

Upcoming Events

Gay Men Read Books

Our awesome reading group
New book starts this month

Join Gordon and the boys for six week book discussion groups. Discuss interesting ideas with stimulating guys. Subsidies available for those who need them.

Our new book selection is:
The End of Gay
by Burt Archer

Meets biweekly on Thursdays.

GMDG

Gay Men's Discussion Group
Next meeting is February 3

Join Alan & the guys for discussion & lots of fun. No need to register, just show up. Monthly meetings with a topic.

February's topic is *Coming Out Later* Meets the first Thursday of every month.

fruitFly

The Men's Wellness Program
Newsletter

We're looking for writers, designers, cartoonists, and those with degrees in the Photocopying and Stapling Arts to take part in the production of our newsletter, *fruitFly*. We usually meet on Tuesdays. Everyone is welcome. Contributions are encouraged.

Education Team

Gay Community Outreach

We're always looking for great, out-going people to help get the word out about our events, provide some education, and have fun with us.

If you'd like to help plan and produce our next event, please give us a call!

For information on these and other Men's Wellness programs,
call us at 384-2366 or 1-800-665-2437

Thanks for coming out tonight!

The Men's Wellness Program
presents

friends & lovers

a forum for all gay & bisexual men on creating relationships



**WEDNESDAY JANUARY 26
& THURSDAY, JANUARY 27**

7:30PM

Royal Canadian Legion

Hosted by Bryan Teixeira, Ph.D.
& Rob Osborne

Thursday's forum will be signed
for the deaf and hard of hearing.



The
Men's
Wellness
Program

Produced by the Men's Wellness Program at AIDS Vancouver Island.
Funded in part by the AIDS Community Action Program - Health Canada.

**Hosted by Bryan Teixeira, Ph.D.
& Rob Osborne**

Thursday's event will be signed for the Deaf and Hard of Hearing
 To ensure everyone's participation, please do not block the view of the interpreters.
 Also, please be aware that it is proper etiquette to look at the person to whom
 you are speaking, and not the interpreters.
 Thank you!

- 01. Welcome & Intros
- 02. Good Ground Rules & Good Housekeeping
- 03. Mr. Right, Prince Charming & other popular myths
- 04. Building "Rocky"
- 05. New Beginnings
- 06. Malcolm in the "Middle"
- 07. The End

BREAK

- 09. Welcome back
 - 10. Negotiated Safety
 - 11. The \$#!t Hits the Fan⁴
~Open Floor Discussion
 - 13. Conclusion
- POST-FORUM MIXER**
 ~Stick around, enjoy a treat,
 ask a cute guy out.

Credits

Hosted by:
 Bryan Teixeira, Ph.D.
 & Rob Osborne

Produced by:
 Marc Mertens

Poster & Graphics by:
 Hot House Marketing

AIDS Vancouver Island Staff

Education Coordinator:
 Jim Wilton

Gay Community Outreach Worker:
 Marc Mertens

Education Worker/Speaker's Bureau:
 Erica Williamson/Yasmin Rampuri

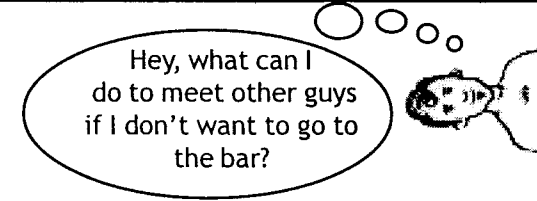
Communications Coordinator:
 Stacy Leblanc

Communications Assistant:
 Shelley Motz

Acting Volunteer Coordinator:
 Audrey Price

Executive Director:
 Ruthann Tucker

Chair, Board of Directors:
 David Swan



Getting involved in the community has the benefit of getting you out and connected to your community and your city. It can provide you with rich, wonderful experiences, new friends, and maybe something swell for your resume. What's really cool, though, is the chance to meet other guys. They're just sitting there, waiting to meet you, sharing some of your interests and there's no distracting music (hopefully)!

Volunteering is a great way to enrich your life. There's no end to good organizations in need of enthusiastic help. You could volunteer with an AIDS organization, or for Gay Pride Week. Or maybe you'll decide to try helping at the Crisis Line or even your local library.

There are lots of opportunities to volunteer with the Men's Wellness Program. Check out the back of this program, or call us at 384-2366 or 1-800-665-2437.

Are you on our Mailing List?
 To keep updated on upcoming Men's Wellness Program events, get your name on our mailing list. You'll get our newsletter, *fruitFly* sent to your home, plus special invites to other MWP events.

Moved recently?
 Please let us know your new address so that we can keep you updated about MWP events.

Men's Wellness Program
 304-733 Johnson Street
 Victoria, BC V8W 3C7

250.384.2366 or Tollfree 1.800.665.2437

For the most up-to-date information, visit our website often at www.avi.org/men

You can also subscribe FREE to *fruitFly*

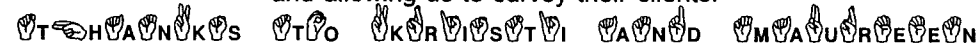
The Newsletter of the Men's Wellness Program

Kudos & Thanks

It takes a group of great people to make an event like this a success. The Men's Wellness Program would like to acknowledge:

Bryan & Rob: thanks for the second dance.
 Jim Wilton for being a great support.

Stacy Leblanc & Shelley Motz for their marketing and media savvy.
 Audrey Price for going above and beyond the duties of a Volunteer Coordinator.
 Bruce, Collin and the staff at BJ's Lounge for their support and allowing us to survey their clients.



...and as always to all of our awesome volunteers.
 We definitely and most sincerely could not have done this without you.