



For immediate release – March 6, 2009

Eat, Drink and Be Caring for the 4th annual Dining Out For Life, presented by Stella Artois

Courtenay – By eating dinner at one of 10 restaurants in the Comox Valley on Thursday, March 12th, patrons will enjoy great food and help raise money for AIDS Vancouver Island (AVI).

“Dining Out for Life is such an easy event to support – all you have to do is go out to eat! It’s an opportunity to go out for a great meal with good friends, while helping those living with HIV/AIDS at the same time,” said Katrina Jensen, executive director of AIDS Vancouver Island. The funds will directly support AVI’s HIV/AIDS prevention and support programs.

AIDS Vancouver Island has garnered support from almost 70 restaurants across Vancouver Island and the Gulf Islands to participate in the island’s fourth annual *Dining Out For Life*, an international fundraiser for HIV/AIDS. On March 12th, participating restaurants will donate 25% of their food sales to AIDS Vancouver Island. In addition to the restaurants’ donations, diners are encouraged to make individual donations. And the generosity doesn’t stop there – **Stella Artois** will contribute \$1 from every sale of their beer at participating restaurants on March 27.

“There is still no cure for HIV and Dining Out For Life helps those impacted to live with dignity and hope,” said Jensen. “With more restaurants participating than ever before, the generosity of the restaurant community is incredible – we are so grateful to the public, the restaurants and to our sponsors for their support.”

AVI and its island-wide team encourage islanders to join in the fight against AIDS by “Dining Out For Life” on March 12. By enjoying a meal out on this date, community members can contribute to a great cause, and individuals and families benefit from much needed programs and services that will improve the quality of their lives.

AIDS Vancouver Island has provided community health services focused on the prevention and treatment of HIV/AIDS and hepatitis C at locations across Vancouver Island since 1985.

To see if your favorite restaurant is participating in Dining Out for Life, visit www.diningoutforlife.com or call AIDS Vancouver Island at (250)384-2366.

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For more information, contact Andrea Langlois, AIDS Vancouver Island at 250-384-2366 ext 112.

Participating Restaurants include:

Victoria

Aura Waterfront Restaurant & Patio * Bill Mattick's Restaurant @ Cordova Bay Golf Course * The Black Olive * Blue Crab Bar & Grill * Bon Rouge Bistro & Lounge * Brasserie "L'Ecole" * Cafe Brio * Caffè Fantastico * Camille's * Chez Michel Restaurant * Christie's Pub * De Dutch Pannekoek House * The Empress Room * Ferris' Grill * Ferris' Oyster Bar * Fire & Water Fish and Chop House Victoria Marriott Inner Harbour * Forester's Bistro & Bar * The Garlic Rose Patio & Grill * Heron Rock Bistro * Il Terrazzo Ristorante * The Noodle Box on Douglas Street * The Noodle Box on Fisgard Street * Olive Grove Restaurant * Pescatores Seafood & Grill * The Reef Restaurant * Restaurant Matisse * Sen Zushi Japanese Restaurant * Smuggler's Cove Pub & Liquor Store * Sticky Wicket Pub & Restaurant * The Superior * Swiftsure Restaurant * The Tapa Bar * Temple Restaurant & Lounge * Vic's Steakhouse & Bar * Vista 18 Restaurant - Martini & Wine Bar

Comox/Courtenay/Cumberland

Atlas Cafe * avenue bistro * The Great Escape * Kingfisher Oceanside Resort & Spa Dining Room * Locals - Food from the Heart of the Island * Martine's Bistro * Thyme On The Ocean * Tita's Mexican Restaurant * Toscanos Trattoria * Union Street Grill & Grotto

Brentwood Bay

Piccolo Restaurant

Saanichton

Prairie Inn Pub

Shawnigan Lake

Amuse Bistro

Cobble Hill

Satellite Bar & Grille

Duncan

Bistro 161 * Craig Street Brew Pub * Just Jake's Restaurant * The Quamichan Inn

Nanaimo

Blue Ginger Restaurant * Tina's Diner * The Thirsty Camel Café

Parksville/Qualicum

Lefty's Fresh Foods * Lefty's Too

Sidney

Haro's Restaurant & Bar * Spitfire Grill

Sooke

17 Mile Pub

Campbell River

Fusilli Grill * Royal Coachman Inn

Tofino

shelter restaurant

Galiano Island

Atrevida Oceanfront Restaurant

Salt Spring Island

Oystercatcher, Fish, Grill, View * Tree House Cafe

These generous restaurants will donate 25% of your food bill to AIDS Vancouver Island. Reservations recommended. Please say you're "Dining Out For Life!"