



For immediate release – March 19, 2008

Dine out and fight AIDS for the 3rd annual Dining Out For Life in the Comox Valley, sponsored by Stella Artois

Courtenay – By eating dinner at one of several restaurants in the Comox Valley on Thursday, March 27th, community members will enjoy great food and help raise money for AIDS Vancouver Island (AVI).

The Atlas Café, TITA'S Mexican Restaurant, and Toscanos Trattoria are participating for the third year in a row, Martine's Bistro, Union Street Grill & Grotto, and Kingfisher Oceanside Resort & Spa for their second year, and newly on board this year are the avenue bistro, the Great Escape, and Thyme On The Ocean.

“The success of the event depends on getting the word out because the amount of money raised depends on how many people participate by ‘Dining Out’ on March 27,” said Katrina Jensen, executive director of AIDS Vancouver Island. “All money raised in the Comox Valley will go to support our programs in this community.”

Jensen and a team of volunteers have garnered support from 62 restaurants across Vancouver Island to participate in the island’s third annual *Dining Out For Life*, an international fundraiser for HIV/AIDS. On March 27th, participating restaurants will donate 25% of their food sales to AIDS Vancouver Island. In addition to the restaurants’ donations, diners are encouraged to make individual donations. And the generosity doesn’t stop there – **Stella Artois** will contribute \$1 from every sale of their beer at participating restaurants on March 27.

AVI and its island-wide team encourage islanders to join in the fight against AIDS by “Dining Out For Life” on March 27. Joining in is easy! By enjoying a meal out at participating restaurants on this date, community members can contribute to a great cause, and individuals and families benefit from much needed programs and services that will improve the quality of their lives. Reservations are recommended.

AIDS Vancouver Island continues to provide community health services focused on the prevention and treatment of HIV/AIDS and hepatitis C across Vancouver Island.

For a complete list of the 62 restaurants participating across Vancouver Island, visit www.DiningOutForLife.com or call AIDS Vancouver Island at (250) 338-7400.

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For more information, contact Phyllis Wood, AIDS Vancouver Island at 250-338-7400.

Participating Vancouver Island Restaurants include:

AIDS Vancouver Island 1601 Blanshard Street, Victoria BC, V8W 2J5
Phone: (250) 384-2366 Fax: (250) 380-9411 Email: info@avi.org



Victoria

Bill Mattick's Restaurant at Cordova Bay Golf Course * The Black Olive * Bon Rouge
Bistro & Boulangerie * Brasserie "L'Ecole" * Cafe Brio * Caffe Fantastico * Camille's *
Christie's Pub * Darcys Pub * The Empress Room * Ferris' Grill * Ferris' Oyster Bar * Fire
& Water Fish and Chop House * Heron Rock Bistro * Irish Times Pub * The Keg
Steakhouse on the Harbour * The Keg Steakhouse at the Winery * LURE Seafood
Restaurant & Bar * Mo:Le Restaurant * Nautical Nellies Steak & Seafood House/Oyster
Bar * The Noodle Box on Douglas Street * The Noodle Box on Fisgard Street * Paradiso
Di Stelle * Penny Farthing Pub * Pescatores Seafood & Grill * The Reef Restaurant *
Restaurant Matisse * Sanuk * Sen Zushi Japanese Restaurant & Sushi
Bar * Smuggler's Cove Pub & Liquor Store * Sticky Wicket Pub & Restaurant * The
Superior * Swans Brewpub * Swiftsure Restaurant * The Tapa Bar * Temple Restaurant
& Lounge * Vic's Steakhouse & Bar * Victoria Harbour House Restaurant * Vista 18 at
the Chateau Victoria

Brentwood Bay

Seahorses Café

Campbell River

Fusilli Grill * Royal Coachman Inn

Comox/Courtenay/Cumberland

Atlas Cafe * avenue bistro * The Great Escape * Kingfisher Oceanside Resort & Spa *
Martine's Bistro * Thyme On The Ocean * TITA'S Mexican Restaurant * Toscanos
Trattoria * Union Street Grill & Grotto

Duncan

Bistro 161 * Genoa Bay Cafe *
Grapevine On The Bay

Nanaimo

Blue Ginger Restaurant * Tina's Diner

Parksville/Qualicum

Lefty's Fresh Foods * Lefty's Too

Shawnigan Lake

Amuse Bistro

Sidney

Dockside Grill

Sooke

17 Mile Pub

Tofino

shelter restaurant

*These generous restaurants will donate 25% of your food bill to AIDS Vancouver
Island. Reservations recommended. Please say you're "Dining Out For Life!"*