realised this she noticed that although the street level people might have the same qualities, understanding and perhaps goals, that they were in fact treated differently by society. Alison stated that she has developed an anger as to why these people get treated differently than she is treated. Alison feels that they should be valued and not marginalized. Because Alison was raised in a rather middle class surrounding she felt as though she was sheltered from street level existence and poverty in general. With education and gained practical experience, she has learned about confidentiality, crisis intervention and basic counselling.

Since she began she has arranged for *Safer*, *Injection* workshops to be held at SOS. These workshops benefit injection users, and gave Alison a taste of what it is like to offer the community a service which has not yet been rendered in the city of Victoria (congratulations Alison!). Much to Alison's surprise a request has come to her that another *Safer Injection* workshop be conducted. The next workshop is scheduled for January 16t^h from 7:30p.m.-9:30p.m.

- Leah Morgan

Zenith Foundation Meetings

Since October 24th, AVI has welcomed the Victoria Chapter of the Zenith Foundation to use the training room for its meetings. Zenith Foundation provides support and education for transsexuals and is run by transsexuals. The Victoria Chapter meets every 2nd Wednesday.

This group requires the same level of confidentiality as AVI services. Members attending these meetings expect discretion. I hope members of AVI will respect the difficult issues Zenith Foundation members face and understand the courage it takes to complete this process.

- Ingrid Olson

STAFF PROFILE - VOLUNTEER SERVICES

For some of you who have not yet had the opportunity to meet JoAnn Reid, and Bridget MacKenzie let me introduce you...

JoAnn Reid Coordinator of Volunteer Services

Q: How long have you been with AVI? A: Six Years

Q: What is your role here at AVI?

A: As AVI's Volunteer Services Coordinator my role crosses all AVI programs in the recruitment, screening, training and recognition of volunteers. Volunteer Services is an integral part of the organization.

Q: What is your vision for AVI?

A: I would hope that AVI remains a people place. Project funding, which seems to be the way of the future, means that we are always initiating new projects. This sometimes makes it difficult for the ocus on what we do well - which, I think, is to support those living with HIV, provide education & health promotion services and to provide an opportunity for individuals to grow and experience the benefits of volunteering in a vibrant organization. Q: Who are the loves of your life?

A: My husband Les, daughter Jenny and my ninety-one year young mother Page.

Q: If you won the lottery, what would you do?

A: Look into opening an AIDS hospice or housing for PWAs and open my own gift shop,

Q: If you could change one thing in the world, what would that be?

A: Mans inhumanity to man.

JoAnn would like to wish PWAs, volunteers and staff a healthy and fulfilling 1997.

-LEAHMORGAN

Bridget MacKenzie Support Worker - Volunteer Services

Q: What is your role here at AVI?

A: To support the Coordinator of Volunteer Services; to assist with tasks involving Volunteer Services; and to, provide in-service programs for AVI volunteers.

Q: What is your vision for AVI?

A: Not to lose sight of the purposes of AVI.

To see that those living with HIV, and the volunteers at AVI, continue to be enabled and empowered to use their talents and skills which improve services for people living with HIV/AIDS.

Q: Who are the loves in your life?

A: My partner Daphne, our cat Lili and dog Suka.

Q: If you won the lottery what would you do with it?

A: Help to set up a wellness centre for people living with HIV/AIDS

Q: If you could change one thing in the world, what would it be?

A: To change humankinds inhumanity to ourselves and the planet.

Bridget would also like to extend her new year wishes by saying, "To all staff, volunteers and PWAs, Health, happiness and love in the new year."

-LEAHMORGAN

Each month we will profile a different department at AIDS Vancouver Island, including Nanaimo and the other Regional Services departments.

BOARD REPORT

Happy New Year from AVI's Board of Directors. New Years represents change, new beginnings, and resolutions (does anyone keep those?). Since the AGM in October, half of the Board is new. New faces, new ideas. The mandate of AVI is still the same. The new board members are enthusiastic and dedicated to carrying out the mandate of AVI.

The Board orientation was held Sunday, November 17th. This was a productive introduction for new members like myself and for continuing members as well. We reviewed the balance sheet and discussed AVI's financial picture. Committee chairs and members were allocated to positions following a questionnaire which identified board members' experience and areas of interest. The orientation session was a full agenda and a lot of material was covered in one day.

As mentioned by Ted Matthews in the December UPDATE, different board members will write articles each month and be profiled so that you become familiar with your Board.

As Chair of the Street Outreach Committee I am looking forward to working with Claire and her

staff to continue the all-important (and often overlooked) work done at S.O.S. I am also on the Education Committee which will be chaired by Mike Costello. I'm quite happy about being involved with Education Services, Helpline and Speaker's Bureau. The other committee appointments include: Support Services, Chair - Ed Wilson, Board member - Darlene Taylor; Communications & Fund Development, Chair - Stephanie Bogaert, Board members - Mike Costello and Norman Brulotte; Volunteer Services, Chair transsexual support group, Zenith Foundation. Although this is not a service of AVI the group has been graciously given use of a meeting room at AVI. This is another organiz I dedicate my time to. For those of you who don't know me personally, I am a transsexual and I bring those experiences to the Board.

> I want to invite any AVI member with questions or issues to approach me directly and voice your concerns, AVI exists to assist those infected and affected by HIV and AIDS and we can't lose sight of that. Unlike those, "I'm gonna lose ten pounds..." resolutions I hope that you can be assured of your Board.

-Ingrid Olson

As promised in the last issue of the UPDATE here is a photo of AVI's new board. From top to bottom and left to right, the Jim Aalten (Regional & Remote Services Chair), Wally Hiebert (Inter-agency Chair), Cindy Jamieson, Bob Milne (Treasurer), Daniel Schulte, Ed Wilson (Support Services Chair), Mike Costello (Education Services Chair), Darlene Taylor, Linda Verruyt, Ingrid Olson (Street Outreach Services Chair), Stephanie Bogaert (Communications & Fund Development Chair), Ted

Matthews (Chair, Board of Directors) and Norman Brulotte (Volunteer Services Chair).

For a full report on the recent developments regarding the Financial Assistance Fund (EAF) please see the centre insert of this months issue of The UPDATE.

THE UPDATE

On a personal note, I also facilitate a

- Norman Brulotte; Regional & Remote

Services, Chair - Jim Aalten, Board Member

- Daniel Schulte; Inter-agency, Chair - Wally

Hiebert.

The Update is published monthly as a service to members. One-year subscriptions are available for \$15.00 Typed submissions and letters to the Editor are we c/o AVI #304-733 Johnson Street, Victoria, BC, V8W 3C7, or via EMAIL at update@avi.org. The Update will print no sexist, racist or homophobic copy and will cover issues and events from perspectives which will initiate positive change in the work done by and for AIDS Vancouver Island. The appearance of any advertisements, treatment information or letters to the editor do not imply endorsement by AIDS Vancouver Island. Submissions may be edited for conciseness and grammatical correctness. AIDS Vancouver Island will not be responsible for errors or omissions.

Stacy P. Leblanc (editor) c/o sleblanc@avi.org

NewsLetter Committee: Marilyn Branco, Michelle Purdon, Leah Morgan, Tim Leslie-Spinks

